

## Coaches:

- Jim Vermeulen, Head Coach
- Greg Gangemi, Asst Coach

DATE	WEEK	ТҮРЕ	OPPONENTS	START TIME	END TIME	I OCATION TOANSBOOTATION	LEAGUE / NON- LEAGUE
Oct 2, 2024	Wed	Regular Season	@ Fulton	4:30 PM		Bodley H S	NL
Oct 23, 2024	Wed	Regular Season (SCAC Championships @ TBD)	Cicero-North Syracuse, Liverpool, Fayetteville- Manlius, Fulton, Auburn, East Syracuse Minoa, Jamesville-Dewitt, Central Square, Nottingham (Nottingham), Oswego, Corcoran (Syracuse West), Henninger (Henninger) @ Baldwinsville	4:30 PM	5:00 PM	TBD	L
Nov 9, 2024	Sat	Regular Season	@ Central Square	4:30 PM		CS: MHE XC Course	L

Date: 2024-07-15