



Johnson City

(G) V Cross Country

Coaches:

- Eric Adolf, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2022	Sat	Regular Season (VVS Cross Country Invitational)	@ TBD	8:15 AM		Cross Country Course		Departure Point: HS	L
Sep 17, 2022	Sat	Regular Season (McDaniel-Baxter Cross Country Invitational)	@ TBD	9:00 AM		Chenango Valley HS		Departure Point: HS	L
Sep 24, 2022	Sat	Regular Season (Owego Cross Country Invitational)	@ TBD	TBD		Owego Free Academy		Departure Point: HS Departure Date: Sep 24, 2022 Departure Time: 7:30 AM Return Date: Sep 24, 2022 Return Time: 1:00 PM	L
Sep 30, 2022	Fri	Regular Season (McQuaid Invitational)	@ TBD	TBD		Genesee Valley Park - Rochester		Departure Point: HS	NL
Oct 1, 2022	Sat	Regular Season (McQuaid Invitational)	@ TBD	TBD		Genesee Valley Park - Rochester		Departure Point: HS	NL
Oct 4, 2022	Tue	Regular Season (Metro Division Championship)	@ TBD	4:00 PM	6:00 PM	Maine Memorial ES		Departure Point: HS Departure Date: Oct 4, 2022 Departure Time: 3:00 PM Return Date: Oct 4, 2022 Return Time: 6:00 PM	L
Oct 15, 2022	Sat	Regular Season (Marathon Cross Country Invitational)	@ TBD	8:30 AM	11:00 AM	Appleby Elementary School		Departure Point: HS	L
Oct 18, 2022	Tue	Regular Season (Whitney Point Golden Eagles Cross Country Invitational)	@ TBD	4:00 PM		Caryl E. Adams Elementary School Whitney Point, New York		Departure Point: HS Departure Date: Oct 18, 2022 Departure Time: 3:00 PM Return Date: Oct 18, 2022 Return Time: 7:00 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE	
Oct 22, 2022	Sat	Regular Season (STAC)	Corning- Painted Post, Elmira, Horseheads, Ithaca, Binghamton, Maine- Endwell, Union- Endicott, TBD, Chenango Valley, Seton Catholic Central, Norwich, Oneonta, Susquehanna Valley, Windsor @ Owego Apalachin	11:00 AM	2:00 PM	Owego Free Academy			Departure Point: HS Departure Date: Oct 22, 2022 Departure Time: 9:30 AM Return Date: Oct 22, 2022 Return Time: 2:00 PM	L
Nov 3, 2022	Thu	Regular Season (State Qualifier)	@ TBD	10:45 AM	2:00 PM	Chenango Valley State Park	Class Dismissal: 9:30 AM		Departure Point: HS Departure Date: Nov 3, 2022 Departure Time: 10:00 AM Return Date: Nov 3, 2022 Return Time: 2:15 PM	L
Nov 12, 2022	Sat	Post-Season (State Championships)	@ TBD	TBD		TBD			Departure Point: HS	NL

Date: 2024-07-15