



Westmoreland

(G) 7/8TH Cross Country

Coaches:

- Katie DeCarolis, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 11, 2019	Wed	Regular Season	Sauquoit Valley, Holland Patent @ Clinton	4:30 PM		Kirkland Town Park		L
Sep 18, 2019	Wed	Regular Season	Waterville, Canastota @ Little Falls	4:30 PM		Little Falls HS		L
Sep 25, 2019	Wed	Regular Season	Mount Markham, Remsen (Remsen/Town of Webb) @ Oriskany	4:30 PM		Bernie Block Field @ Walbran Elementary		L
Oct 5, 2019	Sat	Regular Season (Cross Country Invitational)	Jamesville-Dewitt, Altmar-Parish-Williamstown (APW Rebels), Oneida, Corcoran (Syracuse West), Canastota, Fayetteville-Manlius, Utica Proctor (JFK/DMS), Central Valley Academy, Cooperstown (Modified), New Hartford, Holland Patent, Vernon-Verona-Sherrill, Notre Dame, Utica @ Whitesboro	8:30 AM		Deerfield Town Wilderness Park		NL
Oct 9, 2019	Wed	Regular Season	Hamilton, Herkimer, Adirondack @ Sherburne-Earlville	4:30 PM		Sherburne-Earlville HS		L
Oct 19, 2019	Sat	Regular Season	New York Mills, Poland, Sauquoit Valley, Little Falls, Clinton, Cooperstown (Modified), Herkimer, Sherburne-Earlville, Adirondack, Holland Patent, West Canada Valley, Remsen (Remsen/Town of Webb), Mount Markham, Oriskany, Hamilton, Waterville, Canastota @ TBD	10:20 AM		Kirkland Town Park	Departure Time: 8:45 AM	L

Date: 2024-10-19