



Lansing

(G) V Cross Country

Coaches:

- Mia Cote, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2024	Tue	Regular Season	Groton, Marathon, Odessa-Montour, Watkins Glen @ Trumansburg	5:00 PM		Football Practice Field		L
Sep 17, 2024	Tue	Regular Season	Candor (Candor), Tioga, Newark Valley @ Spencer-Van Etten (S-VE Panthers)	5:00 PM		Camp Badger - 725 Larue Rd Spencer NY 14883		L
Sep 21, 2024	Sat	Regular Season (Invitational)	@ Baldwinsville	TBD		Bville - Durgee Cross Country Trail		NL
Sep 28, 2024	Sat	Regular Season (Invitational)	@ McQuaid Jesuit	TBD		TBD		NL
Oct 8, 2024	Tue	Regular Season (IAC Divisional Championship)	Notre Dame, Elmira, Elmira Heights, Watkins Glen, Dryden, Trumansburg, Whitney Point @ Newark Valley	4:30 PM		Newark Valley High School		L
Oct 19, 2024	Sat	Regular Season (Invitational)	@ Marathon	TBD		TBD		NL

Date: 2024-08-17