



# Vestal

## (G) V Cross Country

### Coaches:

- Stephen Marcin, Head Coach
- Mike Olson, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 7, 2024	Sat	Regular Season (Flash Forbes Invitational)	@ TBD	TBD		Fortin Park, Oneonta	<b>Departure Time:</b> 7:30 AM <b>Return Date:</b> <b>Return Time:</b> 1:30 PM	L
Sep 13, 2024	Fri	Regular Season (Owego Invitational)	@ TBD	TBD		Owego High School	<b>Departure Time:</b> 5:00 PM <b>Return Date:</b> <b>Return Time:</b> 8:30 PM	L
Sep 21, 2024	Sat	Regular Season (Conwicke Stock Invitational)	@ TBD	TBD		Ann McGuiness	<b>Departure Time:</b> 9:00 AM <b>Return Date:</b> <b>Return Time:</b> 1:30 PM	L
Sep 27, 2024	Fri	Regular Season (Pete Matzke)	@ TBD	TBD		Maine Memorial Elementary	<b>Departure Time:</b> 3:30 PM <b>Return Date:</b> <b>Return Time:</b> 8:30 PM	L
Sep 28, 2024	Sat	Regular Season (McQuaid Invitational)	@ TBD	TBD		Genesee Valley Park, Rochester	<b>Departure Time:</b> 6:30 AM <b>Return Date:</b> <b>Return Time:</b> 8:00 PM	L
Oct 5, 2024	Sat	Regular Season (McDaniel Baxter Invitational)	@ TBD	TBD		Chenango Valley High School	<b>Departure Time:</b> 7:30 AM <b>Return Date:</b> <b>Return Time:</b> 12:30 PM	L
Oct 11, 2024	Fri	Regular Season (Bob Greene Invitational)	@ TBD	TBD		Newark Valley High School	<b>Departure Time:</b> 2:30 PM <b>Return Date:</b> <b>Return Time:</b> 8:30 PM	L
Oct 12, 2024	Sat	Regular Season (Manhattan Invitational)	@ TBD	TBD		VanCortland Park NYC	<b>Departure Time:</b> 6:00 AM <b>Return Date:</b> <b>Return Time:</b> 7:00 PM	L
Oct 19, 2024	Sat	Regular Season (Marathon Invitational)	@ TBD	TBD		Appleby Elementary	<b>Departure Time:</b> 7:00 AM <b>Return Date:</b> <b>Return Time:</b> 1:30 PM	L
Oct 21, 2024	Mon	Regular Season (Pumpkin Run)	@ TBD	TBD		Arnold Park	<b>Departure Time:</b> 3:00 PM	L
Oct 26, 2024	Sat	Regular Season (STAC Championship)	@ TBD	TBD		Fortin Park, Oneonta	<b>Departure Time:</b> 9:00 AM <b>Return Date:</b> <b>Return Time:</b> 1:00 PM	L
Nov 7, 2024	Thu	Regular Season (Sectionals (State Qualifiers))	@ TBD	TBD		Chenango Valley State Park	<b>Departure Time:</b> 11:00 AM <b>Return Date:</b> <b>Return Time:</b> 5:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 16, 2024	Sat	Regular Season (NYSPHSAA State Championship)	@ TBD	TBD		TBD	<b>Departure Date:</b> Nov 15, 2024 <b>Departure Time:</b> 11:00 AM <b>Return Date:</b> Nov 16, 2024 <b>Return Time:</b> 5:00 PM	L
Nov 23, 2024	Sat	Regular Season (NY Federation Championship)	@ TBD	TBD		Bowdoin Park, Poughkeepsie	<b>Departure Date:</b> Nov 22, 2024 <b>Departure Time:</b> 12:00 PM <b>Return Date:</b> Nov 23, 2024 <b>Return Time:</b> 5:00 PM	L

Date: 2024-07-13