



Lansing

(B) V Cross Country

Coaches:

- Mia Cote, Head Coach
- Teresa Garcia, Volunteer

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--|--|------------|----------|-------------------------------------|--------------------------------|---|---------------------|
| Sep 10, 2024 | Tue | Regular Season 0-0-0-0-0-5 W | Groton, Marathon, Odessa-Montour, Watkins Glen @ Trumansburg | 5:00 PM | | Football Practice Field | Bus/Driver: Trip #24027 | Departure Point: LHS Departure Time: 3:00 PM | L |
| Sep 11, 2024 | Wed | Practice (Team Pictures) | N/A | 3:00 PM | | TBD | | | |
| Sep 21, 2024 | Sat | Regular Season (Invitational) | @ TBD | TBD | | Bville - Durgee Cross Country Trail | Bus/Driver: Trip #24049 | Departure Point: LHS Departure Time: 7:00 AM | NL |
| Sep 25, 2024 | Wed | Regular Season | Elmira Heights, Notre Dame, Elmira, Moravia, Odessa-Montour, Whitney Point | 5:00 PM | | Lansing Varsity Field (Sobus) | | | L |
| Sep 28, 2024 | Sat | Regular Season (Invitational) | @ McQuaid Jesuit | TBD | | Genesee Valley Park | Bus/Driver: Trip #24066 | Departure Point: LHS Departure Time: 6:15 AM | NL |
| Oct 8, 2024 | Tue | Regular Season (IAC Divisional Championship) | Notre Dame, Elmira, Elmira Heights, Watkins Glen, Dryden, Trumansburg, Whitney Point @ Newark Valley | 4:30 PM | | Newark Valley High School | Bus/Driver: Trip #24094 | Departure Point: LHS Departure Time: 2:45 PM | L |
| Oct 19, 2024 | Sat | Regular Season (Invitational) | @ Marathon | TBD | | Appleby ES | | Departure Point: LHS Departure Time: 7:00 AM | NL |

Date: 2024-09-27