



# Vestal

## (B) V Swimming/Diving

### Coaches:

- Joe Shore, Head Coach
- Sara Rostedt, Asst Coach

| DATE         | WEEK DAY | TYPE           | OPPONENTS            | START TIME | END TIME | LOCATION                | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|----------------|----------------------|------------|----------|-------------------------|----------------|---------------------|
| Dec 3, 2024  | Tue      | Regular Season | @ Union-Endicott     | 5:30 PM    | 8:00 PM  | UEHS Pool               |                | L                   |
| Dec 10, 2024 | Tue      | Regular Season | Maine-Endwell        | 5:30 PM    | 8:00 PM  | Vestal High School Pool |                | L                   |
| Dec 17, 2024 | Tue      | Regular Season | @ Elmira             | 5:30 PM    | 8:00 PM  | EDA Pool                |                | L                   |
| Dec 19, 2024 | Thu      | Regular Season | Johnson City         | 5:30 PM    | 8:00 PM  | Vestal High School Pool |                | L                   |
| Jan 7, 2025  | Tue      | Regular Season | Corning-Painted Post | 5:30 PM    | 8:00 PM  | Vestal High School Pool |                | L                   |
| Jan 28, 2025 | Tue      | Regular Season | Ithaca               | 5:30 PM    | 8:00 PM  | Vestal High School Pool |                | L                   |
| Feb 4, 2025  | Tue      | Regular Season | @ Horseheads         | 5:30 PM    | 8:00 PM  | HHS HS Pool             |                | L                   |
| Feb 11, 2025 | Tue      | Regular Season | @ Binghamton         | 5:30 PM    | 8:00 PM  | East Middle School Pool |                | L                   |

Date: 2024-09-15