

• Michelle Rauber, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 18, 2019	Mon	Practice (Start Date)	N/A	3:30 PM		TBD			
Dec 6, 2019	Fri	Regular Season (Mohawk Valley Team Relays)	@ TBD	4:30 PM	10:00 PM	Utica College	Class Dismissal: 2:00 PM	<b>Departure Time:</b> 2:15 PM	NL
Dec 14, 2019	Sat	Regular Season (Oscar Jensen Relays)	@ TBD	9:00 AM	2:00 PM	SRC Arena- OCC Campus		<b>Departure Time:</b> 7:15 AM	L
Dec 21, 2019	Sat	Regular Season (George Constantino Memorial)	@ TBD	3:00 PM	7:00 PM	SRC Arena- OCC Campus		<b>Departure Time:</b> 1:15 PM	L
Dec 29, 2019	Sun	Regular Season (Indoor Meet- Utica College)	@ TBD	9:00 AM		Utica College		<b>Departure Time:</b> 6:50 AM	NL
Jan 4, 2020	Sat	Regular Season (John Arcaro Memorial)	@ TBD	9:00 AM	2:00 PM	SRC Arena- OCC Campus		<b>Departure Time:</b> 7:15 AM	L
Jan 11, 2020	Sat	Regular Season (Nazareth College Indoor Meet)	@ TBD	10:00 AM		TBD		<b>Departure Time:</b> 7:30 AM	NL
Jan 11, 2020	Sat	Regular Season (Fred Kirschenheiter Memorial)	@ TBD	3:00 PM	7:00 PM	SRC Arena- OCC Campus		<b>Departure Time:</b> 1:15 PM	L
Jan 18, 2020	Sat	Regular Season (Bob Grieve Memorial)	@ TBD	9:00 AM	2:00 PM	SRC Arena- OCC Campus		<b>Departure Time:</b> 7:15 AM	L
Jan 29, 2020	Wed	Regular Season (League Championship)	@ TBD	4:30 PM	9:30 PM	SRC Arena- OCC Campus	Class Dismissal: 2:00 PM	<b>Departure Time:</b> 2:15 PM	L
Feb 8, 2020	Sat	Post-Season (Sectional Championship)	@ TBD	2:00 PM	7:30 PM	SRC Arena- OCC Campus		<b>Departure Time:</b> 12:15 PM	NL
Feb 25, 2020	Tue	Post-Season (Section III State Qualifier)	@ TBD	4:30 PM	8:30 PM	SRC Arena- OCC Campus	Class Dismissal: 2:00 PM	<b>Departure Time:</b> 2:15 PM	NL
Mar 7, 2020	Sat	Post-Season (NYSPHSAA State Championship Meet)	@ TBD	9:00 AM		Ocean Breeze Athletic Complex- Staten Island NY			NL

Date: 2024-07-13