



# Ithaca

## (G) V Winter Track

### Coaches:

- Rebecca Lovenheim, Head Coach
- Cole Clemons, Asst Coach
- Lauren Lansdowne, Asst Coach
- Amy Boscia, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 30, 2019	Sat	Meet (607 Invite)	Vs. Multiple	1:00 PM	3:00 PM	SUNY Cortland	<b>Departure Time:</b> 11:15 AM <b>Return Date:</b> <b>Return Time:</b> 3:30 PM	NL
Dec 14, 2019	Sat	Meet (Ithaca Bomber HS Invite)	Vs. Multiple	9:00 AM		Ithaca College		NL
Dec 21, 2019	Sat	Meet (Quinney Invite)	Vs. Multiple	2:00 PM		SUNY Cortland		NL
Jan 4, 2020	Sat	Meet (Section IV Classic)	Vs. Multiple	12:30 PM		Cornell University	<b>Departure Point:</b> IHS <b>Departure Time:</b> 11:45 AM <b>Return Date:</b> <b>Return Time:</b> 5:30 PM	NL
Jan 10, 2020	Fri	Meet (Section IV Class Meet)	Vs. Multiple	5:00 PM		Ithaca College		NL
Jan 17, 2020	Fri	Meet (Hurley Invite)	Vs. Multiple	5:00 PM		Ithaca College	<b>Departure Point:</b> Lake street <b>Departure Time:</b> 3:45 PM <b>Return Date:</b> <b>Return Time:</b> 7:45 PM	NL
Jan 18, 2020	Sat	Meet (Finger Lakes Sub Varsity Invite)	Vs. Multiple	1:30 PM		Cornell University	<b>Departure Point:</b> IHS <b>Departure Time:</b> 10:30 AM <b>Return Date:</b> <b>Return Time:</b> 1:30 PM	NL
Feb 1, 2020	Sat	Regular Season (Open Meet)	@ TBD	4:30 PM		SUNY Cortland	<b>Departure Point:</b> IHS <b>Departure Time:</b> 2:30 PM <b>Return Date:</b> <b>Return Time:</b> 9:00 PM	L
Feb 15, 2020	Sat	Meet (Section IV Championships)	Vs. Multiple	12:30 PM		Cornell University	<b>Departure Point:</b> IHS <b>Departure Time:</b> 11:45 AM <b>Return Date:</b> <b>Return Time:</b> 4:30 PM	NL

Date: 2024-12-03