



Corning-Painted Post

(G) V Swimming/Diving

Coaches:

- Alyssa Helsing, Head Coach
- Anthony Furstoss, Asst Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--|-----------------|------------|----------|--------------------------------|----------------|---------------------|
| Sep 7, 2024 | Sat | Regular Season (Waverly Wolverine Invite Diving) | @ TBD | 10:00 AM | | Waverly High School | | NL |
| Sep 7, 2024 | Sat | Regular Season (Waverly Wolverine Invite Swimming) | @ TBD | 1:00 PM | | Waverly High School | | NL |
| Sep 10, 2024 | Tue | Regular Season | Binghamton | 5:30 PM | 8:00 PM | C P P High School | | L |
| Sep 17, 2024 | Tue | Regular Season | @ Johnson City | 5:30 PM | 8:00 PM | JC HS Pool | | L |
| Sep 20, 2024 | Fri | Regular Season (Invitational at the Glen Swimming Prelims) | @ TBD | 4:30 PM | | Watkins Glen High School | | NL |
| Sep 21, 2024 | Sat | Regular Season (Invitational at the Glen Diving) | @ TBD | 9:30 AM | | Watkins Glen High School | | NL |
| Sep 21, 2024 | Sat | Regular Season (Invitational at the Glen Swimming Finals (top 16)) | @ TBD | 2:00 PM | | Watkins Glen High School | | NL |
| Sep 24, 2024 | Tue | Regular Season | Union-Endicott | 5:30 PM | 8:00 PM | C P P High School | | L |
| Sep 27, 2024 | Fri | Regular Season | @ Vestal | 5:30 PM | 8:00 PM | Vestal High School Pool | | L |
| Oct 1, 2024 | Tue | Regular Season | @ Maine-Endwell | 5:30 PM | 8:00 PM | Maine-Endwell HS Pool | | L |
| Oct 8, 2024 | Tue | Regular Season | Elmira | 5:30 PM | 8:00 PM | C P P High School | | L |
| Oct 11, 2024 | Fri | Regular Season (Elmira Invite Diving) | @ TBD | 5:00 PM | | Ernie Davis Academy Natatorium | | NL |
| Oct 12, 2024 | Sat | Regular Season (Elmira Invitational Swimming) | @ TBD | 10:30 AM | | Ernie Davis Academy Natatorium | | NL |
| Oct 15, 2024 | Tue | Regular Season | Horseheads | 5:30 PM | 8:00 PM | C P P High School | | L |
| Oct 29, 2024 | Tue | Regular Season | @ Ithaca | 5:30 PM | 8:00 PM | IHS Pool (C150) | | L |
| Nov 6, 2024 | Wed | Post-Season (Prelims) | @ TBD | TBD | | TBD | | L |
| Nov 8, 2024 | Fri | Post-Season (Section IV Sectionals) | @ TBD | TBD | | TBD | | L |
| Nov 9, 2024 | Sat | Post-Season (Section IV Finals) | @ TBD | TBD | | TBD | | L |
| Nov 22, 2024 | Fri | Post-Season (State Championships) | @ TBD | TBD | | Webster Aquatic Center | | L |
| Nov 23, 2024 | Sat | Post-Season (State Championships) | @ TBD | TBD | | Webster Aquatic Center | | L |

Date: 2024-08-31