

## Coaches:

- Chris Leblanc, Asst Coach
- Matt McCoy

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jul 1, 2024	Mon	Practice (Summer Workouts )	N/A	9:00 AM	11:00 AM	Turf Field Stadium		
Jul 3, 2024	Wed	Practice (Summer Workouts )	N/A	4:30 PM	5:30 PM	Middle School Weight Room		
Jul 3, 2024	Wed	Practice (VVS Summer Passing League)	N/A	6:00 PM	8:00 PM	Turf Field Stadium		
Jul 5, 2024	Fri	Practice (Summer Workouts )	N/A	9:00 AM	11:00 AM	Turf Field Stadium		
Jul 8, 2024	Mon	Practice (Summer Workouts )	N/A	9:00 AM	11:00 AM	Turf Field Stadium		
Jul 10, 2024	Wed	Practice (Summer Workouts )	N/A	4:30 PM	5:30 PM	Middle School Weight Room		
Jul 10, 2024	Wed	Practice (VVS Summer Passing League)	N/A	6:00 PM	8:00 PM	Turf Field Stadium		
Jul 12, 2024	Fri	Practice (Summer Workouts )	N/A	9:00 AM	11:00 AM	Turf Field Stadium		
Jul 15, 2024	Mon	Practice (Summer Workouts )	N/A	9:00 AM	11:00 AM	Turf Field Stadium		
Jul 19, 2024	Fri	Practice (Summer Workouts )	N/A	9:00 AM	11:00 AM	Turf Field Stadium		
Jul 22, 2024	Mon	Practice (Summer Workouts )	N/A	9:00 AM	11:00 AM	Turf Field Stadium		
Jul 22, 2024	Mon	Practice (VVS Youth Football Summer Camp)	N/A	5:00 PM	7:00 PM	Turf Field Stadium		
Jul 23, 2024	Tue	Practice (VVS Youth Football Summer Camp)	N/A	5:00 PM	7:00 PM	Turf Field Stadium		
Jul 24, 2024	Wed	Practice (VVS Youth Football Summer Camp)	N/A	5:00 PM	7:00 PM	Turf Field Stadium		
Jul 24, 2024	Wed	Practice (VVS Summer Passing League)	N/A	6:00 PM	8:30 PM	Turf Field Stadium		
Jul 25, 2024	Thu	Practice (VVS Youth Football Summer Camp)	N/A	5:00 PM	7:00 PM	Turf Field Stadium		
Jul 26, 2024	Fri	Practice (Summer Workouts )	N/A	9:00 AM	11:00 AM	Turf Field Stadium		
Jul 29, 2024	Mon	Practice (Summer Workouts )	N/A	9:00 AM	11:00 AM	Turf Field Stadium		
Jul 31, 2024	Wed	Practice (Summer Workouts )	N/A	4:30 PM	5:30 PM	Middle School Weight Room		
Jul 31, 2024	Wed	Practice (VVS Summer Passing League)	N/A	6:00 PM	8:00 PM	Turf Field Stadium		
Aug 2, 2024	Fri	Practice (Summer Workouts )	N/A	9:00 AM	11:00 AM	Turf Field Stadium		
Aug 5, 2024	Mon	Practice (Summer Workouts )	N/A	9:00 AM	11:00 AM	Turf Field Stadium		
Aug 7, 2024	Wed	Practice (Summer Workouts )	N/A	4:30 PM	5:30 PM	Middle School Weight Room		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 7, 2024	Wed	Practice (VVS Summer Passing League)	N/A	6:00 PM	8:00 PM	Turf Field Stadium		
Aug 9, 2024	Fri	Practice (Summer Workouts )	N/A	9:00 AM	11:00 AM	Turf Field Stadium		
Aug 19, 2024	Mon	Practice (Training Camp)	N/A	9:00 AM	11:00 AM	Turf Field Stadium		
Aug 19, 2024	Mon	Practice (Training Camp)	N/A	1:00 PM	3:00 PM	Turf Field Stadium		
Aug 20, 2024	Tue	Practice (Training Camp)	N/A	9:00 AM	11:00 AM	Turf Field Stadium		
Aug 20, 2024	Tue	Practice (Training Camp)	N/A	1:00 PM	3:00 PM	Turf Field Stadium		
Aug 21, 2024	Wed	Practice (Training Camp)	N/A	9:00 AM	11:00 AM	Turf Field Stadium		
Aug 21, 2024	Wed	Practice (Training Camp)	N/A	1:00 PM	3:00 PM	Turf Field Stadium		
Aug 22, 2024	Thu	Practice (Training Camp)	N/A	9:00 AM	11:00 AM	Turf Field Stadium		
Aug 22, 2024	Thu	Practice (Training Camp)	N/A	1:00 PM	3:00 PM	Turf Field Stadium		
Aug 23, 2024	Fri	Practice (Training Camp)	N/A	9:00 AM	11:00 AM	Turf Field Stadium		
Aug 23, 2024	Fri	Practice (Training Camp)	N/A	1:00 PM	3:00 PM	Turf Field Stadium		
Aug 24, 2024	Sat	Practice (Training Camp)	N/A	8:00 AM	11:00 AM	Turf Field Stadium		
Aug 24, 2024	Sat	Practice (Day 1 of Training Camp)	N/A	8:00 AM	11:00 AM	VVS Volleyball Gym		
Aug 26, 2024	Mon	Practice (Training Camp)	N/A	9:00 AM	11:00 AM	Turf Field Stadium		
Aug 26, 2024	Mon	Practice (Training Camp)	N/A	1:00 PM	3:00 PM	Turf Field Stadium		
Aug 27, 2024	Tue	Practice (Training Camp)	N/A	9:00 AM	11:00 AM	Turf Field Stadium		
Aug 27, 2024	Tue	Practice (Training Camp)	N/A	1:00 PM	3:00 PM	Turf Field Stadium		
Aug 28, 2024	Wed	Practice (Training Camp)	N/A	9:00 AM	11:00 AM	Turf Field Stadium		
Aug 28, 2024	Wed	Practice (Training Camp)	N/A	1:00 PM	3:00 PM	Turf Field Stadium		
Aug 29, 2024	Thu	Practice (Training Camp)	N/A	9:00 AM	11:00 AM	Turf Field Stadium		
Aug 29, 2024	Thu	Practice (Training Camp)	N/A	1:00 PM	3:00 PM	Turf Field Stadium		
Aug 30, 2024	Fri	Practice (Training Camp)	N/A	9:00 AM	11:00 AM	Turf Field Stadium		
Aug 30, 2024	Fri	Practice (Training Camp)	N/A	1:00 PM	3:00 PM	Turf Field Stadium		
Sep 20, 2024	Fri	Regular Season	Westhill	7:00 PM		Turf Field Stadium		L
Sep 28, 2024	Sat	Regular Season	New Hartford	TBD		Turf Field Stadium		L
Oct 4, 2024	Fri	Regular Season	Carthage	7:00 PM		Turf Field Stadium		NL
Oct 18, 2024	Fri	Regular Season	Central Valley Academy (Thunder)	7:00 PM		Turf Field Stadium		L

Date: 2024-07-19