



Elmira

(G) V Swimming/Diving

Coaches:

- Keith Ess, Head Coach
- Allison Newkirk
- Elizabeth Potter

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 26, 2024	Mon	Practice	N/A	5:30 PM	7:00 PM	EDA Pool		
Aug 27, 2024	Tue	Practice	N/A	5:30 PM	7:00 PM	EDA Pool		
Aug 28, 2024	Wed	Practice	N/A	5:30 PM	7:00 PM	EDA Pool		
Aug 29, 2024	Thu	Practice	N/A	5:30 PM	7:00 PM	EDA Pool		
Aug 30, 2024	Fri	Practice	N/A	5:30 PM	7:00 PM	EDA Pool		
Aug 31, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Sep 2, 2024	Mon	Practice	N/A	6:00 PM	8:00 PM	EDA Pool		
Sep 3, 2024	Tue	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Sep 4, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Sep 6, 2024	Fri	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Sep 7, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Sep 9, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Sep 10, 2024	Tue	Regular Season 99-78 W	Union- Endicott	5:30 PM	8:00 PM	EDA Pool		L
Sep 11, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Sep 12, 2024	Thu	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Sep 13, 2024	Fri	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Sep 16, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Sep 17, 2024	Tue	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Sep 17, 2024	Tue	Regular Season 84-91 L	Vestal	5:30 PM	8:00 PM	EDA Pool		L
Sep 18, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Sep 19, 2024	Thu	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Sep 21, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Sep 23, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Sep 25, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Sep 26, 2024	Thu	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Sep 27, 2024	Fri	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		

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Sep 28, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Sep 30, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 1, 2024	Tue	Regular Season	Horseheads	5:30 PM	8:00 PM	EDA Pool		L
Oct 2, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 3, 2024	Thu	Regular Season	Owego Apalachin	5:30 PM		EDA Pool		NL
Oct 4, 2024	Fri	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 5, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Oct 7, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 9, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 10, 2024	Thu	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 11, 2024	Fri	Regular Season (Elmira Swim/Diving Invitational - Diving)	Horseheads	3:00 PM		EDA Pool		L
Oct 12, 2024	Sat	Regular Season (Elmira Swim/Diving Invitational - Swimming)	Horseheads	9:00 AM		EDA Pool		L
Oct 14, 2024	Mon	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Oct 15, 2024	Tue	Regular Season	Binghamton	5:30 PM	8:00 PM	EDA Pool		L
Oct 16, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 17, 2024	Thu	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 18, 2024	Fri	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 19, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Oct 21, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 23, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 24, 2024	Thu	Regular Season (Senior Night)	Notre Dame, Elmira	5:30 PM		EDA Pool		L
Oct 25, 2024	Fri	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 26, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Oct 28, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 29, 2024	Tue	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 30, 2024	Wed	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Oct 31, 2024	Thu	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Nov 1, 2024	Fri	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 2, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	EDA Pool		
Nov 4, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Nov 5, 2024	Tue	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Nov 6, 2024	Wed	Regular Season (Swimming Prelims)	TBD	5:00 PM		EDA Pool		L
Nov 7, 2024	Thu	Practice	N/A	4:00 PM	6:00 PM	EDA Pool		
Nov 8, 2024	Fri	Regular Season (Diving Prelims)	TBD	TBD		EDA Pool		L

Date: 2024-09-18