



# Corning-Painted Post

## (B) V Cross Country

### Coaches:

- Ray Lawson, Head Coach
- Tom Ketchum, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 7, 2024	Sat	Regular Season (XC Relays - The Y at Watson Homestead)	TBD	TBD		Watson Homestead, Painted Post, NY			L
Sep 13, 2024	Fri	Regular Season (Owego Invitational JV Night Meet )	@ TBD	7:00 PM		Owego Free Academy			NL
Sep 14, 2024	Sat	Regular Season (Queensbury (Pre-State) Invite - OVERNIGHT TOP 12)	@ TBD	TBD		Queensbury HS	<b>Bus/Driver: OVERNIGHT</b>	<b>Departure Date: Sep 13, 2024</b>	NL
Sep 21, 2024	Sat	Regular Season (Conwicke-Stock Invitational)	@ TBD	TBD		Anne McGuinness Elementary			NL
Sep 28, 2024	Sat	Regular Season (McQuaid Invite)	@ TBD	TBD		Genesee Valley State Park			NL
Oct 11, 2024	Fri	Regular Season (Bob Greene/Newark Valley Invite)	@ TBD	TBD		Newark Valley HS			NL
Oct 13, 2024	Sun	Regular Season (Manhattan College Invite - OVERNIGHT - Top 12 Boys and Girls)	@ TBD	TBD		Van Cortlandt Park, NYC	<b>Bus/Driver: OVERNIGHT</b>	<b>Departure Date: Oct 12, 2024</b>	NL
Oct 19, 2024	Sat	Regular Season (Marathon Invite)	@ TBD	TBD		Appleby E S			NL
Oct 26, 2024	Sat	Regular Season (STAC Championships - V, JV, MOD)	@ TBD	TBD		Fortin Park			L
Oct 29, 2024	Tue	Regular Season (Last Chance Meet )	@ TBD	TBD		Owego Free Academy			L
Nov 7, 2024	Thu	Regular Season (State Qualifier)	@ TBD	TBD		Chenango Valley State Park			L
Nov 16, 2024	Sat	Regular Season (State Championships - OVERNIGHT)	@ TBD	TBD		Queensbury HS	<b>Bus/Driver: OVERNIGHT</b>	<b>Departure Date: Nov 15, 2024</b>	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 23, 2024	Sat	Regular Season (Federation Championship - OVERNIGHT - TOP 12)	@ TBD	TBD		Bowdoin Park, Poughkeepsie	<b>Bus/Driver:</b> OVERNIGHT	<b>Departure Date:</b> Nov 22, 2024	L
Dec 7, 2024	Sat	Regular Season (NXN - Qualifiers Only)	@ TBD	TBD		TBD	<b>Bus/Driver:</b> OVERNIGHT		L

Date: 2024-08-16