



Corning-Painted Post

(G) V Cross Country

Coaches:

- Ray Lawson, Head Coach
- Tom Ketchum, Asst Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|-----------|------------|----------|----------------------------|--------------------|---|---------------------|
| Sep 13, 2024 | Fri | Regular Season (Owego Invitational JV Night Meet) | @ TBD | 7:00 PM | | Owego Free Academy | | | NL |
| Sep 14, 2024 | Sat | Regular Season (Queensbury (Pre-State) Invite - OVERNIGHT TOP 12) | @ TBD | TBD | | Queensbury HS | Bus/Driver: | Departure Date: OVERNIGHT Sep 13, 2024 | NL |
| Sep 21, 2024 | Sat | Regular Season (Conwicke-Stock Invitational) | @ TBD | TBD | | Anne McGuinness Elementary | | | NL |
| Sep 28, 2024 | Sat | Regular Season (McQuaid Invite) | @ TBD | TBD | | Genesee Valley State Park | | | NL |
| Oct 11, 2024 | Fri | Regular Season (Bob Greene/Newark Valley Invite) | @ TBD | TBD | | Newark Valley HS | | | NL |
| Oct 13, 2024 | Sun | Regular Season (Manhattan College Invite - OVERNIGHT - Top 12 Boys and Girls) | @ TBD | TBD | | Van Cortlandt Park, NYC | Bus/Driver: | Departure Date: OVERNIGHT Oct 12, 2024 | NL |
| Oct 19, 2024 | Sat | Regular Season (Marathon Invite) | @ TBD | TBD | | Appleby E S | | | NL |
| Oct 26, 2024 | Sat | Regular Season (STAC Championships - V, JV, MOD) | @ TBD | TBD | | Fortin Park | | | L |
| Oct 29, 2024 | Tue | Regular Season (Last Chance Meet) | @ TBD | TBD | | Owego Free Academy | | | L |
| Nov 7, 2024 | Thu | Regular Season (State Qualifier) | @ TBD | TBD | | Chenango Valley State Park | | | L |
| Nov 16, 2024 | Sat | Regular Season (State Championships - OVERNIGHT) | @ TBD | TBD | | Queensbury HS | Bus/Driver: | Departure Date: OVERNIGHT Nov 15, 2024 | L |
| Nov 23, 2024 | Sat | Regular Season (Federation Championship - OVERNIGHT - TOP 12) | @ TBD | TBD | | Bowdoin Park, Poughkeepsie | Bus/Driver: | Departure Date: OVERNIGHT Nov 22, 2024 | L |

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|-------------|----------|--|-----------|------------|----------|----------|---------------------------------|----------------|---------------------|
| Dec 7, 2024 | Sat | Regular Season (NXN - Qualifiers Only) | @ TBD | TBD | | TBD | Bus/Driver: OVERNIGHT | | L |

Date: 2024-08-17