



Southern Cayuga (G) V Cross Country

Coaches:

- Brett Jillson

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2024	Tue	Regular Season	Notre Dame, Elmira, Newark Valley, Spencer-Van Etten (S-VE Panthers), Tioga @ Candor (Candor)	5:00 PM		TBD	Departure Time: 3:00 PM	L
Sep 17, 2024	Tue	Regular Season	Marathon, Moravia, Trumansburg, Whitney Point @ Groton	5:00 PM		Stonehedges Golf Course - Cross Country & Golf	Departure Time: 3:30 PM	L
Sep 21, 2024	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	TBD		TBD		L
Sep 28, 2024	Sat	Regular Season (McQuaid Invitational @ Genesee Valley Park, Rochester)	@ TBD	TBD		TBD		L
Oct 1, 2024	Tue	Regular Season (Watkins Glen Mid Season Free Meet)	@ TBD	TBD		TBD		L
Oct 8, 2024	Tue	Regular Season (IAC small school championship)	Marathon, Moravia, Spencer-Van Etten (S-VE Panthers), Candor (Candor), Tioga, Odessa-Montour @ Groton	4:30 PM		Stonehedges Golf Course - Cross Country & Golf	Departure Time: 3:00 PM	L
Oct 12, 2024	Sat	Regular Season (Norwich High School; Tornado 5000 Invite)	@ TBD	TBD		TBD		L
Oct 22, 2024	Tue	Regular Season (Whitney Point Invitational)	@ TBD	TBD		TBD		L
Oct 30, 2024	Wed	Regular Season (IAC Championships @ Marathon's Appleby Elementary School)	@ TBD	4:00 PM		TBD	Departure Time: 2:15 PM	L
Nov 7, 2024	Thu	Post-Season (SEC IV Champs @ Chenango Valley State Park)	@ TBD	TBD		TBD		L
Nov 16, 2024	Sat	Post-Season (NYS Champs @ Queensbury High School)	@ TBD	TBD		TBD		NL
Nov 23, 2024	Sat	Post-Season (Federation Meet @ Bowdoin State Park, Whappingers Falls)	@ TBD	TBD		TBD		NL

Date: 2024-07-19