Coaches:



• Tom Mitchell

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 6, 2017	Mon	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Nov 7, 2017	Tue	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Nov 8, 2017	Wed	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Nov 9, 2017	Thu	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Nov 13, 2017	Mon	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Nov 14, 2017	Tue	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Nov 15, 2017	Wed	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Nov 16, 2017	Thu	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Nov 17, 2017	Fri	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Nov 20, 2017	Mon	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Nov 21, 2017	Tue	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Nov 22, 2017	Wed	Practice (Indoor Track & Field)	N/A	TBD		TBD			
Nov 25, 2017	Sat	Meet (Large School Invite)	Vs. Multiple	2:00 PM	6:00 PM	SUNY Cortland	Bus/Driver: DB3	Departure Point: JFS Bus Loop Departure Time: 12:00 PM Return Date: Return Time: 6:00 PM	NL
Nov 27, 2017	Mon	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Nov 28, 2017	Tue	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Nov 29, 2017	Wed	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Nov 30, 2017	Thu	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Dec 1, 2017	Fri	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Dec 4, 2017	Mon	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Dec 5, 2017	Tue	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
	\A/l	Practice (Indoor	N/A	3:30 PM	5:30 PM	TBD			
Dec 6, 2017	Wed	Track & Field)							
·	Thu	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Dec 7, 2017		Practice (Indoor	N/A N/A			TBD TBD			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 9, 2017	Sat	Meet (Ithaca Bombers)	Vs. Multiple	10:00 AM	5:00 PM	Ithaca College	Bus/Driver: DB3	Departure Point: JFS Bus Loop Departure Time: 7:00 AM Return Date: Return Time: 5:00 PM	NL
Dec 11, 2017	Mon	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Dec 12, 2017	Tue	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Dec 13, 2017	Wed	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Dec 14, 2017	Thu	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Dec 15, 2017	Fri	Meet (607 Invite)	Vs. Multiple	5:00 PM	11:00 PM	Ithaca College	Bus/Driver: DB3	Departure Point: JFS Bus Loop Departure Time: 3:00 PM Return Date: Return Time: 11:00 PM	NL
Dec 18, 2017	Mon	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Dec 19, 2017	Tue	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Dec 20, 2017	Wed	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Dec 21, 2017	Thu	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Dec 22, 2017	Fri	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Dec 26, 2017	Tue	Practice (Practice(indoor Track & Field))	N/A	10:00 AM	12:00 PM	TBD			
Dec 28, 2017	Thu	Meet (9/10/11/12 Invite)	Vs. Multiple	9:00 AM	2:00 PM	SUNY Cortland	Bus/Driver: DB 2	Departure Point: JFS Bus Loop Departure Time: 7:00 AM Return Date: Return Time: 2:00 PM	NL
Jan 2, 2018	Tue	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Jan 3, 2018	Wed	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Jan 4, 2018	Thu	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Jan 5, 2018	Fri	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Jan 8, 2018	Mon	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Jan 9, 2018	Tue	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Jan 10, 2018	Wed	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Jan 11, 2018	Thu	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Jan 12, 2018	Fri	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 13, 2018	Sat	Meet (Quinney Invite)	Vs. Multiple	10:00 AM	5:00 PM	Cornell University	Bus/Driver: DB2	Departure Point: JFS Bus Loop Departure Time: 8:00 AM Return Date: Return Time: 5:00 PM	NL
Jan 16, 2018	Tue	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Jan 17, 2018	Wed	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Jan 18, 2018	Thu	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Jan 19, 2018	Fri	Meet (Hurley Invite)	Vs. Multiple	5:00 PM	11:00 PM	Ithaca College	Bus/Driver: DB2	Departure Point: UEHS Upper Parking Lot Departure Time: 3:00 PM Return Date: Return Time: 11:00 PM	NL
Jan 22, 2018	Mon	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Jan 23, 2018	Tue	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Jan 24, 2018	Wed	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Jan 25, 2018	Thu	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Jan 26, 2018	Fri	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Jan 29, 2018	Mon	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Jan 30, 2018	Tue	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Jan 31, 2018	Wed	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Feb 1, 2018	Thu	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Feb 2, 2018	Fri	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Feb 3, 2018	Sat	Meet (Sectionals)	Vs. Multiple	9:00 AM	5:00 PM	Cornell University	Bus/Driver: DB 2	Departure Point: JFS Bus Loop Departure Time: 7:00 AM Return Date: Return Time: 5:00 PM	NL
Feb 5, 2018	Mon	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Feb 6, 2018	Tue	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Feb 7, 2018	Wed	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Feb 8, 2018	Thu	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Feb 9, 2018	Fri	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Feb 12, 2018	Mon	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 13, 2018	Tue	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Feb 14, 2018	Wed	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Feb 15, 2018	Thu	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Feb 20, 2018	Tue	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Feb 21, 2018	Wed	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Feb 22, 2018	Thu	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Feb 23, 2018	Fri	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Feb 24, 2018	Sat	Meet (State Qualifier)	Vs. Multiple	9:00 AM	5:00 PM	Cornell University	Bus/Driver: DB1	Departure Point: JFS Bus Loop Departure Time: 7:00 AM Return Date: Return Time: 5:00 AM	NL
Feb 26, 2018	Mon	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Feb 27, 2018	Tue	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Feb 28, 2018	Wed	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Mar 1, 2018	Thu	Practice (Indoor Track & Field)	N/A	3:30 PM	5:30 PM	TBD			
Mar 2, 2018	Fri	Post-Season	TBD	3:00 PM		Ocean Breeze Track & Field Facility	Bus/Driver: Charter	Departure Point: Vestal HS Departure Time: 8:30 AM	NL
Mar 3, 2018	Sat	Post-Season	TBD	7:30 AM	5:00 PM	Ocean Breeze Track & Field Facility	Bus/Driver: Charter	Departure Point: Vestal HS Return Date: Return Time: 5:00 PM	NL

Date: 2024-10-06