

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 19, 2019	Mon	Practice	N/A	2:30 PM	4:00 PM	TBD		
Aug 20, 2019	Tue	Practice	N/A	2:30 PM	4:00 PM	Valley Gymnastics		
Aug 21, 2019	Wed	Practice	N/A	2:30 PM	4:00 PM	Valley Gymnastics		
Aug 22, 2019	Thu	Practice	N/A	2:30 PM	4:00 PM	Valley Gymnastics		
Aug 23, 2019	Fri	Practice	N/A	2:30 PM	4:00 PM	Valley Gymnastics		
Aug 26, 2019	Mon	Practice	N/A	2:30 PM	4:00 PM	Valley Gymnastics		
Aug 27, 2019	Tue	Practice	N/A	2:30 PM	4:00 PM	Valley Gymnastics		
Aug 28, 2019	Wed	Practice	N/A	2:30 PM	4:00 PM	Valley Gymnastics		
Aug 29, 2019	Thu	Practice	N/A	2:30 PM	4:00 PM	Valley Gymnastics		
Aug 30, 2019	Fri	Practice	N/A	2:30 PM	4:00 PM	Valley Gymnastics		
Sep 3, 2019	Tue	Practice	N/A	3:45 PM	5:00 PM	Valley Gymnastics		
Sep 5, 2019	Thu	Practice	N/A	3:45 PM	5:00 PM	Valley Gymnastics		
Sep 6, 2019	Fri	Practice	N/A	3:45 PM	5:00 PM	Valley Gymnastics		
Sep 9, 2019	Mon	Practice	N/A	3:45 PM	5:00 PM	Valley Gymnastics		
Sep 10, 2019	Tue	Practice	N/A	3:45 PM	5:00 PM	Valley Gymnastics		
Sep 12, 2019	Thu	Practice	N/A	3:45 PM	5:00 PM	Valley Gymnastics		
Sep 13, 2019	Fri	Practice	N/A	3:45 PM	5:00 PM	Valley Gymnastics		
Sep 16, 2019	Mon	Regular Season 100-128 L	Baldwinsville	4:30 PM		Valley Gymnastics		L
Sep 17, 2019	Tue	Practice	N/A	3:45 PM	5:00 PM	Valley Gymnastics		
Sep 18, 2019	Wed	Regular Season 116-135 L	@ Jamesville-Dewitt (JD/FM Gymnastics)	5:00 PM	8:00 PM	JD HS West Gym	<b>Departure Point:</b> Valley Gymnastics <b>Departure Time:</b> 3:15 PM <b>Return Date:</b> <b>Return Time:</b> 7:00 PM	L
Sep 19, 2019	Thu	Practice	N/A	3:45 PM	5:00 PM	Valley Gymnastics		
Sep 23, 2019	Mon	Practice	N/A	3:45 PM	5:00 PM	Valley Gymnastics		
Sep 24, 2019	Tue	Regular Season 111-136-143-136 L	Oriskany (Whitesboro/Mohawk Valley), New Hartford @ Whitesboro	6:00 PM	8:00 PM	Valley Gymnastics		L
Sep 26, 2019	Thu	Practice	N/A	3:45 PM	5:00 PM	Valley Gymnastics		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 27, 2019	Fri	Practice	N/A	3:45 PM	5:00 PM	Valley Gymnastics		
Sep 28, 2019	Sat	Regular Season 107-36 W	Rome Free Academy	4:30 PM		Valley Gymnastics		L
Sep 30, 2019	Mon	Practice	N/A	3:45 PM	5:00 PM	Valley Gymnastics		
Oct 2, 2019	Wed	Practice	N/A	3:45 PM	5:05 PM	Valley Gymnastics		
Oct 3, 2019	Thu	Practice	N/A	3:45 PM	5:05 PM	Valley Gymnastics		
Oct 4, 2019	Fri	Practice	N/A	3:45 PM	5:05 PM	Valley Gymnastics		
Oct 5, 2019	Sat	Regular Season	Whitesboro, Rome Free Academy, East Syracuse Minoa (ESM/Lpool), Central Square @ New Hartford	4:00 PM		Valley Gymnastics		L
Oct 5, 2019	Sat	Regular Season (Breast Cancer Invitational )	Rome Free Academy	4:00 PM		Valley Gymnastics		L
Oct 7, 2019	Mon	Practice	N/A	3:45 PM	5:05 PM	Valley Gymnastics		
Oct 8, 2019	Tue	Practice	N/A	3:45 PM	5:05 PM	Valley Gymnastics		
Oct 9, 2019	Wed	Practice	N/A	3:45 PM	5:05 PM	Valley Gymnastics		
Oct 10, 2019	Thu	Practice	N/A	3:45 PM	5:05 PM	Valley Gymnastics		
Oct 11, 2019	Fri	Practice	N/A	3:45 PM	5:05 PM	Valley Gymnastics		
Oct 14, 2019	Mon	Practice	N/A	3:45 PM	5:05 PM	Valley Gymnastics		
Oct 15, 2019	Tue	Practice	N/A	3:45 PM	5:05 PM	Valley Gymnastics		
Oct 16, 2019	Wed	Practice	N/A	3:45 PM	5:05 PM	Valley Gymnastics		
Oct 17, 2019	Thu	Practice	N/A	3:45 PM	5:05 PM	Valley Gymnastics		
Oct 22, 2019	Tue	Post-Season (TBA) @ TBD		TBD		TBD		NL

Date: 2024-07-19