



# Corning-Painted Post

## (G) V Swimming/Diving

### Coaches:

- Alyssa Helsing, Head Coach
- Anthony Furstoss, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 7, 2024	Sat	Regular Season (Waverly Wolverine Invite Diving)	@ TBD	10:00 AM		Waverly High School		NL
Sep 7, 2024	Sat	Regular Season (Waverly Wolverine Invite Swimming)	@ TBD	1:00 PM		Waverly High School		NL
Sep 17, 2024	Tue	Regular Season	@ Johnson City	5:30 PM	8:00 PM	JC HS Pool		L
Sep 20, 2024	Fri	Regular Season (Invitational at the Glen Swimming Prelims)	@ TBD	4:30 PM		Watkins Glen High School		NL
Sep 21, 2024	Sat	Regular Season (Invitational at the Glen Diving)	@ TBD	9:30 AM		Watkins Glen High School		NL
Sep 21, 2024	Sat	Regular Season (Invitational at the Glen Swimming Finals (top 16))	@ TBD	2:00 PM		Watkins Glen High School		NL
Sep 27, 2024	Fri	Regular Season	@ Vestal	5:30 PM	8:00 PM	Vestal High School Pool		L
Oct 1, 2024	Tue	Regular Season	@ Maine-Endwell	5:30 PM	8:00 PM	Maine-Endwell HS Pool		L
Oct 11, 2024	Fri	Regular Season (Elmira Invite Diving)	@ TBD	5:00 PM		Ernie Davis Academy Natatorium		NL
Oct 12, 2024	Sat	Regular Season (Elmira Invitational Swimming)	@ TBD	10:30 AM		Ernie Davis Academy Natatorium		NL
Oct 29, 2024	Tue	Regular Season	@ Ithaca	5:30 PM	8:00 PM	IHS Pool (C150)		L
Nov 6, 2024	Wed	Post-Season (Prelims)	@ TBD	TBD		TBD		L
Nov 8, 2024	Fri	Post-Season (Section IV Sectionals)	@ TBD	TBD		TBD		L
Nov 9, 2024	Sat	Post-Season (Section IV Finals)	@ TBD	TBD		TBD		L
Nov 22, 2024	Fri	Post-Season (State Championships)	@ TBD	TBD		Webster Aquatic Center		L
Nov 23, 2024	Sat	Post-Season (State Championships)	@ TBD	TBD		Webster Aquatic Center		L

Date: 2024-08-31