



# Ithaca

## (G) 7/8TH Cross Country

### Coaches:

- Jennifer Visscher, Head Coach
- Emily Blake, Asst Coach
- Kim Lazzaro, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 13, 2024	Fri	Regular Season (Owego Night Invite)	TBD	6:30 PM		Owego Free Academy	<b>Departure Point:</b> Boynton <b>Departure Time:</b> 4:00 PM	NL
Sep 21, 2024	Sat	Regular Season (Baldwinsville Invite)	TBD	12:30 PM		Durgee Junior HS, Baldwinsville	<b>Departure Point:</b> IHS <b>Departure Time:</b> 9:45 AM	NL
Oct 5, 2024	Sat	Regular Season (McDaniel-Baxter Invite)	TBD	9:00 AM		CV - HS Rock Pile Field	<b>Departure Point:</b> IHS <b>Departure Time:</b> 6:45 AM	NL

Date: 2024-09-17