Coaches:



DATE	WEEK DAY	⁽ түре	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 7, 2024	Sat	Regular Season (Mustang Invitational)	Remsen (Remsen/Town of Webb), Phoenix, Holland Patent, Cato-Meridian (Blue Devils), South Lewis, Adirondack, Whitesboro, Clinton, Waterville, Beaver River, Vernon-Verona- Sherrill, Notre Dame, Utica, Weedsport, Central Square, Rome Free Academy, Auburn, Canastota, Cazenovia, Christian Brothers Academy, Dewitt, Central Valley Academy, Chittenango, Cicero-North Syracuse, DeRuyter, Dolgeville, Fabius- Pompey, Fayetteville- Manlius, Homer, TBD, Indian River, Jamesville-Dewitt, Jordan-Elbridge, Liverpool, Marcellus, Mexico, New Hartford, Nottingham (Nottingham), Oneida, Onondaga Central, Utica Proctor, Pulaski, Skaneateles, South Jefferson, Watertown, West Genesee, Westmoreland @ Mount Markham	8:00 AM	12:00 PM	HS Track		NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 18, 2024	Wed	Scrimmage	LaFayette, Fabius- Pompey, Cincinnatus, Manlius Pebble Hill, DeRuyter, Faith Heritage, Altmar-Parish- Williamstown (APW Rebels), Pulaski, Cato- Meridian (Blue Devils), Port Byron (Port Byron/Union Springs), Weedsport, Bishop Crimes, Bishop Ludden, Syracuse Academy of Science, Hannibal	4:30 PM	6:30 PM	Tully XC Course		L
Sep 21, 2024	Sat	Regular Season (Section 5 - John Izzo Classic Letchworth State Park)	@ Letchworth	9:00 AM		TBD	Departure Time: 6:00 AM	NL
Sep 25, 2024	Wed	Regular Season	Faith Heritage @ Manlius Pebble Hill	4:30 PM	6:00 PM	Manlius Pebble Hill School	Departure Time: 3:15 PM	L
Sep 28, 2024	Sat	Regular Season (EJ Hermann Utica Invite)	@ Utica Proctor	9:30 AM		Proctor Park	Departure Time: 7:30 AM	NL
Oct 2, 2024	Wed	Regular Season	Onondaga Central @ Cincinnatus	4:30 PM		Cincinnatus XC course on Fireman's Field 2647 Route 26 Cincinnatus, NY 13040	Departure Time: 2:45 PM	L
Oct 5, 2024	Sat	Meet (Tully XC Invite)	Vs. Multiple	9:00 AM	2:00 PM	Tully XC Course		NL
Oct 5, 2024	Sat	Regular Season	Mexico	11:30 AM		TBD		NL
Oct 11, 2024	Fri	Regular Season	@ Newark Valley	4:00 PM		Newark Valley High School	Departure Time: 1:30 PM	NL
Oct 16, 2024	Wed	Regular Season	Mater Dei Academy @ LaFayette	4:30 PM		LaFayette H S Stadium	Departure Time: 3:15 PM	L
Oct 19, 2024	Sat	Meet (Marcellus Invitational)	Vs. Multiple	9:00 AM		TBD		NL
Oct 23, 2024	Wed	Regular Season	Fabius-Pompey, DeRuyter	4:30 PM	6:30 PM	Tully XC Course		L
Oct 30, 2024	Wed	Regular Season (XC League Meet)	TBD	4:30 PM	6:30 PM	Tully XC Course		NL
Nov 9, 2024	Sat	Post-Season (Section 3 Championships)	@ Mount Markham	10:00 AM		HS Track	Departure Time: 7:30 AM	NL

Date: 2024-09-04