



Vestal

(G) V Lacrosse

Coaches:

- Jeremy Daino, Head Coach
- Gina Talbut

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 13, 2023	Mon	Practice	N/A	3:15 PM	4:45 PM	434 Sportsplex		
Feb 16, 2023	Thu	Practice	N/A	3:15 PM	4:45 PM	434 Sportsplex		
Feb 20, 2023	Mon	Practice	N/A	3:15 PM	4:45 PM	434 Sportsplex		
Feb 23, 2023	Thu	Practice	N/A	3:15 PM	4:45 PM	434 Sportsplex		
Feb 27, 2023	Mon	Practice	N/A	3:15 PM	4:45 PM	434 Sportsplex		
Mar 2, 2023	Thu	Practice	N/A	3:15 PM	4:45 PM	434 Sportsplex		
Mar 13, 2023	Mon	Practice	N/A	3:15 PM	5:15 PM	434 Sportsplex		
Mar 14, 2023	Tue	Practice	N/A	5:15 PM	7:15 PM	Vestal Dick Hoover Stadium		
Mar 15, 2023	Wed	Practice	N/A	3:15 PM	5:10 PM	434 Sportsplex		
Mar 16, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	Vestal Dick Hoover Stadium		
Mar 17, 2023	Fri	Practice	N/A	3:15 PM	5:15 PM	Vestal Dick Hoover Stadium		
Mar 18, 2023	Sat	Practice	N/A	9:00 AM	10:30 AM	Vestal Dick Hoover Stadium		
Mar 20, 2023	Mon	Practice	N/A	5:15 PM	7:15 PM	Vestal Dick Hoover Stadium		
Mar 21, 2023	Tue	Practice	N/A	5:15 PM	7:15 PM	Vestal Dick Hoover Stadium		
Mar 22, 2023	Wed	Practice	N/A	5:15 PM	7:15 PM	Vestal Dick Hoover Stadium		
Mar 23, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	Vestal Dick Hoover Stadium		
Mar 24, 2023	Fri	Practice	N/A	3:15 PM	5:15 PM	Vestal Dick Hoover Stadium		
Mar 25, 2023	Sat	Regular Season 8-9 L	Mattituck	12:00 PM		Vestal Dick Hoover Stadium		NL
Mar 27, 2023	Mon	Practice	N/A	5:15 PM	6:45 PM	Vestal Dick Hoover Stadium		
Mar 28, 2023	Tue	Practice	N/A	3:15 PM	5:15 PM	Vestal Dick Hoover Stadium		
Mar 29, 2023	Wed	Practice	N/A	5:15 PM	7:15 PM	Vestal Dick Hoover Stadium		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 31, 2023	Fri	Practice	N/A	3:15 PM	5:00 PM	Vestal Dick Hoover Stadium		
Apr 1, 2023	Sat	Practice	N/A	9:00 AM	10:30 AM	Vestal Dick Hoover Stadium		
Apr 4, 2023	Tue	Practice	N/A	3:15 PM	5:00 PM	Vestal Dick Hoover Stadium		
Apr 5, 2023	Wed	Practice	N/A	5:15 PM	7:00 PM	Vestal Dick Hoover Stadium		
Apr 7, 2023	Fri	Practice	N/A	9:00 AM	10:30 AM	Vestal Dick Hoover Stadium		
Apr 10, 2023	Mon	Practice	N/A	12:00 PM	1:45 PM	Vestal Dick Hoover Stadium		
Apr 11, 2023	Tue	Practice	N/A	12:00 PM	1:45 PM	Vestal Dick Hoover Stadium		
Apr 13, 2023	Thu	Practice	N/A	12:00 PM	1:45 PM	Vestal Dick Hoover Stadium		
Apr 14, 2023	Fri	Regular Season 5-11 L	Horseheads	7:00 PM		Vestal Dick Hoover Stadium		L
Apr 18, 2023	Tue	Practice	N/A	3:15 PM	4:30 PM	Vestal Dick Hoover Stadium		
Apr 21, 2023	Fri	Practice	N/A	3:15 PM	4:45 PM	Vestal Dick Hoover Stadium		
Apr 22, 2023	Sat	Practice	N/A	9:00 AM	10:30 AM	Vestal Dick Hoover Stadium		
Apr 24, 2023	Mon	Practice	N/A	3:15 PM	4:45 PM	Vestal Dick Hoover Stadium		
Apr 25, 2023	Tue	Regular Season 17-0 W	Elmira	5:00 PM		Vestal Dick Hoover Stadium		L
Apr 26, 2023	Wed	Practice	N/A	3:15 PM	4:45 PM	Vestal Dick Hoover Stadium		
Apr 27, 2023	Thu	Practice	N/A	3:15 PM	4:45 PM	Vestal Dick Hoover Stadium		
Apr 28, 2023	Fri	Practice	N/A	3:15 PM	4:45 PM	Vestal Dick Hoover Stadium		
Apr 29, 2023	Sat	Practice	N/A	10:30 AM	12:00 PM	Vestal Dick Hoover Stadium		
May 1, 2023	Mon	Regular Season (Sr. Nite) 13-1 W	Maine-Endwell	7:00 PM		Vestal Dick Hoover Stadium		L
May 2, 2023	Tue	Practice	N/A	3:00 PM	4:00 PM	Vestal Dick Hoover Stadium		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 3, 2023	Wed	Practice	N/A	5:15 PM	6:45 PM	Vestal Dick Hoover Stadium		
May 4, 2023	Thu	Regular Season 1-0 W	Whitney Point	7:00 PM		Vestal Dick Hoover Stadium		NL
May 5, 2023	Fri	Practice	N/A	3:15 PM	4:45 PM	Vestal Dick Hoover Stadium		
May 8, 2023	Mon	Practice	N/A	3:15 PM	4:45 PM	Vestal Dick Hoover Stadium		
May 10, 2023	Wed	Practice	N/A	5:00 PM	6:30 PM	Vestal Dick Hoover Stadium		
May 11, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Vestal Dick Hoover Stadium		
May 12, 2023	Fri	Regular Season 8-6 W	Union-Endicott	7:00 PM		Vestal Dick Hoover Stadium		L
May 13, 2023	Sat	Practice	N/A	9:00 AM	10:30 AM	Vestal Dick Hoover Stadium		
May 15, 2023	Mon	Practice	N/A	3:00 PM	4:00 PM	Vestal Dick Hoover Stadium		
May 16, 2023	Tue	Practice	N/A	3:15 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 17, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	Vestal Dick Hoover Stadium		
May 19, 2023	Fri	Practice	N/A	3:15 PM	4:45 PM	Vestal Dick Hoover Stadium		
May 20, 2023	Sat	Practice	N/A	11:45 AM	2:00 PM	Vestal Dick Hoover Stadium		
May 22, 2023	Mon	Practice	N/A	5:00 PM	7:00 PM	Vestal Dick Hoover Stadium		
May 23, 2023	Tue	Practice	N/A	3:15 PM	4:30 PM	Vestal Dick Hoover Stadium		
May 24, 2023	Wed	Post-Season (Sect Finals v Maine Endwell \$6.25 online only) 15-2 W	TBD	7:00 PM		Vestal Dick Hoover Stadium		NL
May 25, 2023	Thu	Practice	N/A	3:15 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 26, 2023	Fri	Practice	N/A	9:00 AM	10:30 AM	Vestal Dick Hoover Stadium		
May 29, 2023	Mon	Practice	N/A	10:00 AM	11:30 AM	Vestal Dick Hoover Stadium		
May 30, 2023	Tue	Practice	N/A	5:00 PM	7:00 PM	Vestal Dick Hoover Stadium		

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May 31, 2023	Wed	Practice	N/A	5:00 PM	7:00 PM	Vestal Dick Hoover Stadium		
Jun 8, 2023	Thu	Post-Season (Section IV All Stars)	TBD	6:00 PM		Vestal Dick Hoover Stadium		NL
Jun 15, 2023	Thu	Practice	N/A	3:00 PM	4:15 PM	Vestal Dick Hoover Stadium		

Date: 2024-07-13