

Coaches:

- Doug Peters, Head Coach
- Jessie Daglio, Asst Coach
- Sara Rostedt, Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE DEPARTURE TRANSPORTATION / NON- LEAGUE
Aug 12, 2019	Mon	Practice (Girls Varsity Diving Practice)	N/A	2:00 PM	3:00 PM	UEHS Pool	
Aug 12, 2019	Mon	Practice (Girls Varsity Swimming Practice)	N/A	3:00 PM	4:00 PM	UEHS Pool	
Aug 13, 2019	Tue	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	9:00 AM	UEHS Pool	
Aug 13, 2019	Tue	Practice (Girls Varsity Diving Practice)	N/A	3:00 PM	4:00 PM	UEHS Pool	
Aug 14, 2019	Wed	Practice (Girls Varsity Swimming Practice)	N/A	3:00 PM	4:00 PM	UEHS Pool	
Aug 14, 2019	Wed	Practice (Girls Varsity Diving Practice)	N/A	3:00 PM	4:00 PM	UEHS Pool	
Aug 15, 2019	Thu	Practice (Girls Varsity Diving Practice)	N/A	2:00 PM	3:00 PM	UEHS Pool	
Aug 15, 2019	Thu	Practice (Girls Varsity Swimming Practice)	N/A	3:00 PM	4:00 PM	UEHS Pool	
Aug 16, 2019	Fri	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:00 AM	UEHS Pool	
Aug 16, 2019	Fri	Practice (Girls Varsity Diving Practice)	N/A	11:00 AM	12:00 PM	UEHS Pool	
Aug 19, 2019	Mon	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool	
Aug 19, 2019	Mon	Practice (Girls Varsity Diving Practice)	N/A	11:00 AM	1:05 PM	UEHS Pool	
Aug 20, 2019	Tue	Practice	N/A	4:00 PM	6:30 PM	UEHS Pool	
Aug 20, 2019	Tue	Practice (Girls Varsity Diving Practice)	N/A	6:30 PM	8:30 PM	UEHS Pool	
Aug 21, 2019	Wed	Practice	N/A	4:00 PM	6:30 PM	UEHS Pool	
Aug 21, 2019	Wed	Practice (Girls Varsity Diving Practice)	N/A	6:30 PM	8:30 PM	UEHS Pool	
Aug 22, 2019	Thu	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LEAGUE LOCATION DEPARTURE TRANSPORTATION / NON- LEAGUE
Aug 22, 2019	Thu	Practice (Girls Varsity Diving Practice)	N/A	3:30 PM	5:30 PM	UEHS Pool
Aug 23, 2019	Fri	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool
Aug 23, 2019	Fri	Practice (Girls Varsity Swimming Practice)	N/A	2:30 PM	4:30 PM	UEHS Pool
Aug 24, 2019	Sat	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool
Aug 24, 2019	Sat	Practice (Girls Varsity Diving Practice)	N/A	11:00 AM	1:00 PM	UEHS Pool
Aug 26, 2019	Mon	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool
Aug 26, 2019	Mon	Practice (Girls Varsity Swimming Practice)	N/A	11:00 AM	1:00 PM	UEHS Pool
Aug 27, 2019	Tue	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool
Aug 27, 2019	Tue	Practice (Girls Varsity Swimming Practice)	N/A	11:00 AM	1:00 PM	UEHS Pool
Aug 28, 2019	Wed	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool
Aug 28, 2019	Wed	Practice (Girls Varsity Swimming Practice)	N/A	11:00 AM	1:00 PM	UEHS Pool
Aug 29, 2019	Thu	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool
Aug 29, 2019	Thu	Practice (Girls Varsity Swimming Practice)	N/A	11:00 AM	1:00 PM	UEHS Pool
Aug 30, 2019	Fri	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool
Aug 30, 2019	Fri	Practice (Girls Varsity Diving Practice)	N/A	10:30 AM	12:30 PM	UEHS Pool
Sep 3, 2019	Tue	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	E TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 3, 2019	Tue	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool			
Sep 4, 2019	Wed	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Sep 4, 2019	Wed	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool			
Sep 5, 2019	Thu	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Sep 5, 2019	Thu	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool			
Sep 6, 2019	Fri	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Sep 6, 2019	Fri	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool			
Sep 7, 2019	Sat	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool			
Sep 7, 2019	Sat	Practice (Girls Varsity Diving Practice)	N/A	10:00 AM	12:00 PM	UEHS Pool			
Sep 9, 2019	Mon	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Sep 9, 2019	Mon	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool			
Sep 10, 2019	Tue	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Sep 10, 2019	Tue	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool			
Sep 11, 2019	Wed	Regular Season 74-97 L	@ Owego Apalachin	4:30 PM	7:30 PM	OFA Pool	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 3:30 PM Return Date: Return Time: 7:00 PM	L
Sep 12, 2019	Thu	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Sep 12, 2019	Thu	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 13, 2019	Fri	Meet (Waverly Invitational - Diving Only)	Vs. Multiple	3:30 PM		Waverly High School Pool	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 2:30 PM Return Date: Return Time: 9:00 PM	NL
Sep 13, 2019	Fri	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Sep 14, 2019	Sat	Practice (Girls Varsity Diving Practice)	N/A	10:00 AM	12:00 PM	UEHS Pool			
Sep 14, 2019	Sat	Meet (Waverly Invitational - Swimming Only)	Vs. Multiple	10:00 AM		Waverly High School Pool	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 8:00 AM Return Date: Return Time: 3:00 PM	NL
Sep 16, 2019	Mon	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Sep 16, 2019	Mon	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool			
Sep 17, 2019	Tue	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Sep 17, 2019	Tue	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool			
Sep 18, 2019	Wed	Regular Season 57-44 W	Johnson City	5:30 PM	7:30 PM	UEHS Pool			L
Sep 19, 2019	Thu	Practice (Girls Varsity Swimming Practice)	N/A	6:30 PM		UEHS Pool			
Sep 20, 2019	Fri	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Sep 21, 2019	Sat	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool			
Sep 21, 2019	Sat	Practice (Girls Varsity Diving Practice)	N/A	10:00 AM	12:00 PM	UEHS Pool			
Sep 23, 2019	Mon	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool			
Sep 23, 2019	Mon	Practice (Girls Varsity Swimming Practice)	N/A	6:30 PM	8:30 PM	UEHS Pool			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 24, 2019	Tue	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Sep 24, 2019	Tue	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool			
Sep 25, 2019	Wed	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Sep 25, 2019	Wed	Regular Season 29-72 L	Corning- Painted Post	5:30 PM	7:30 PM	UEHS Pool			L
Sep 25, 2019	Wed	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool			
Sep 26, 2019	Thu	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Sep 26, 2019	Thu	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool			
Sep 27, 2019	Fri	Practice	N/A	3:45 PM	8:00 PM	UEHS Pool			
Sep 28, 2019	Sat	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool			
Sep 28, 2019	Sat	Practice (Girls Varsity Diving Practice)	N/A	10:00 AM	12:00 PM	UEHS Pool			
Sep 30, 2019	Mon	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Sep 30, 2019	Mon	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool			
Oct 1, 2019	Tue	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 1, 2019	Tue	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool			
Oct 2, 2019	Wed	Regular Season (Senior Night) 41-56 L	Maine-Endwell	5:30 PM	7:30 PM	UEHS Pool			L
Oct 3, 2019	Thu	Practice (Girls Varsity Swimming Practice)	N/A	6:30 PM		UEHS Pool			
Oct 4, 2019	Fri	Regular Season 59-122 L	@ Vestal	5:30 PM	7:30 PM	Vestal High School Baseball Field	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 3:45 PM Return Date: Return Time: 7:00 PM	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 5, 2019	Sat	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool			
Oct 5, 2019	Sat	Practice (Girls Varsity Diving Practice)	N/A	10:00 AM	12:00 PM	UEHS Pool			
Oct 7, 2019	Mon	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 7, 2019	Mon	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool			
Oct 8, 2019	Tue	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 8, 2019	Tue	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool			
Oct 9, 2019	Wed	Regular Season (meet) 62-103 L	@ Chenango Valley (Chenango Valley)	5:30 PM	7:00 PM	CV - HS Pool	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 3:30 PM Return Date: Return Time: 7:00 PM	NL
Oct 10, 2019	Thu	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 10, 2019	Thu	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool			
Oct 11, 2019	Fri	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 11, 2019	Fri	Meet (Dr Jack Thomas Girls Swimming & Diving Invitational - Diving Only)	Vs. Multiple	4:00 PM	9:00 PM	EDA Pool	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 2:45 PM Return Date: Return Time: 9:00 PM	NL
Oct 12, 2019	Sat	Meet (Dr Jack Thomas Girls Swimming & Diving Invitational - Swimming Only)	Vs. Multiple	9:00 AM	12:00 PM	EDA Pool	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 7:30 AM Return Date: Return Time: 12:00 PM	NL
Oct 15, 2019	Tue	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 15, 2019	Tue	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 16, 2019	Wed	Regular Season 45-56 L	Binghamton	5:30 PM	7:00 PM	UEHS Pool			NL
Oct 17, 2019	Thu	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 17, 2019	Thu	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool			
Oct 18, 2019	Fri	Regular Season (Senior Recognition) 68-112 L	@ Elmira	5:30 PM		EDA Pool	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 3:00 PM Return Date: Return Time: 7:00 PM	L
Oct 19, 2019	Sat	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool			
Oct 19, 2019	Sat	Meet (Jack Mathers Memorial Diving Invitational)	Vs. Multiple	9:15 AM		HHS High School Pool			NL
Oct 19, 2019	Sat	Practice (Girls Varsity Diving Practice)	N/A	10:00 AM	12:00 PM	UEHS Pool			
Oct 21, 2019	Mon	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 21, 2019	Mon	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool			
Oct 22, 2019	Tue	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 22, 2019	Tue	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool			
Oct 23, 2019	Wed	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 23, 2019	Wed	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool			
Oct 24, 2019	Thu	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool			
Oct 24, 2019	Thu	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool			
Oct 25, 2019	Fri	Regular Season (Senior Night) 99-79 W	@ Susquehanna Valley	5:30 PM	7:00 PM	SVHS Pool	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 3:30 PM Return Date: Return Time: 7:00 PM	NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LEAGUE LOCATION DEPARTURE TRANSPORTATION / NON- LEAGUE
Oct 26, 2019	Sat	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool
Oct 26, 2019	Sat	Practice (Girls Varsity Diving Practice)	N/A	10:00 AM	12:00 PM	UEHS Pool
Oct 28, 2019	Mon	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool
Oct 28, 2019	Mon	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool
Oct 29, 2019	Tue	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool
Oct 29, 2019	Tue	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool
Oct 30, 2019	Wed	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool
Oct 30, 2019	Wed	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool
Oct 31, 2019	Thu	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool
Oct 31, 2019	Thu	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool
Nov 1, 2019	Fri	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool
Nov 1, 2019	Fri	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool
Nov 2, 2019	Sat	Practice (Girls Varsity Swimming Practice)	N/A	8:00 AM	10:30 AM	UEHS Pool
Nov 2, 2019	Sat	Practice (Girls Varsity Diving Practice)	N/A	10:00 AM	12:00 PM	UEHS Pool
Nov 4, 2019	Mon	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool
Nov 4, 2019	Mon	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool
Nov 5, 2019	Tue	Practice (Girls Varsity Swimming Practice)	N/A	3:45 PM	6:15 PM	UEHS Pool
Nov 5, 2019	Tue	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 6, 2019	Wed	Meet (Sectional Prelims - Swim Only)	Vs. Multiple	4:30 PM	9:00 PM	EDA Pool	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 1:30 PM Return Date: Return Time: 9:00 PM	NL
Nov 6, 2019	Wed	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool			
Nov 7, 2019	Thu	Practice (Girls Varsity Swimming Practice)	N/A	6:00 AM	7:30 AM	UEHS Pool			
Nov 7, 2019	Thu	Practice (Girls Varsity Diving Practice)	N/A	6:00 PM	8:00 PM	UEHS Pool			
Nov 8, 2019	Fri	Practice (Girls Varsity Swimming Practice)	N/A	6:30 AM	7:30 AM	UEHS Pool			
Nov 8, 2019	Fri	Meet (Sectional Diving Prelims & Finals)	Vs. Multiple	3:30 PM		Maine- Endwell HS Pool	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 1:30 PM	NL
Nov 9, 2019	Sat	Post-Season (Class A - Section IV Championships (Warm ups at 9 AM))	Ithaca, Binghamton, Corning- Painted Post, Horseheads, Elmira @ Watkins Glen (Storm)	10:00 AM		W G Pool	Bus/Driver: DB1	Departure Point: UEHS Upper Parking Lot Departure Time: 7:00 AM Return Date: Return Time: 3:00 PM	NL

Date: 2024-07-23