

## Coaches:

- JJ Stanbro
- Corey MunnMichael Carr

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE DEPARTURE TRANSPORTATION / NON- LEAGUE
Nov 19, 2018	Mon	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym	
Nov 20, 2018	Tue	Practice	N/A	4:00 PM	6:00 PM	Jennie F Snapp MS Small Gym	
Nov 21, 2018	Wed	Practice	N/A	10:30 AM	12:00 PM	UEHS Frank Sorochinsky Wrestling Room	
Nov 21, 2018	Wed	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym	
Nov 23, 2018	Fri	Practice	N/A	10:30 AM	12:00 PM	UEHS Frank Sorochinsky Wrestling Room	
Nov 26, 2018	Mon	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym	
Nov 27, 2018	Tue	Practice	N/A	4:00 PM	6:00 PM	Jennie F Snapp MS Small Gym	
Nov 28, 2018	Wed	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym	
Nov 29, 2018	Thu	Practice	N/A	4:00 PM	6:00 PM	Jennie F Snapp MS Small Gym	
Nov 30, 2018	Fri	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym	
Dec 3, 2018	Mon	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym	
Dec 4, 2018	Tue	Practice	N/A	4:00 PM	6:00 PM	Jennie F Snapp MS Small Gym	
Dec 5, 2018	Wed	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym	
Dec 6, 2018	Thu	Practice	N/A	4:00 PM	6:00 PM	Jennie F Snapp MS Small Gym	
Dec 7, 2018	Fri	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym	
Dec 10, 2018	Mon	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym	
Dec 10, 2018	Mon	Regular Season	Maine-Endwell, Ithaca, Norwich, Elmira, Vestal	5:00 PM	7:30 PM	Jennie F Snapp MS Main Gym	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 11, 2018	Tue	Practice	N/A	4:00 PM	6:00 PM	Jennie F Snapp MS Small Gym			
Dec 12, 2018	Wed	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym			
Dec 13, 2018	Thu	Practice	N/A	4:00 PM	6:00 PM	Jennie F Snapp MS Small Gym			
Dec 14, 2018	Fri	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym			
Dec 15, 2018	Sat	Regular Season (Modified Wrestling meet)	Horseheads, Norwich, Johnson City, Windsor @ Binghamton	9:30 AM	12:00 PM	Binghamton High School- Gym	Bus/Driver: DB1	Departure Point: JFS Bus Loop Departure Time: 8:00 AM Return Date: Return Time: 11:30 AM	L
Dec 17, 2018	Mon	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym			
Dec 18, 2018	Tue	Practice	N/A	4:00 PM	6:00 PM	Jennie F Snapp MS Small Gym			
Dec 19, 2018	Wed	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym			
Dec 20, 2018	Thu	Practice	N/A	4:00 PM	6:00 PM	Jennie F Snapp MS Small Gym			
Dec 21, 2018	Fri	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym			
Jan 2, 2019	Wed	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym			
Jan 3, 2019	Thu	Practice	N/A	4:00 PM	6:00 PM	Jennie F Snapp MS Small Gym			
Jan 4, 2019	Fri	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym			
Jan 7, 2019	Mon	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym			
Jan 7, 2019	Mon	Regular Season	Oneonta, Windsor, Sidney, Deposit (Deposit- Hancock) @ Maine-Endwell	5:00 PM		Maine- Endwell HS Gym	Bus/Driver: DB1	Departure Point: JFS Bus Loop Departure Time: 3:30 PM Return Date: Return Time: 7:00 PM	L
Jan 8, 2019	Tue	Practice	N/A	4:00 PM	6:00 PM	Jennie F Snapp MS Small Gym			
Jan 9, 2019	Wed	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym			
Jan 10, 2019	Thu	Practice	N/A	4:00 PM	6:00 PM	Jennie F Snapp MS Small Gym			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 11, 2019	Fri	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym			
Jan 14, 2019	Mon	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym			
Jan 14, 2019	Mon	Regular Season (STAC meet)	Sidney, Norwich, Susquehanna Valley, Unatego, Greene (Greene/Oxford), Walton @ Deposit (Deposit- Hancock)	5:00 PM		Deposit Jr/Sr High School Gym	<b>Bus/Driver:</b> DB1	Departure Point: JFS Bus Loop Departure Time: 3:00 PM Return Date: Return Time: 7:00 PM	L
Jan 15, 2019	Tue	Practice	N/A	4:00 PM	6:00 PM	Jennie F Snapp MS Small Gym			
Jan 16, 2019	Wed	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym			
Jan 17, 2019	Thu	Practice	N/A	4:00 PM	6:00 PM	Jennie F Snapp MS Small Gym			
Jan 18, 2019	Fri	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym			
Jan 18, 2019	Fri	Meet (Wyoming Seminary Match)	Vs. Multiple	7:00 PM	8:45 PM	Wyoming Seminary	<b>Bus/Driver:</b> DB1	Departure Point: JFS Bus Loop Departure Time: 4:30 PM Return Date: Return Time: 8:45 PM	NL
Jan 21, 2019	Mon	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym			
Jan 22, 2019	Tue	Practice	N/A	4:00 PM	6:00 PM	Jennie F Snapp MS Small Gym			
Jan 22, 2019	Tue	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room			
Jan 23, 2019	Wed	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym			
Jan 24, 2019	Thu	Practice	N/A	4:00 PM	6:00 PM	Jennie F Snapp MS Small Gym			
Jan 24, 2019	Thu	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room			
Jan 25, 2019	Fri	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 26, 2019	Sat	Regular Season	Maine-Endwell, Owego Apalachin, Deposit (Deposit- Hancock), Susquehanna Valley, Unatego @ Oneonta	9:30 AM		Oneonta High School	<b>Bus/Driver:</b> DB1	Departure Point: JFS Bus Loop Departure Time: 7:15 AM Return Date: Return Time: 11:30 AM	L
Jan 28, 2019	Mon	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym			
Jan 29, 2019	Tue	Practice	N/A	4:00 PM	6:00 PM	Jennie F Snapp MS Small Gym			
Jan 29, 2019	Tue	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room			
Jan 30, 2019	Wed	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym			
Jan 31, 2019	Thu	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym			
Jan 31, 2019	Thu	Practice	N/A	4:00 PM	6:00 PM	Jennie F Snapp MS Small Gym			
Jan 31, 2019	Thu	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room			
Feb 1, 2019	Fri	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym			
Feb 2, 2019	Sat	Meet (Ken Wyckoff/John Riddell Wrestling Invitational)	Vs. Multiple	9:30 AM	3:00 PM	JC MS Gym	<b>Bus/Driver:</b> DB1	Departure Point: JFS Bus Loop Departure Time: 8:15 AM Return Date: Return Time: 3:00 PM	NL
Feb 4, 2019	Mon	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym			
Feb 5, 2019	Tue	Practice	N/A	4:00 PM	6:00 PM	Jennie F Snapp MS Small Gym			
Feb 5, 2019	Tue	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room			
Feb 6, 2019	Wed	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym			
Feb 7, 2019	Thu	Practice	N/A	4:00 PM	6:00 PM	Jennie F Snapp MS Small Gym			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE DEPARTURE TRANSPORTATION / NON- LEAGUE
Feb 7, 2019	Thu	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room	
Feb 8, 2019	Fri	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym	
Feb 11, 2019	Mon	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym	
Feb 12, 2019	Tue	Practice	N/A	4:00 PM	6:00 PM	Jennie F Snapp MS Small Gym	
Feb 12, 2019	Tue	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room	
Feb 13, 2019	Wed	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym	
Feb 14, 2019	Thu	Practice	N/A	4:00 PM	6:00 PM	Jennie F Snapp MS Small Gym	
Feb 14, 2019	Thu	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room	
Feb 15, 2019	Fri	Practice	N/A	2:30 PM	4:15 PM	Jennie F Snapp MS Small Gym	
Feb 19, 2019	Tue	Practice	N/A	4:00 PM	6:00 PM	Jennie F Snapp MS Small Gym	
Feb 19, 2019	Tue	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room	
Feb 21, 2019	Thu	Practice	N/A	4:00 PM	6:00 PM	Jennie F Snapp MS Small Gym	
Feb 21, 2019	Thu	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room	
Feb 26, 2019	Tue	Practice	N/A	4:00 PM	6:00 PM	Jennie F Snapp MS Small Gym	
Feb 26, 2019	Tue	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room	
Feb 28, 2019	Thu	Practice	N/A	4:00 PM	6:00 PM	Jennie F Snapp MS Small Gym	

Feb 28, 2019 Thu Practice N/A  6:30 PM PM PM PM Sorochinsky Wrestling Room  UEHS Frank Sorochinsky Wrestling Room  War 7, 2019 Thu Practice N/A  6:30 PM PM Wrestling Room  UEHS Frank Sorochinsky Wrestling Room	/ NON- LEAGUE
Mar 1, 2019  Mar 12, 2019  Tue Practice N/A  Practice N/A  Results of the practice of the prac	
Mar 7, 2019 Thu Practice N/A  Bills Frank Sorochinsky Wrestling Room  War 11, 2019 Mon Practice N/A  Mar 12, 2019 Tue Practice N/A  Mar 14, 2019 Mon Practice N/A  Bills Frank Sorochinsky Wrestling Room  UEHS Frank Sorochinsky Wrestling	
Mar 11, 2019 Mon Practice N/A 6:30 PM PM Sorochinsky Wrestling Room  Mar 12, 2019 Tue Practice N/A 6:30 PM PM Sorochinsky Wrestling Room  Mar 14, 2019 Thu Practice N/A 6:30 PM PM PM PM PM PM PM PM PM Sorochinsky Wrestling Room  UEHS Frank Sorochinsky Wrestling Room  UEHS Frank Sorochinsky Wrestling Sorochinsky Wrestling	
Mar 12, 2019  Tue Practice N/A  6:30 PM  PM  Sorochinsky Wrestling Room  UEHS Frank Sorochinsky Wrestling Room  UEHS Frank Sorochinsky Wrestling Frank Sorochinsky Wrestling Wrestling	
Mar 14, 2019 Thu Practice N/A 6:30 8:15 PM PM Sorochinsky Wrestling	
Room	
Mar 15, 2019 Fri Practice N/A 6:00 8:00 PM PM TBD	
Mar 18, 2019 Mon Practice N/A  6:30 8:15 Frank Sorochinsky Wrestling Room	
Mar 19, 2019 Tue Practice N/A 6:30 8:15 PM PM Sorochinsky Wrestling Room	
Mar 21, 2019 Thu Practice N/A 6:30 8:15 PM PM Sorochinsky Wrestling Room	
Mar 25, 2019 Mon Practice N/A  6:30 8:15 PM  Wrestling Room	
Mar 26, 2019 Tue Practice N/A 6:30 8:15 PM PM Sorochinsky Wrestling Room	
Mar 28, 2019 Thu Practice N/A 6:30 8:15 PM PM Frank Sorochinsky Wrestling Room	
Mar 29, 2019 Fri Practice N/A 6:00 8:00 PM PM TBD	

DATE	WEE! DAY	<sup>(</sup> TYPE	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE DEPARTURE TRANSPORTATION / NON- LEAGUE
Apr 1, 2019	Mon	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room	
Apr 2, 2019	Tue	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room	
Apr 4, 2019	Thu	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room	
Apr 8, 2019	Mon	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room	
Apr 9, 2019	Tue	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room	
Apr 11, 2019	Thu	Practice	N/A	6:00 PM	8:00 PM	UEHS Frank Sorochinsky Wrestling Room	
Apr 11, 2019	Thu	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room	
Apr 12, 2019	Fri	Practice	N/A	6:00 PM	8:00 PM	TBD	
Apr 15, 2019	Mon	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room	
Apr 16, 2019	Tue	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room	
Apr 18, 2019	Thu	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room	
Apr 22, 2019	Mon	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room	
Apr 23, 2019	Tue	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE DEPARTURE TRANSPORTATION / NON- LEAGUE
Apr 25, 2019	Thu	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room	
Apr 26, 2019	Fri	Practice	N/A	6:00 PM	8:00 PM	TBD	
Apr 29, 2019	Mon	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room	
May 6, 2019	Mon	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room	
May 10, 2019	Fri	Practice	N/A	6:00 PM	8:00 PM	TBD	
May 13, 2019	Mon	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room	
May 20, 2019	Mon	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room	
May 24, 2019	Fri	Practice	N/A	6:00 PM	8:00 PM	TBD	
May 27, 2019	Mon	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room	
Jun 3, 2019	Mon	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room	
Jun 10, 2019	Mon	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room	
Jun 17, 2019	Mon	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room	
Jun 24, 2019	Mon	Practice	N/A	6:30 PM	8:15 PM	UEHS Frank Sorochinsky Wrestling Room	

Date: 2024-07-22