



Vestal

(G) V Cross Country

Coaches:

- Stephen Marcin, Head Coach
- Mike Olson, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 7, 2024	Sat	Regular Season (Flash Forbes Invitational)	@ TBD	TBD		Fortin Park, Oneonta	Departure Time: 7:30 AM Return Date: Return Time: 1:30 PM	L
Sep 13, 2024	Fri	Regular Season (Owego Invitational)	@ TBD	TBD		Owego High School	Departure Time: 5:00 PM Return Date: Return Time: 8:30 PM	L
Sep 21, 2024	Sat	Regular Season (Conwicke Stock Invitational)	@ TBD	TBD		Ann McGuiness	Departure Time: 9:00 AM Return Date: Return Time: 1:30 PM	L
Sep 27, 2024	Fri	Regular Season (Pete Matzke)	@ TBD	TBD		Maine Memorial Elementary	Departure Time: 3:30 PM Return Date: Return Time: 8:30 PM	L
Sep 28, 2024	Sat	Regular Season (McQuaid Invitational)	@ TBD	TBD		Genesee Valley Park, Rochester	Departure Time: 6:30 AM Return Date: Return Time: 8:00 PM	L
Oct 5, 2024	Sat	Regular Season (McDaniel Baxter Invitational)	@ TBD	TBD		Chenango Valley High School	Departure Time: 7:30 AM Return Date: Return Time: 12:30 PM	L
Oct 11, 2024	Fri	Regular Season (Bob Greene Invitational)	@ TBD	TBD		Newark Valley High School	Departure Time: 2:30 PM Return Date: Return Time: 8:30 PM	L
Oct 12, 2024	Sat	Regular Season (Manhattan Invitational)	@ TBD	TBD		VanCortland Park NYC	Departure Time: 6:00 AM Return Date: Return Time: 7:00 PM	L
Oct 19, 2024	Sat	Regular Season (Marathon Invitational)	@ TBD	TBD		Appleby Elementary	Departure Time: 7:00 AM Return Date: Return Time: 1:30 PM	L
Oct 21, 2024	Mon	Regular Season (Pumpkin Run)	@ TBD	TBD		Arnold Park	Departure Time: 3:00 PM	L
Oct 26, 2024	Sat	Regular Season (STAC Championship)	@ TBD	TBD		Fortin Park, Oneonta	Departure Time: 9:00 AM Return Date: Return Time: 1:00 PM	L
Nov 7, 2024	Thu	Regular Season (Sectionals (State Qualifiers))	@ TBD	TBD		Chenango Valley State Park	Departure Time: 11:00 AM Return Date: Return Time: 5:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 16, 2024	Sat	Regular Season (NYSPHSAA State Championship)	@ TBD	TBD		TBD	Departure Date: Nov 15, 2024 Departure Time: 11:00 AM Return Date: Nov 16, 2024 Return Time: 5:00 PM	L
Nov 23, 2024	Sat	Regular Season (NY Federation Championship)	@ TBD	TBD		Bowdoin Park, Poughkeepsie	Departure Date: Nov 22, 2024 Departure Time: 12:00 PM Return Date: Nov 23, 2024 Return Time: 5:00 PM	L

Date: 2024-07-13