



Ithaca

(G) V Winter Track

Coaches:

- Rebecca Lovenheim, Head Coach
- Cole Clemons, Asst Coach
- Lauren Lansdowne, Asst Coach
- Amy Boscia, Asst Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--|--------------|------------|----------|--------------------|---|---------------------|
| Nov 30, 2019 | Sat | Meet (607 Invite) | Vs. Multiple | 1:00 PM | 3:00 PM | SUNY Cortland | Departure Time: 11:15 AM Return Date: Return Time: 3:30 PM | NL |
| Dec 14, 2019 | Sat | Meet (Ithaca Bomber HS Invite) | Vs. Multiple | 9:00 AM | | Ithaca College | | NL |
| Dec 21, 2019 | Sat | Meet (Quinney Invite) | Vs. Multiple | 2:00 PM | | SUNY Cortland | | NL |
| Jan 4, 2020 | Sat | Meet (Section IV Classic) | Vs. Multiple | 12:30 PM | | Cornell University | Departure Point: IHS Departure Time: 11:45 AM Return Date: Return Time: 5:30 PM | NL |
| Jan 10, 2020 | Fri | Meet (Section IV Class Meet) | Vs. Multiple | 5:00 PM | | Ithaca College | | NL |
| Jan 17, 2020 | Fri | Meet (Hurley Invite) | Vs. Multiple | 5:00 PM | | Ithaca College | Departure Point: Lake street Departure Time: 3:45 PM Return Date: Return Time: 7:45 PM | NL |
| Jan 18, 2020 | Sat | Meet (Finger Lakes Sub Varsity Invite) | Vs. Multiple | 1:30 PM | | Cornell University | Departure Point: IHS Departure Time: 10:30 AM Return Date: Return Time: 1:30 PM | NL |
| Feb 1, 2020 | Sat | Regular Season (Open Meet) | @ TBD | 4:30 PM | | SUNY Cortland | Departure Point: IHS Departure Time: 2:30 PM Return Date: Return Time: 9:00 PM | L |
| Feb 15, 2020 | Sat | Meet (Section IV Championships) | Vs. Multiple | 12:30 PM | | Cornell University | Departure Point: IHS Departure Time: 11:45 AM Return Date: Return Time: 4:30 PM | NL |

Date: 2024-12-02