

## Union-Endicott (G) V Swimming/Diving

## Coaches:

- Doug Peters, Head Coach
- Jessie Daglio, Asst Coach
- Sara Rostedt, Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LEAGUE LOCATION DEPARTURE TRANSPORTATION / NON- LEAGUE
Aug 12, 2024	Mon	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am - 1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool
Aug 13, 2024	Tue	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am - 1pm))	N/A	8:00 AM		UEHS Pool
Aug 13, 2024	Tue	Practice (Dive Practice)	N/A	3:45 PM	5:30 PM	UEHS Pool
Aug 14, 2024	Wed	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am - 1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool
Aug 14, 2024	Wed	Practice (Dive Practice)	N/A	1:00 PM	3:00 PM	UEHS Pool
Aug 15, 2024	Thu	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am - 1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool
Aug 15, 2024	Thu	Practice (Dive Practice)	N/A	1:00 PM	3:00 PM	UEHS Pool
Aug 16, 2024	Fri	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am - 1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool
Aug 17, 2024	Sat	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am - 1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool
Aug 19, 2024	Mon	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am - 1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool
Aug 19, 2024	Mon	Practice (Dive Practice)	N/A	1:00 PM	3:00 PM	UEHS Pool
Aug 20, 2024	Tue	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am - 1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool
Aug 20, 2024	Tue	Practice (Dive Practice)	N/A	1:00 PM		UEHS Pool
Aug 21, 2024	Wed	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am - 1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool
Aug 21, 2024	Wed	Practice (Dive Practice)	N/A	1:00 PM	3:00 PM	UEHS Pool

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LEAGUE LOCATION DEPARTURE TRANSPORTATION / NON- LEAGUE
Aug 22, 2024	Thu	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am - 1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool
Aug 22, 2024	Thu	Practice (Dive Practice)	N/A	1:00 PM	3:00 PM	UEHS Pool
Aug 23, 2024	Fri	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am - 1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool
Aug 23, 2024	Fri	Practice (Dive Practice)	N/A	1:00 PM	3:00 PM	UEHS Pool
Aug 26, 2024	Mon	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am - 1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool
Aug 26, 2024	Mon	Practice (Mandatory Swim/Dive/Parent Meeting)	N/A	7:00 PM	8:00 PM	UEHS Pool
Aug 27, 2024	Tue	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am - 1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool
Aug 28, 2024	Wed	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am - 1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool
Aug 29, 2024	Thu	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am - 1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool
Aug 30, 2024	Fri	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am - 1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool
Aug 31, 2024	Sat	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am - 1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool
Sep 2, 2024	Mon	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am - 1pm))	N/A	8:00 AM	1:00 PM	UEHS Pool
Sep 3, 2024	Tue	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool
Sep 4, 2024	Wed	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 5, 2024	Thu	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool			
Sep 5, 2024	Thu	Regular Season	Vestal	5:30 PM		UEHS Pool			L
Sep 6, 2024	Fri	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM	8:00 PM	UEHS Pool			
Sep 7, 2024	Sat	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am - 1pm))	N/A	8:00 AM		UEHS Pool			
Sep 9, 2024	Mon	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool			
Sep 10, 2024	Tue	Regular Season	@ Elmira	5:30 PM	8:00 PM	EDA Pool	Bus/Driver: DB1 Class Dismissal: 3:00 PM	Departure Point: UEHS Upper Parking Lot Departure Time: 3:15 PM Return Date: Return Time: 8:30 PM	L
Sep 11, 2024	Wed	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM	8:00 PM	UEHS Pool			
Sep 12, 2024	Thu	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool			
Sep 13, 2024	Fri	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM	8:00 PM	UEHS Pool			
Sep 14, 2024	Sat	Regular Season (Wildcats JC Relay Invitational )	@ TBD	TBD		JC HS Pool	<b>Bus/Driver:</b> DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 7:30 AM Return Date: Return Time: 11:00 AM	NL
Sep 16, 2024	Mon	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool			
Sep 17, 2024	Tue	Regular Season	Horseheads	5:30 PM		UEHS Pool			L
Sep 18, 2024	Wed	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool			

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Sep 19, 2024	Thu	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool			
Sep 20, 2024	Fri	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool			
Sep 21, 2024	Sat	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am - 1pm))	N/A	8:00 AM		UEHS Pool			
Sep 23, 2024	Mon	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool			
Sep 24, 2024	Tue	Regular Season	@ Corning- Painted Post		8:00 PM	C P P High School	Bus/Driver: DB1 Class Dismissal: 2:30 PM	Departure Point: UEHS Upper Parking Lot Departure Time: 2:45 PM Return Date: Return Time: 9:00 PM	L
Sep 25, 2024	Wed	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM	8:00 PM	UEHS Pool			
Sep 26, 2024	Thu	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM	8:00 PM	UEHS Pool			
Sep 27, 2024	Fri	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool			
Sep 28, 2024	Sat	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am - 1pm))	N/A	8:00 AM		UEHS Pool			
Sep 28, 2024	Sat	Regular Season (ME Swim & Dive Invitational)	@ TBD	8:00 AM		Maine- Endwell HS Pool			NL
Sep 30, 2024	Mon	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool			
Oct 1, 2024	Tue	Regular Season	Binghamton	5:30 PM		UEHS Pool			L
Oct 2, 2024	Wed	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 3, 2024	Thu	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool			
Oct 4, 2024	Fri	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool			
Oct 5, 2024	Sat	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am - 1pm))	N/A	8:00 AM		UEHS Pool			
Oct 7, 2024	Mon	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM	8:00 PM	UEHS Pool			
Oct 8, 2024	Tue	Regular Season	@ Ithaca	5:30 PM		IHS Pool (C150)	Bus/Driver: DB1 Class Dismissal: 3:00 PM	Departure Point: UEHS Upper Parking Lot Departure Time: 3:15 PM Return Date: Return Time: 8:15 PM	L
Oct 9, 2024	Wed	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM	8:00 PM	UEHS Pool			
Oct 10, 2024	Thu	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM	8:00 PM	UEHS Pool			
Oct 11, 2024	Fri	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool			
Oct 11, 2024	Fri	Regular Season (Elmira Invitational - Diving)	@ TBD	TBD		EDA Pool	Bus/Driver: DB1 Class Dismissal: 1:45 PM	Departure Point: UEHS Upper Parking Lot Departure Time: 2:00 PM Return Date: Return Time: 9:00 PM	NL
Oct 12, 2024	Sat	Regular Season (Elmira Invitational - Swimmers)	@ TBD	TBD		EDA Pool	<b>Bus/Driver:</b> DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 7:15 AM Return Date: Return Time: 5:00 PM	NL
Oct 15, 2024	Tue	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool			

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Oct 16, 2024	Wed	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM	8:00 PM	UEHS Pool			
Oct 17, 2024	Thu	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool			
Oct 18, 2024	Fri	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM	8:00 PM	UEHS Pool			
Oct 19, 2024	Sat	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am - 1pm))	N/A	8:00 AM		UEHS Pool			
Oct 21, 2024	Mon	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool			
Oct 22, 2024	Tue	Regular Season	@ Maine- Endwell	5:30 PM	8:00 PM	Maine- Endwell HS Pool	<b>Bus/Driver:</b> DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 4:00 PM Return Date: Return Time: 8:00 PM	L
Oct 23, 2024	Wed	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool			
Oct 24, 2024	Thu	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool			
Oct 25, 2024	Fri	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool			
Oct 25, 2024	Fri	Regular Season	Johnson City	5:30 PM		UEHS Pool			L
Oct 26, 2024	Sat	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am - 1pm))	N/A	8:00 AM		UEHS Pool			
Oct 28, 2024	Mon	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool			
Oct 30, 2024	Wed	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 31, 2024	Thu	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool	
Nov 1, 2024	Fri	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool	
Nov 2, 2024	Sat	Practice (Swim & Dive Practice (Swim 8-10:30am; Dive 11:15am - 1pm))	N/A	8:00 AM		UEHS Pool	
Nov 4, 2024	Mon	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool	
Nov 5, 2024	Tue	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool	
Nov 6, 2024	Wed	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool	
Nov 7, 2024	Thu	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool	
Nov 8, 2024	Fri	Practice (Swim & Dive Practice (Swim 3:45- 6:15pm; Dive 6:15- 8pm))	N/A	3:45 PM		UEHS Pool	

Date: 2024-08-22