

Coaches:

- Jerry Tine
- Heather Monroe

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 15, 2021	Mon	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Nov 15, 2021	Mon	Practice	N/A	3:30 PM	5:00 PM	MVCC Field House		
Nov 16, 2021	Tue	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Nov 17, 2021	Wed	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Nov 17, 2021	Wed	Practice	N/A	3:30 PM	5:00 PM	MVCC Field House		
Nov 18, 2021	Thu	Practice	N/A	2:45 PM	5:30 PM	PHS Indoor Track (Practice Facility), PHS Main Gym, PHS AUX Gym (Volleyball gym)		
Nov 19, 2021	Fri	Practice	N/A	2:45 PM	6:00 PM	PHS AUX Gym (Volleyball gym)		
Nov 22, 2021	Mon	Practice	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
CANCELLED Nov 22, 2021	Mon	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
Nov 23, 2021	Tue	Practice	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Nov 23, 2021	Tue	Practice	N/A	2:45 PM	4:30 PM	PHS AUX Gym (Volleyball gym)		
Nov 26, 2021	Fri	Practice	N/A	10:00 AM	12:00 PM	PHS AUX Gym (Volleyball gym)		
Nov 27, 2021	Sat	Practice	N/A	10:00 AM	12:00 PM	PHS AUX Gym (Volleyball gym)		
Nov 29, 2021	Mon	Practice	N/A	3:30 PM	5:00 PM	MVCC Field House		
Nov 30, 2021	Tue	Practice	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Dec 1, 2021	Wed	Practice	N/A	3:30 PM	5:00 PM	MVCC Field House		
Dec 2, 2021	Thu	Practice	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Dec 3, 2021	Fri	Regular Season	@ TBD	TBD		UTICA COLLEGE INDOOR TRACK	Departure Point: Proctor HS Cafeteria Departure Time: 1:45 PM Return Date: Return Time: 9:30 PM	L
Dec 6, 2021	Mon	Practice	N/A	3:30 PM	5:00 PM	MVCC Field House		
Dec 7, 2021	Tue	Practice	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Dec 8, 2021	Wed	Practice	N/A	3:30 PM	5:00 PM	MVCC Field House		
Dec 9, 2021	Thu	Practice	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 10, 2021	Fri	Regular Season	@ TBD	4:30 PM		UTICA COLLEGE INDOOR TRACK	Departure Point: Proctor HS Cafeteria Departure Time: 1:45 PM Return Date: Return Time: 9:30 PM	L
Dec 13, 2021	Mon	Practice	N/A	3:30 PM	5:00 PM	MVCC Field House		
Dec 14, 2021	Tue	Practice	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Dec 15, 2021	Wed	Practice	N/A	3:30 PM	5:00 PM	MVCC Field House		
Dec 16, 2021	Thu	Practice	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Dec 17, 2021	Fri	Regular Season	@ TBD	4:30 PM		UTICA COLLEGE INDOOR TRACK	Departure Point: Proctor HS Cafeteria Departure Time: 1:45 PM Return Date: Return Time: 9:30 PM	L
Dec 20, 2021	Mon	Practice	N/A	3:30 PM	5:00 PM	MVCC Field House		
Dec 21, 2021	Tue	Practice	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Dec 22, 2021	Wed	Practice	N/A	3:30 PM	5:00 PM	MVCC Field House		
Dec 27, 2021	Mon	Practice	N/A	12:00 PM	2:00 PM	PHS Indoor Track (Practice Facility), PHS AUX Gym (Volleyball gym)		
Dec 28, 2021	Tue	Practice	N/A	12:00 PM	2:00 PM	PHS Indoor Track (Practice Facility), PHS AUX Gym (Volleyball gym)		
Dec 29, 2021	Wed	Regular Season (UC invite)	@ TBD	11:45 AM		UTICA COLLEGE INDOOR TRACK	Departure Point: Proctor HS Departure Time: 1:45 PM Return Date: Return Time: 4:45 PM	L
Jan 3, 2022	Mon	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Jan 4, 2022	Tue	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Jan 5, 2022	Wed	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Jan 6, 2022	Thu	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Jan 7, 2022	Fri	Regular Season	@ TBD	4:30 PM		UTICA COLLEGE INDOOR TRACK	Departure Point: Proctor HS Cafeteria Departure Time: 1:45 PM Return Date: Return Time: 9:30 PM	L

Jan 10, 2022 Mon Practice N/A 2:45 PM PHS Indoor Track (Practice Facility) Jan 11, 2022 Tue Practice N/A 2:45 PM PHS Indoor Track (Practice Facility) Jan 12, 2022 Wed Practice N/A 2:45 PM PHS Indoor Track (Practice Facility) Jan 13, 2022 Thu Practice N/A 2:45 PM PHS Indoor Track (Practice Facility) Jan 14, 2022 Fri Regular Season @ TBD 4:30 PM UTICA COLLEGE INDOOR TRACK Departure Point Proctor HS Cafeteria Departure Time 1:45 PM Return Date: Return Time: 9:20 PM Jan 17, 2022 Mon Practice N/A 10:00 AM 12:00 (Volleyball gym), PHS Indoor Track (Practice Facility) Jan 17, 2022 Mon Practice N/A 2:45 PM PHS Indoor Track (Practice Facility) Jan 18, 2022 Tue Practice N/A 2:45 PM PHS Indoor Track (Practice Facility)	L
Jan 11, 2022 Wed Practice N/A PM PM (Practice Facility) Jan 12, 2022 Wed Practice N/A 2:45 PHS Indoor Track (Practice Facility) Jan 13, 2022 Thu Practice N/A 2:45 PM PM PM (Practice Facility) Jan 14, 2022 Fri Regular Season @ TBD 4:30 UTICA COLLEGE INDOOR TRACK Jan 17, 2022 Mon Practice N/A 10:00 AM PM Indoor Track (Practice Facility) Jan 17, 2022 Mon Practice N/A 2:45 PHS Indoor Track (Practice Facility) Jan 17, 2022 Tue Practice N/A 2:45 PHS Indoor Track (Practice Facility) Jan 18, 2022 Tue Practice N/A 2:45 PHS Indoor Track (Practice Facility)	L
Jan 12, 2022 Wed Practice N/A PM PM (Practice Facility) Jan 13, 2022 Thu Practice N/A 2:45 PHS Indoor Track PM (Practice Facility) Jan 14, 2022 Fri Regular Season @ TBD 4:30 PM UTICA COLLEGE INDOOR TRACK Jan 17, 2022 Mon Practice N/A 10:00 AM PM Indoor Track PM Indoor Track (Practice Facility) Jan 17, 2022 Mon Practice N/A 2:45 PHS Indoor Track PM (Practice Facility) Jan 18, 2022 Tue Practice N/A 2:45 PHS Indoor Track PM (Practice Facility)	L
Jan 14, 2022 Fri Regular Season @ TBD 4:30 PM UTICA COLLEGE INDOOR TRACK Jan 17, 2022 Mon Practice N/A 10:00 12:00 (Volleyball gym), PHS AUX Gym PM Indoor Track (Practice Facility) Jan 17, 2022 Mon Practice N/A 2:45 PHS Indoor Track (Practice Facility) Jan 18, 2022 Tue Practice N/A 2:45 PHS Indoor Track Jan 18, 2022 Tue Practice N/A 2:45 PHS Indoor Track	L
Jan 14, 2022 Fri Regular Season @ TBD 4:30 UTICA COLLEGE INDOOR TRACK Departure Time 1:45 PM Return Date: Return Time: 9:5 PM Jan 17, 2022 Mon Practice N/A 10:00 AM PM Indoor Track (Practice Facility) Jan 17, 2022 Mon Practice N/A 2:45 PHS Indoor Track (Practice Facility) Jan 18, 2022 Tue Practice N/A 2:45 PHS Indoor Track Jan 18, 2022 Tue Practice N/A 2:45 PHS Indoor Track	L
Jan 17, 2022 Mon Practice N/A 10:00 12:00 (Volleyball gym), PHS AM PM Indoor Track (Practice Facility) Jan 17, 2022 Mon Practice N/A 2:45 PHS Indoor Track (Practice Facility) Jan 18, 2022 Tue Practice N/A 2:45 PHS Indoor Track	
Jan 17, 2022 Mon Practice N/A PM PM (Practice Facility) Jan 18, 2022 Tue Practice N/A 2:45 PHS Indoor Track	
Ian 18 2022 - Tuo Practico - N/A	
PM PM (Practice Facility)	
Jan 19, 2022 Wed Practice N/A 2:45 PHS Indoor Track PM PM (Practice Facility)	
Jan 20, 2022 Thu Regular Season @ TBD 4:30 UTICA COLLEGE Departure Time 1:45 PM Return Date: Return Time: 9:5 PM	L
Jan 24, 2022 Mon Practice N/A 2:45 PHS Indoor Track PM PM (Practice Facility)	
Jan 24, 2022 Mon Practice N/A 4:30 6:00 PHS AUX Gym PM PM (Volleyball gym)	
Jan 25, 2022 Tue Practice N/A 2:45 PHS Indoor Track PM PM (Practice Facility)	
Jan 26, 2022 Wed Practice N/A 2:45 PHS Indoor Track PM PM (Practice Facility)	
Jan 26, 2022 Wed Practice N/A 4:30 6:00 PHS AUX Gym PM PM (Volleyball gym)	
Jan 27, 2022 Thu Practice N/A 2:45 PHS Indoor Track PM PM (Practice Facility)	
Jan 28, 2022 Fri Regular Season (TVL @ TBD PM UTICA COLLEGE INDOOR TRACK Seature Time 3:15 PM Return Date: Return Time: 9:5 PM	L
Jan 31, 2022 Mon Practice N/A 2:45 PHS Indoor Track PM PM (Practice Facility)	
Jan 31, 2022 Mon Practice N/A 4:30 6:00 PHS AUX Gym PM PM (Volleyball gym)	
Feb 1, 2022 Tue Practice N/A 2:45 4:45 PHS Indoor Track PM PM (Practice Facility)	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 2, 2022	Wed	Post-Season (AA Sectional @ OCC)	@ TBD	4:30 PM		(OCC) Onondaga Community College	Departure Point: Proctor HS Departure Time: 2:15 PM	NL
Feb 3, 2022	Thu	Practice	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Feb 3, 2022	Thu	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Feb 4, 2022	Fri	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Feb 4, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	PHS AUX Gym (Volleyball gym)		
Feb 7, 2022	Mon	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Feb 8, 2022	Tue	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Feb 8, 2022	Tue	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
Feb 9, 2022	Wed	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Feb 10, 2022	Thu	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Feb 10, 2022	Thu	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
Feb 11, 2022	Fri	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Feb 14, 2022	Mon	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Feb 14, 2022	Mon	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
Feb 15, 2022	Tue	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Feb 16, 2022	Wed	Post-Season (State Qualifier)	@ TBD	4:30 PM		(OCC) Onondaga Community College	Departure Point: Proctor HS Departure Time: 2:15 PM	NL
Feb 17, 2022	Thu	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Feb 18, 2022	Fri	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Feb 21, 2022	Mon	Practice	N/A	10:00 AM	12:00 PM	PHS Indoor Track (Practice Facility), PHS AUX Gym (Volleyball gym), (OCC) Onondaga Community College		
Feb 22, 2022	Tue	Practice	N/A	10:00 AM	12:00 PM	PHS Indoor Track (Practice Facility), PHS AUX Gym (Volleyball gym), (OCC) Onondaga Community College		
Feb 23, 2022	Wed	Practice	N/A	10:00 AM	12:00 PM	PHS Indoor Track (Practice Facility), PHS AUX Gym (Volleyball gym), (OCC) Onondaga Community College		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 24, 2022	Thu	Practice	N/A	10:00 AM	12:00 PM	PHS Indoor Track (Practice Facility), PHS AUX Gym (Volleyball gym), (OCC) Onondaga Community College		
Feb 25, 2022	Fri	Practice	N/A	10:00 AM	12:00 PM	PHS Indoor Track (Practice Facility), PHS AUX Gym (Volleyball gym), (OCC) Onondaga Community College		
Feb 28, 2022	Mon	Practice	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Feb 28, 2022	Mon	Practice	N/A	2:50 PM	4:30 PM	PHS Main Gym		
Feb 28, 2022	Mon	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
Mar 1, 2022	Tue	Practice	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Mar 1, 2022	Tue	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
Mar 2, 2022	Wed	Practice	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Mar 2, 2022	Wed	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
Mar 3, 2022	Thu	Practice	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Mar 3, 2022	Thu	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
TBD		Practice	N/A	10:00 AM	12:00 PM	PHS Indoor Track (Practice Facility), PHS AUX Gym (Volleyball gym)		

Date: 2024-09-27