RIVER HAWKS ATHLETICS

## Owego Apalachin (B) 7/8TH Swimming/Diving

## Coaches:

• Erika Kalgren

| DATE                     | WEEK<br>DAY | ТҮРЕ              | OPPONENTS                   | START<br>TIME | END<br>TIME | LOCATION  | TRANSPORTATION             | LEAGUE /<br>NON-<br>LEAGUE |
|--------------------------|-------------|-------------------|-----------------------------|---------------|-------------|-----------|----------------------------|----------------------------|
| Nov 28, 2022             | Mon         | Practice          | N/A                         | 4:00<br>PM    | 5:30<br>PM  | TBD       |                            |                            |
| Nov 29, 2022             | Tue         | Practice          | N/A                         | 4:00<br>PM    | 5:30<br>PM  | TBD       |                            |                            |
| Nov 30, 2022             | Wed         | Practice          | N/A                         | 4:00<br>PM    | 5:30<br>PM  | TBD       |                            |                            |
| Dec 1, 2022              | Thu         | Practice          | N/A                         | 4:00<br>PM    | 5:30<br>PM  | TBD       |                            |                            |
| Dec 2, 2022              | Fri         | Practice          | N/A                         | 4:00<br>PM    | 5:30<br>PM  | TBD       |                            |                            |
| Dec 5, 2022              | Mon         | Practice          | N/A                         | 4:00<br>PM    | 5:30<br>PM  | TBD       |                            |                            |
| Dec 7, 2022              | Wed         | Practice          | N/A                         | 4:00<br>PM    | 5:30<br>PM  | TBD       |                            |                            |
| Dec 9, 2022              | Fri         | Practice          | N/A                         | 4:00<br>PM    | 5:30<br>PM  | TBD       |                            |                            |
| Dec 12, 2022             | Mon         | Practice          | N/A                         | 4:00<br>PM    | 5:30<br>PM  | TBD       |                            |                            |
| Dec 14, 2022             | Wed         | Practice          | N/A                         | 4:00<br>PM    | 5:30<br>PM  | TBD       |                            |                            |
| Dec 16, 2022             | Fri         | Practice          | N/A                         | 4:00<br>PM    | 5:30<br>PM  | TBD       |                            |                            |
| Dec 19, 2022             | Mon         | Practice          | N/A                         | 4:00<br>PM    | 5:30<br>PM  | TBD       |                            |                            |
| Dec 21, 2022             | Wed         | Regular<br>Season | Elmira @ Union-<br>Endicott | 5:30<br>PM    | 7:00<br>PM  | UEHS Pool | Departure Time:<br>4:00 PM | L                          |
| Dec 22, 2022             | Thu         | Practice          | N/A                         | 4:00<br>PM    | 5:30<br>PM  | TBD       |                            |                            |
| Dec 23, 2022             | Fri         | Practice          | N/A                         | 4:00<br>PM    | 5:30<br>PM  | TBD       |                            |                            |
| CANCELLED Jan<br>2, 2023 | Mon         | Practice          | N/A                         | 4:00<br>PM    | 5:30<br>PM  | TBD       |                            |                            |
| Jan 4, 2023              | Wed         | Practice          | N/A                         | 4:00<br>PM    | 5:30<br>PM  | TBD       |                            |                            |
| Jan 5, 2023              | Thu         | Regular<br>Season | Horseheads, Vestal          | 5:30<br>PM    | 7:00<br>PM  | OFA Pool  |                            | L                          |
| Jan 6, 2023              | Fri         | Practice          | N/A                         | 4:00<br>PM    | 5:30<br>PM  | TBD       |                            |                            |
| Jan 9, 2023              | Mon         | Practice          | N/A                         | 4:00<br>PM    | 5:30<br>PM  | TBD       |                            |                            |
| Jan 9, 2023              | Mon         | Regular<br>Season | Vestal @ Elmira             | 6:00<br>PM    | 7:00<br>PM  | EDA Pool  | Departure Time:<br>4:00 PM | L                          |
| Jan 11, 2023             | Wed         | Practice          | N/A                         | 4:00<br>PM    | 5:30<br>PM  | TBD       |                            |                            |
| Jan 13, 2023             | Fri         | Practice          | N/A                         | 4:00<br>PM    | 5:30<br>PM  | TBD       |                            |                            |
| Jan 16, 2023             | Mon         | Practice          | N/A                         | 4:00<br>PM    | 5:30<br>PM  | TBD       |                            |                            |
| Jan 17, 2023             | Tue         | Practice          | N/A                         | 4:00<br>PM    | 5:30<br>PM  | TBD       |                            |                            |
| Jan 19, 2023             | Thu         | Regular<br>Season | Johnson City, Vestal        | 5:30<br>PM    | 7:00<br>PM  | OFA Pool  |                            | L                          |
|                          |             |                   |                             |               |             |           |                            |                            |

| DATE         | WEEK<br>DAY | ТҮРЕ              | OPPONENTS                              | START<br>TIME | END<br>TIME | LOCATION                 | TRANSPORTATION             | LEAGUE /<br>NON-<br>LEAGUE |
|--------------|-------------|-------------------|--|---------------|-------------|--------------------------|----------------------------|----------------------------|
| Jan 20, 2023 | Fri         | Practice          | N/A                                    | 4:00<br>PM    | 5:30<br>PM  | TBD                      |                            |                            |
| Jan 23, 2023 | Mon         | Practice          | N/A                                    | 4:00<br>PM    | 5:30<br>PM  | TBD                      |                            |                            |
| Jan 24, 2023 | Tue         | Practice          | N/A                                    | 4:00<br>PM    | 5:30<br>PM  | TBD                      |                            |                            |
| Jan 25, 2023 | Wed         | Practice          | N/A                                    | 4:00<br>PM    | 5:30<br>PM  | TBD                      |                            |                            |
| Jan 27, 2023 | Fri         | Regular<br>Season | @ Maine-Endwell                        | 5:30<br>PM    | 7:00<br>PM  | Maine-Endwell<br>HS Pool | Departure Time:<br>4:00 PM | L                          |
| Feb 1, 2023  | Wed         | Regular<br>Season | Corning-Painted Post<br>@ Johnson City | 5:30<br>PM    | 7:00<br>PM  | JC HS Pool               | Departure Time:<br>4:00 PM | L                          |

Date: 2024-07-13