



# Utica Proctor

## (G) V Cheerleading (Co-ed Winter)

### Coaches:

- Christy Cannistra

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 18, 2019	Mon	Practice	N/A	3:00 PM	3:30 PM	Phs cafeteria 2nd Floor		
Nov 18, 2019	Mon	Practice	N/A	3:30 PM	5:30 PM	PHS Aux Gym ROTC (small gym)		
Nov 19, 2019	Tue	Practice	N/A	3:00 PM	4:30 PM	Phs cafeteria 2nd Floor		
Nov 19, 2019	Tue	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
Nov 20, 2019	Wed	Practice	N/A	3:00 PM	3:30 PM	Phs cafeteria 2nd Floor		
Nov 20, 2019	Wed	Practice	N/A	3:30 PM	5:30 PM	PHS Aux Gym ROTC (small gym)		
Nov 21, 2019	Thu	Practice	N/A	3:00 PM	4:30 PM	Phs cafeteria 2nd Floor		
Nov 21, 2019	Thu	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
Nov 22, 2019	Fri	Practice	N/A	3:30 PM	7:30 PM	PHS Aux Gym ROTC (small gym)		
Nov 25, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	Phs cafeteria 2nd Floor		
CANCELLED Nov 26, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	Phs cafeteria 2nd Floor		
Nov 29, 2019	Fri	Practice	N/A	9:00 AM	11:00 AM	PHS Main Gym		
Dec 2, 2019	Mon	Practice	N/A	3:00 PM	4:30 PM	Phs cafeteria 2nd Floor		
Dec 2, 2019	Mon	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
Dec 3, 2019	Tue	Practice	N/A	3:30 PM	5:30 PM	PHS Aux Gym ROTC (small gym)		
Dec 4, 2019	Wed	Practice	N/A	3:00 PM	4:30 PM	Phs cafeteria 2nd Floor		
Dec 4, 2019	Wed	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
Dec 5, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	Phs cafeteria 2nd Floor		
Dec 6, 2019	Fri	Practice	N/A	3:30 PM	5:30 PM	PHS Aux Gym ROTC (small gym)		
Dec 9, 2019	Mon	Practice	N/A	3:00 PM	4:30 PM	Phs cafeteria 2nd Floor		
Dec 9, 2019	Mon	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
Dec 10, 2019	Tue	Practice	N/A	3:00 PM	4:30 PM	Phs cafeteria 2nd Floor		
Dec 10, 2019	Tue	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
Dec 11, 2019	Wed	Practice	N/A	2:30 PM	4:30 PM	PHS Main Gym		
Dec 11, 2019	Wed	Practice	N/A	4:30 PM	7:00 PM	PHS Aux Gym ROTC (small gym)		
Dec 12, 2019	Thu	Practice	N/A	3:30 PM	7:00 PM	PHS Aux Gym ROTC (small gym)		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / LEAGUE / NON-LEAGUE
Dec 16, 2019	Mon	Practice	N/A	3:00 PM	4:30 PM	Phs cafeteria 2nd Floor	
Dec 16, 2019	Mon	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)	
Dec 18, 2019	Wed	Practice	N/A	3:30 PM	5:30 PM	PHS Aux Gym ROTC (small gym)	
Dec 19, 2019	Thu	Practice	N/A	3:00 PM	4:30 PM	Phs cafeteria 2nd Floor	
CANCELLED Dec 19, 2019	Thu	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)	
CANCELLED Dec 20, 2019	Fri	Practice	N/A	3:30 PM	5:30 PM	PHS Aux Gym ROTC (small gym)	
Dec 26, 2019	Thu	Practice	N/A	8:00 AM	12:00 PM	PHS Main Gym, PHS Aux Gym ROTC (small gym)	
Dec 27, 2019	Fri	Practice	N/A	8:00 AM	11:00 AM	PHS Main Gym, PHS Aux Gym ROTC (small gym)	
Jan 2, 2020	Thu	Practice	N/A	8:00 AM	11:00 AM	PHS Main Gym, PHS Aux Gym ROTC (small gym), PHS AUX Gym (Volleyball gym)	
Jan 3, 2020	Fri	Practice	N/A	8:00 AM	11:00 AM	PHS Main Gym, PHS Aux Gym ROTC (small gym)	
Jan 6, 2020	Mon	Practice	N/A	3:00 PM	4:30 PM	Phs cafeteria 2nd Floor	
Jan 6, 2020	Mon	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)	
CANCELLED Jan 7, 2020	Tue	Practice	N/A	3:00 PM	4:30 PM	Phs cafeteria 2nd Floor	
Jan 8, 2020	Wed	Practice	N/A	3:30 PM	5:30 PM	PHS Aux Gym ROTC (small gym)	
POSTPONED Jan 10, 2020	Fri	Practice	N/A	3:00 PM	5:30 PM	PHS AUX Gym (Volleyball gym), Phs cafeteria 2nd Floor	
Jan 13, 2020	Mon	Practice	N/A	3:30 PM	5:30 PM	PHS Aux Gym ROTC (small gym)	
Jan 14, 2020	Tue	Practice	N/A	3:00 PM	4:30 PM	Phs cafeteria 2nd Floor	
Jan 16, 2020	Thu	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)	
Jan 17, 2020	Fri	Practice	N/A	3:00 PM	5:30 PM	PHS AUX Gym (Volleyball gym)	
Jan 20, 2020	Mon	Practice	N/A	9:00 AM	12:00 PM	PHS Aux Gym ROTC (small gym)	
Jan 20, 2020	Mon	Practice	N/A	9:00 AM	11:00 AM	PHS AUX Gym (Volleyball gym)	
Jan 22, 2020	Wed	Practice	N/A	2:30 PM	4:00 PM	PHS AUX Gym (Volleyball gym)	
Jan 23, 2020	Thu	Practice	N/A	2:30 PM	4:00 PM	PHS AUX Gym (Volleyball gym)	
Jan 24, 2020	Fri	Practice	N/A	2:30 PM	4:00 PM	PHS AUX Gym (Volleyball gym)	
Jan 27, 2020	Mon	Practice	N/A	3:30 PM	5:30 PM	PHS Aux Gym ROTC (small gym)	
POSTPONED Jan 29, 2020	Wed	Practice	N/A	2:30 PM	4:00 PM	PHS Main Gym	
POSTPONED Jan 30, 2020	Thu	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)	
Jan 31, 2020	Fri	Practice	N/A	3:30 PM	5:30 PM	PHS Aux Gym ROTC (small gym)	
Feb 3, 2020	Mon	Practice	N/A	3:30 PM	5:30 PM	PHS Aux Gym ROTC (small gym)	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE TRANSPORTATION / NON-LEAGUE
Feb 6, 2020	Thu	Practice	N/A	4:00 PM	5:30 PM	PHS Main Gym	
POSTPONED Feb 6, 2020	Thu	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)	
POSTPONED Feb 10, 2020	Mon	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)	
CANCELLED Feb 11, 2020	Tue	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)	
Feb 12, 2020	Wed	Practice	N/A	3:30 PM	5:30 PM	PHS Aux Gym ROTC (small gym)	
Feb 12, 2020	Wed	Practice	N/A	3:30 PM	5:30 PM	PHS Aux Gym ROTC (small gym)	

Date: 2025-02-19