

## **Coaches:**

- Jerry Tine
- Heather Monroe

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 15, 2021	Mon	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Nov 15, 2021	Mon	Practice	N/A	3:30 PM	5:00 PM	MVCC Field House		
Nov 16, 2021	Tue	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Nov 17, 2021	Wed	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Nov 17, 2021	Wed	Practice	N/A	3:30 PM	5:00 PM	MVCC Field House		
Nov 18, 2021	Thu	Practice	N/A	2:45 PM	5:30 PM	PHS Indoor Track (Practice Facility), PHS Main Gym, PHS AUX Gym (Volleyball gym)		
Nov 19, 2021	Fri	Practice	N/A	2:45 PM	6:00 PM	PHS AUX Gym (Volleyball gym)		
Nov 22, 2021	Mon	Practice	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
CANCELLED Nov 22, 2021	Mon	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
Nov 23, 2021	Tue	Practice	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Nov 23, 2021	Tue	Practice	N/A	2:45 PM	4:30 PM	PHS AUX Gym (Volleyball gym)		
Nov 26, 2021	Fri	Practice	N/A	10:00 AM	12:00 PM	PHS AUX Gym (Volleyball gym)		
Nov 27, 2021	Sat	Practice	N/A	10:00 AM	12:00 PM	PHS AUX Gym (Volleyball gym)		
Nov 29, 2021	Mon	Practice	N/A	3:30 PM	5:00 PM	MVCC Field House		
Nov 30, 2021	Tue	Practice	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Dec 1, 2021	Wed	Practice	N/A	3:30 PM	5:00 PM	MVCC Field House		
Dec 2, 2021	Thu	Practice	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Dec 3, 2021	Fri	Regular Season	@ TBD	TBD		UTICA COLLEGE INDOOR TRACK	Departure Point: Proctor HS Cafeteria Departure Time: 1:45 PM Return Date: Return Time: 9:30 PM	L
Dec 6, 2021	Mon	Practice	N/A	3:30 PM	5:00 PM	MVCC Field House		
Dec 7, 2021	Tue	Practice	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Dec 8, 2021	Wed	Practice	N/A	3:30 PM	5:00 PM	MVCC Field House		
Dec 9, 2021	Thu	Practice	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 10, 2021	Fri	Regular Season	@ TBD	4:30 PM		UTICA COLLEGE INDOOR TRACK	Departure Point: Proctor HS Cafeteria Departure Time: 1:45 PM Return Date: Return Time: 9:30 PM	L
Dec 13, 2021	Mon	Practice	N/A	3:30 PM	5:00 PM	MVCC Field House		
Dec 14, 2021	Tue	Practice	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Dec 15, 2021	Wed	Practice	N/A	3:30 PM	5:00 PM	MVCC Field House		
Dec 16, 2021	Thu	Practice	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Dec 17, 2021	Fri	Regular Season	@ TBD	4:30 PM		UTICA COLLEGE INDOOR TRACK	Departure Point: Proctor HS Cafeteria Departure Time: 1:45 PM Return Date: Return Time: 9:30 PM	L
Dec 20, 2021	Mon	Practice	N/A	3:30 PM	5:00 PM	MVCC Field House		
Dec 21, 2021	Tue	Practice	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Dec 22, 2021	Wed	Practice	N/A	3:30 PM	5:00 PM	MVCC Field House		
Dec 27, 2021	Mon	Practice	N/A	12:00 PM	2:00 PM	PHS Indoor Track (Practice Facility), PHS AUX Gym (Volleyball gym)		
Dec 28, 2021	Tue	Practice	N/A	12:00 PM	2:00 PM	PHS Indoor Track (Practice Facility), PHS AUX Gym (Volleyball gym)		
Dec 29, 2021	Wed	Regular Season (UC invite)	@ TBD	11:45 AM		UTICA COLLEGE INDOOR TRACK	Departure Point: Proctor HS Departure Time: 1:45 PM Return Date: Return Time: 4:45 PM	L
Jan 3, 2022	Mon	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Jan 4, 2022	Tue	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Jan 5, 2022	Wed	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Jan 6, 2022	Thu	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Jan 7, 2022	Fri	Regular Season	@ TBD	4:30 PM		UTICA COLLEGE INDOOR TRACK	Departure Point: Proctor HS Cafeteria Departure Time: 1:45 PM Return Date: Return Time: 9:30 PM	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	end Time	LOCATION	LEAGU TRANSPORTATION / NON- LEAGU
Jan 10, 2022	Mon	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)	
Jan 11, 2022	Tue	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)	
Jan 12, 2022	Wed	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)	
Jan 13, 2022	Thu	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)	
Jan 14, 2022	Fri	Regular Season	@ TBD	4:30 PM		UTICA COLLEGE INDOOR TRACK	Departure Point: Proctor HS Cafeteria Departure Time: 1:45 PM Return Date: Return Time: 9:30 PM
Jan 17, 2022	Mon	Practice	N/A	10:00 AM	12:00 PM	PHS AUX Gym (Volleyball gym), PHS Indoor Track (Practice Facility)	
Jan 17, 2022	Mon	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)	
Jan 18, 2022	Tue	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)	
Jan 19, 2022	Wed	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)	
Jan 20, 2022	Thu	Regular Season	@ TBD	4:30 PM		UTICA COLLEGE INDOOR TRACK	Departure Point: Proctor HS Cafeteria Departure Time: 1:45 PM Return Date: Return Time: 9:30 PM
Jan 24, 2022	Mon	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)	
Jan 24, 2022	Mon	Practice	N/A	4:30 PM	6:00 PM	PHS AUX Gym (Volleyball gym)	
Jan 25, 2022	Tue	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)	
Jan 26, 2022	Wed	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)	
Jan 26, 2022	Wed	Practice	N/A	4:30 PM	6:00 PM	PHS AUX Gym (Volleyball gym)	
Jan 27, 2022	Thu	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)	
Jan 28, 2022	Fri	Regular Season (TVL CHAMPIONSHIP)	@ TBD	4:30 PM		UTICA COLLEGE INDOOR TRACK	Departure Point: Proctor HS Cafeteria Departure Time: 3:15 PM Return Date: Return Time: 9:30 PM
Jan 31, 2022	Mon	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)	
Jan 31, 2022	Mon	Practice	N/A	4:30 PM	6:00 PM	PHS AUX Gym (Volleyball gym)	
Feb 1, 2022	Tue	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 2, 2022	Wed	Post-Season (AA Sectional @ OCC)	@ TBD	4:30 PM		(OCC) Onondaga Community College	Departure Point: Proctor HS Departure Time: 2:15 PM	NL
Feb 3, 2022	Thu	Practice	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)		
Feb 3, 2022	Thu	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Feb 4, 2022	Fri	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Feb 4, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	PHS AUX Gym (Volleyball gym)		
Feb 7, 2022	Mon	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Feb 8, 2022	Tue	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Feb 8, 2022	Tue	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
Feb 9, 2022	Wed	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Feb 10, 2022	Thu	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Feb 10, 2022	Thu	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
Feb 11, 2022	Fri	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Feb 14, 2022	Mon	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Feb 14, 2022	Mon	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)		
Feb 15, 2022	Tue	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Feb 16, 2022	Wed	Post-Season (State Qualifier)	@ TBD	4:30 PM		(OCC) Onondaga Community College	Departure Point: Proctor HS Departure Time: 2:15 PM	NL
Feb 17, 2022	Thu	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Feb 18, 2022	Fri	Practice	N/A	2:45 PM	4:45 PM	PHS Indoor Track (Practice Facility)		
Feb 21, 2022	Mon	Practice	N/A	10:00 AM	12:00 PM	PHS Indoor Track (Practice Facility), PHS AUX Gym (Volleyball gym), (OCC) Onondaga Community College		
Feb 22, 2022	Tue	Practice	N/A	10:00 AM	12:00 PM	PHS Indoor Track (Practice Facility), PHS AUX Gym (Volleyball gym), (OCC) Onondaga Community College		
Feb 23, 2022	Wed	Practice	N/A	10:00 AM	12:00 PM	PHS Indoor Track (Practice Facility), PHS AUX Gym (Volleyball gym), (OCC) Onondaga Community College		

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Feb 24, 2022	Thu	Practice	N/A	10:00 AM	12:00 PM	PHS Indoor Track (Practice Facility), PHS AUX Gym (Volleyball gym), (OCC) Onondaga Community College	
Feb 25, 2022	Fri	Practice	N/A	10:00 AM	12:00 PM	PHS Indoor Track (Practice Facility), PHS AUX Gym (Volleyball gym), (OCC) Onondaga Community College	
Feb 28, 2022	Mon	Practice	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)	
Feb 28, 2022	Mon	Practice	N/A	2:50 PM	4:30 PM	PHS Main Gym	
Feb 28, 2022	Mon	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)	
Mar 1, 2022	Tue	Practice	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)	
Mar 1, 2022	Tue	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)	
Mar 2, 2022	Wed	Practice	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)	
Mar 2, 2022	Wed	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)	
Mar 3, 2022	Thu	Practice	N/A	2:45 PM	4:30 PM	PHS Indoor Track (Practice Facility)	
Mar 3, 2022	Thu	Practice	N/A	4:30 PM	5:30 PM	PHS AUX Gym (Volleyball gym)	
TBD		Practice	N/A	10:00 AM	12:00 PM	PHS Indoor Track (Practice Facility), PHS AUX Gym (Volleyball gym)	

Date: 2024-10-20