

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 7, 2024	Sat	Regular Season (Mustang Invitational)	Phoenix, Holland Patent @ Mount Markham	8:00 AM	12:00 PM	HS Track		NL
Sep 14, 2024	Sat	Regular Season (Queensbury Invy)	Lake George, Saratoga Springs High School, Roy C Ketcham/ Wappingers JHS, Schenectady High School, Maple Hill, Schuylerville, Delaware Academy, Greenville, Shaker High School, Shenendehowa High School, Adirondack, Gloversville @ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School		NL
Sep 18, 2024	Wed	Regular Season	Westmoreland, Sauquoit Valley, Waterville	4:30 PM		Remsen Jr/Sr H.S.		L
Sep 21, 2024	Sat	Regular Season (John Izzo Cross Country Classic)	@ Rush Henrietta	9:00 AM		Letchworth State Park		NL
Sep 25, 2024	Wed	Regular Season	Canastota, Dolgeville @ West Canada Valley	4:30 PM		TBD		L
Sep 28, 2024	Sat	Regular Season (EJ Herrmann Invitational)	@ Utica Proctor	9:30 AM		Proctor Park		NL
Oct 2, 2024	Wed	Regular Season	New York Mills, Owen D. Young (Richfield/ODY) @ Herkimer	4:30 PM		Herkimer County CC		L
Oct 9, 2024	Wed	Regular Season	Hamilton, Sherburne- Earlville, Cooperstown (Cooperstown/Milford), Mount Markham @ Clinton	4:30 PM		TBD		L
Oct 16, 2024	Wed	Regular Season	Adirondack, Little Falls, Poland	4:30 PM		Remsen Jr/Sr H.S.		L
Oct 19, 2024	Sat	Meet (Marcellus Invitational)	Vs. Multiple	9:00 AM		TBD		NL
Oct 26, 2024	Sat	Regular Season (Center State Conference Championships)	Clinton, Canastota, Owen D. Young (Richfield/ODY), Poland, Hamilton, Adirondack, Sherburne-Earlville, Herkimer, West Canada Valley, Cooperstown (Cooperstown/Milford), Mount Markham, Dolgeville, Little Falls, New York Mills, Sauquoit Valley, Waterville @ Westmoreland	TBD	8:30 PM	Westmoreland H S		L

DATE	WEEK DAY	OPPONE	NTS START		TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 9, 2024	Sat (Sect	Season ion III @ Mount npionships)	Markham TBD	Mount Markham HS		NL

Date: 2024-08-17