



# Elmira

## (B) V Winter Track

### Coaches:

- David Perkins, Head Coach
- Amy Balash, Head Coach
- Corrine Taylor, Asst Coach
- Jalasia Demember
- Benjamin Cardamone

| DATE         | WEEK DAY | TYPE                            | OPPONENTS | START TIME | END TIME | LOCATION                          | TRANSPORTATION / NON-LEAGUE | LEAGUE |
|--------------|----------|---------------------------------|-----------|------------|----------|-----------------------------------|-----------------------------|--------|
| Jan 19, 2021 | Tue      | Practice (Off-Season Workouts ) | N/A       | 3:45 PM    | 5:15 PM  | EDA STUDENT LOBBY, EHS MAIN LOBBY |                             |        |
| Jan 21, 2021 | Thu      | Practice (Off-Season Workouts ) | N/A       | 3:45 PM    | 5:15 PM  | EDA STUDENT LOBBY, EHS MAIN LOBBY |                             |        |
| Jan 22, 2021 | Fri      | Practice (Off-Season Workouts ) | N/A       | 3:45 PM    | 5:15 PM  | EDA STUDENT LOBBY, EHS MAIN LOBBY |                             |        |
| Jan 25, 2021 | Mon      | Practice (Off-Season Workouts ) | N/A       | 3:45 PM    | 5:15 PM  | EDA STUDENT LOBBY, EHS MAIN LOBBY |                             |        |
| Jan 26, 2021 | Tue      | Practice (Off-Season Workouts ) | N/A       | 3:45 PM    | 5:15 PM  | EDA STUDENT LOBBY, EHS MAIN LOBBY |                             |        |
| Jan 28, 2021 | Thu      | Practice (Off-Season Workouts ) | N/A       | 3:45 PM    | 5:15 PM  | EDA STUDENT LOBBY, EHS MAIN LOBBY |                             |        |
| Jan 29, 2021 | Fri      | Practice (Off-Season Workouts ) | N/A       | 3:45 PM    | 5:15 PM  | EDA STUDENT LOBBY, EHS MAIN LOBBY |                             |        |
| Feb 1, 2021  | Mon      | Practice (Off-Season Workouts ) | N/A       | 3:45 PM    | 5:15 PM  | EDA STUDENT LOBBY, EHS MAIN LOBBY |                             |        |
| Feb 2, 2021  | Tue      | Practice (Off-Season Workouts ) | N/A       | 3:45 PM    | 5:15 PM  | EDA STUDENT LOBBY, EHS MAIN LOBBY |                             |        |
| Feb 4, 2021  | Thu      | Practice (Off-Season Workouts ) | N/A       | 3:45 PM    | 5:15 PM  | EDA STUDENT LOBBY, EHS MAIN LOBBY |                             |        |
| Feb 5, 2021  | Fri      | Practice (Off-Season Workouts ) | N/A       | 3:45 PM    | 5:15 PM  | EDA STUDENT LOBBY, EHS MAIN LOBBY |                             |        |
| Feb 8, 2021  | Mon      | Practice (Off-Season Workouts ) | N/A       | 3:45 PM    | 5:15 PM  | EDA STUDENT LOBBY, EHS MAIN LOBBY |                             |        |
| Feb 9, 2021  | Tue      | Practice (Off-Season Workouts ) | N/A       | 3:45 PM    | 5:15 PM  | EDA STUDENT LOBBY, EHS MAIN LOBBY |                             |        |
| Feb 11, 2021 | Thu      | Practice (Off-Season Workouts ) | N/A       | 3:45 PM    | 5:15 PM  | EDA STUDENT LOBBY, EHS MAIN LOBBY |                             |        |
| Feb 12, 2021 | Fri      | Practice (Off-Season Workouts ) | N/A       | 3:45 PM    | 5:15 PM  | EDA STUDENT LOBBY, EHS MAIN LOBBY |                             |        |
| Feb 16, 2021 | Tue      | Practice                        | N/A       | 10:00 AM   | 11:30 AM | EDA STUDENT LOBBY                 |                             |        |
| Feb 16, 2021 | Tue      | Practice                        | N/A       | 11:00 AM   | 12:30 PM | EHS MAIN LOBBY                    |                             |        |
| Feb 16, 2021 | Tue      | Practice (THROWERS )            | N/A       | 1:00 PM    | 2:15 PM  | Parley Coburn- New Gym            |                             |        |
| Feb 17, 2021 | Wed      | Practice                        | N/A       | 10:00 AM   | 11:30 AM | EDA STUDENT LOBBY                 |                             |        |

| DATE         | WEEK DAY | TYPE                            | OPPONENTS | START TIME | END TIME | LOCATION                          | LEAGUE TRANSPORTATION / NON-LEAGUE |
|--------------|----------|---------------------------------|-----------|------------|----------|-----------------------------------|------------------------------------|
| Feb 17, 2021 | Wed      | Practice                        | N/A       | 11:00 AM   | 12:30 PM | EHS MAIN LOBBY                    |                                    |
| Feb 17, 2021 | Wed      | Practice (THROWERS )            | N/A       | 1:00 PM    | 2:15 PM  | Parley Coburn- New Gym            |                                    |
| Feb 18, 2021 | Thu      | Practice                        | N/A       | 10:00 AM   | 11:30 AM | EDA STUDENT LOBBY                 |                                    |
| Feb 18, 2021 | Thu      | Practice (THROWERS )            | N/A       | 1:00 PM    | 2:15 PM  | Parley Coburn- New Gym            |                                    |
| Feb 19, 2021 | Fri      | Practice                        | N/A       | 11:00 AM   | 12:30 PM | EHS MAIN LOBBY                    |                                    |
| Feb 22, 2021 | Mon      | Practice (Off-Season Workouts ) | N/A       | 3:45 PM    | 5:15 PM  | EDA STUDENT LOBBY, EHS MAIN LOBBY |                                    |
| Feb 23, 2021 | Tue      | Practice (Off-Season Workouts ) | N/A       | 3:45 PM    | 5:15 PM  | EDA STUDENT LOBBY, EHS MAIN LOBBY |                                    |
| Feb 25, 2021 | Thu      | Practice (Off-Season Workouts ) | N/A       | 3:45 PM    | 5:15 PM  | EDA STUDENT LOBBY, EHS MAIN LOBBY |                                    |
| Feb 26, 2021 | Fri      | Practice (Off-Season Workouts ) | N/A       | 3:45 PM    | 5:15 PM  | EDA STUDENT LOBBY, EHS MAIN LOBBY |                                    |

Date: 2024-11-30