

## Coaches:

- Eric Putman, Head Coach
- Eric Mastroianni, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 30, 2019	Sat	Regular Season (607 Invite)	TBD	TBD		Cortland State		L
Dec 9, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Dec 10, 2019	Tue	Practice	N/A	3:00 PM	4:30 PM	JC HS Weight Room		
Dec 11, 2019	Wed	Practice	N/A	3:00 PM	4:30 PM	JC HS Weight Room		
Dec 12, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Dec 13, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Dec 14, 2019	Sat	Regular Season (Bomber Invitational)	@ TBD	9:00 AM	6:00 PM	Ithaca College	Departure Time: 7:00 AM Return Date: Return Time: 6:00 PM	L
Dec 16, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Dec 18, 2019	Wed	Practice	N/A	3:00 PM	4:30 PM	JC HS Weight Room		
Dec 19, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Dec 20, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Dec 21, 2019	Sat	Regular Season (Quinney Invitational)	@ TBD	2:00 PM		Cortland State	Departure Time: 12:15 PM Return Date: Return Time: 9:00 PM	L
Dec 26, 2019	Thu	Practice	N/A	12:00 PM	2:00 PM	JC HS Weight Room		
Dec 27, 2019	Fri	Practice	N/A	12:00 PM	2:00 PM	JC HS Weight Room		
Dec 28, 2019	Sat	Regular Season (Winter Classic)	@ TBD	2:00 PM		Cortland State	Departure Time: 12:15 PM Return Date: Return Time: 7:00 PM	L
Jan 2, 2020	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Jan 3, 2020	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 4, 2020	Sat	Regular Season (Section IV Classic)	@ TBD	12:30 PM	6:00 PM	Cornell University	Departure Time: 11:00 AM	L
Jan 6, 2020	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Jan 7, 2020	Tue	Practice	N/A	3:00 PM	4:30 PM	JC HS Weight Room		
Jan 8, 2020	Wed	Practice	N/A	3:00 PM	4:30 PM	JC HS Weight Room		
Jan 9, 2020	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Jan 13, 2020	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Jan 14, 2020	Tue	Practice	N/A	3:00 PM	4:30 PM	JC HS Weight Room		
Jan 15, 2020	Wed	Practice	N/A	3:00 PM	4:30 PM	JC HS Weight Room		
Jan 16, 2020	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Jan 17, 2020	Fri	Regular Season (Class Championships)	@ TBD	5:00 PM	11:00 PM	Ithaca College	Departure Time: 3:00 PM Return Date: Return Time: 11:00 PM	L
Jan 21, 2020	Tue	Practice	N/A	3:00 PM	4:30 PM	JC HS Weight Room		
Jan 22, 2020	Wed	Practice	N/A	3:00 PM	4:30 PM	JC HS Weight Room		
Jan 23, 2020	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Jan 24, 2020	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Jan 25, 2020	Sat	Regular Season (Hurley Invitational)	@ TBD	9:00 AM	2:00 PM	SUNY Cortland	Departure Time: 8:00 AM Return Date: Return Time: 2:00 PM	L
Jan 27, 2020	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Jan 28, 2020	Tue	Practice	N/A	3:00 PM	4:30 PM	JC HS Weight Room		
Jan 29, 2020	Wed	Practice	N/A	3:00 PM	4:30 PM	JC HS Weight Room		

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Jan 30, 2020	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Jan 31, 2020	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Feb 1, 2020	Sat	Regular Season (TBA)	@ TBD	5:00 PM	11:00 PM	SUNY Cortland	Departure Time: 4:00 PM Return Date: Return Time: 11:00 PM	L
Feb 3, 2020	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Feb 4, 2020	Tue	Practice	N/A	3:00 PM	4:30 PM	JC HS Weight Room		
Feb 5, 2020	Wed	Practice	N/A	3:00 PM	4:30 PM	JC HS Weight Room		
Feb 6, 2020	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Feb 10, 2020	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Feb 11, 2020	Tue	Practice	N/A	3:00 PM	4:30 PM	JC HS Weight Room		
Feb 12, 2020	Wed	Practice	N/A	3:00 PM	4:30 PM	JC HS Weight Room		
Feb 13, 2020	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Feb 15, 2020	Sat	Regular Season (State Qualifier)	@ TBD	12:30 PM	6:00 PM	Cornell University	Departure Time: 11:00 AM Return Date: Return Time: 6:00 PM	L
Feb 18, 2020	Tue	Practice	N/A	3:00 PM	4:30 PM	JC HS Weight Room		
Feb 19, 2020	Wed	Practice	N/A	3:00 PM	4:30 PM	JC HS Weight Room		
Feb 20, 2020	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Feb 21, 2020	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Feb 24, 2020	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Feb 25, 2020	Tue	Practice	N/A	3:00 PM	4:30 PM	JC HS Weight Room		
Feb 26, 2020	Wed	Practice	N/A	3:00 PM	4:30 PM	JC HS Weight Room		

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Feb 27, 2020	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Feb 28, 2020	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Mar 2, 2020	Mon	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Mar 3, 2020	Tue	Practice	N/A	3:00 PM	4:30 PM	JC HS Weight Room		
Mar 4, 2020	Wed	Practice	N/A	3:00 PM	4:30 PM	JC HS Weight Room		
Mar 5, 2020	Thu	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Mar 6, 2020	Fri	Practice	N/A	3:00 PM	5:00 PM	JC HS Weight Room		
Mar 7, 2020	Sat	Regular Season (STATE Meet)	@ TBD	TBD		Staten Island, NY		L

Date: 2024-07-16