



Milford

(G) V Outdoor Track (Laurens/Milford)

Coaches:

- Omar Nelson

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE	LEAGUE
Mar 14, 2022	Mon	Practice	N/A	3:30 PM	5:00 PM	Laurens Central School		Departure Time: 3:10 PM Return Date: Return Time: 5:30 PM	
Mar 15, 2022	Tue	Practice	N/A	3:30 PM	5:00 PM	Laurens Central School		Departure Time: 3:10 PM Return Date: Return Time: 5:30 PM	
Mar 16, 2022	Wed	Practice	N/A	3:30 PM	5:00 PM	Milford School			
Mar 17, 2022	Thu	Practice	N/A	3:30 PM	5:00 PM	Milford School		Departure Time: 3:10 PM Return Date: Return Time: 5:30 PM	
Mar 21, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	Milford School			
Mar 22, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	Milford School			
Mar 22, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	Milford School			
Mar 23, 2022	Wed	Practice	N/A	3:30 PM	5:00 PM	Laurens Central School		Departure Time: 3:10 PM Return Date: Return Time: 5:30 PM	
Mar 23, 2022	Wed	Practice	N/A	3:30 PM	5:30 PM	Milford School			
Mar 24, 2022	Thu	Practice	N/A	3:30 PM	5:00 PM	Laurens Central School		Departure Time: 3:10 PM Return Date: Return Time: 5:30 PM	
Mar 29, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	Laurens Central School		Departure Time: 3:10 PM Return Date: Return Time: 5:45 PM	
Mar 30, 2022	Wed	Practice	N/A	3:30 PM	5:30 PM	Laurens Central School		Departure Time: 3:10 PM Return Date: Return Time: 5:30 PM	
Mar 31, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	Milford School			
Apr 4, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	Milford School			
Apr 5, 2022	Tue	Regular Season	Schenevus (Schenevus/Worcester), Cherry Valley-Springfield (CVS-SS), Richfield Springs (Richfield/ODY)	4:30 PM		Milford School			L
Apr 6, 2022	Wed	Practice	N/A	3:30 PM	5:30 PM	Milford School			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE	
Apr 7, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	Laurens Central School	Departure Time: 3:15 PM Return Date: Return Time: 5:30 PM		
Apr 8, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	Milford School			
Apr 18, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	Milford School			
CANCELLED Apr 19, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	Milford School			
Apr 21, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	Milford School			
Apr 22, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	Milford School			
Apr 23, 2022	Sat	Regular Season (Sidney Invitational)	@ TBD	10:00 AM		Sidney HS Track		NL	
Apr 25, 2022	Mon	Regular Season	Charlotte Valley, South Kortright, Andes, Stamford	4:30 PM		Milford School		L	
CANCELLED Apr 26, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	Milford School			
Apr 26, 2022	Tue	Regular Season	Cherry Valley-Springfield (CVS-SS), Richfield Springs (Richfield/ODY)	4:30 PM		Milford School		L	
Apr 27, 2022	Wed	Regular Season	Richfield Springs (Richfield/ODY), Stamford @ Morris (Morris/Edmeston)	4:30 PM		ECS Track	Bus/Driver: Milford	Departure Point: Gym Departure Time: 3:10 PM	L
CANCELLED Apr 28, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	Milford School			
Apr 29, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	Milford School			
May 2, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	Milford School			
May 3, 2022	Tue	Regular Season	Franklin, Schenevus (Schenevus/Worcester), Richfield Springs (Richfield/ODY), Charlotte Valley, South Kortright, Andes, Edmeston (Morris/Edmeston), Stamford @ Cherry Valley-Springfield (CVS-SS)	4:30 PM		Cherry Valley-Springfield School		L	
May 4, 2022	Wed	Practice	N/A	3:30 PM	5:30 PM	Milford School			
May 5, 2022	Thu	Regular Season	Schenevus (Schenevus/Worcester), Charlotte Valley, South Kortright, Andes, Franklin	4:30 PM		Milford School		L	
May 6, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	Milford School			
May 7, 2022	Sat	Regular Season (Cooperstown Invitational)	@ TBD	1:30 PM		Cooperstown M S / H S		NL	
May 9, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	Milford School			
May 10, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	Milford School			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 11, 2022	Wed	Regular Season (Harbaugh Invitational)	Unatego, Walton, Unadilla Valley (UV), Franklin, Deposit (Deposit-Hancock) @ Delaware Academy	4:00 PM		Track and Field Complex			NL
May 12, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	Milford School			
May 13, 2022	Fri	Regular Season (Oneonta Invitational)	@ TBD	4:00 PM		Oneonta High School			NL
May 16, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	Milford School			
May 17, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	Milford School			
May 18, 2022	Wed	Regular Season (Tri-Valley Championship)	Cherry Valley-Springfield (CVS-SS), Franklin, Schenevus (Schenevus/Worcester), Richfield Springs (Richfield/ODY), Charlotte Valley, Downsville (Walton/Downsville), South Kortright, Stamford @ Edmeston (Morris/Edmeston)	3:00 PM		Edmeston Central School	Class Dismissal: 1:00 PM	Departure Time: 1:20 PM	L
May 19, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	Milford School			
May 20, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	Milford School			
May 23, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	Milford School			
May 24, 2022	Tue	Regular Season (Class D Championships @Marathon)	@ TBD	2:00 PM		Marathon HS			L
May 24, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	Milford School			
May 26, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	Milford School			
May 27, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	Milford School			
May 31, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	Milford School			
Jun 1, 2022	Wed	Regular Season (State Quals Day 1)	@ TBD	TBD		TBD			NL
Jun 2, 2022	Thu	Post-Season (State Quals Day 2)	@ TBD	TBD		TBD			NL
Jun 11, 2022	Sat	Post-Season (State Championship Day 2)	@ TBD	10:00 AM		CNS HS-Bragman Stadium			NL

Date: 2024-11-22