

## Coaches:

- Kate Darpino, Head Coach
- Joe Nemecek

Aug 26, 2024	Mon Mon Tue	Practice (JV Volleyball Tryouts) Practice (JV Volleyball Tryouts) Practice (JV Volleyball	N/A N/A	10:30 AM 1:15	12:30 PM	Vestal High School Gym	
		Volleyball Tryouts ) Practice (JV Volleyball	N/A	1:15			
Aug 27, 2024	Tue	Volleyball		PM	3:00 PM	Vestal High School Gym	
		Tryouts)	N/A	10:30 AM		Vestal High School Gym	
Aug 27, 2024	Tue	Practice (JV Volleyball Tryouts)	N/A	1:15 PM	3:00 PM	Vestal High School Gym	
Aug 28, 2024	Wed	Practice (JV Volleyball Tryouts)	N/A	3:00 PM	5:00 PM	Vestal High School Gym	
Aug 28, 2024	Wed	Practice (JV Volleyball Tryouts)	N/A	5:30 PM	7:15 PM	Vestal High School Gym	
Aug 29, 2024	Thu	Practice (JV Volleyball Tryouts)	N/A	10:30 AM	12:30 PM	Vestal High School Gym	
Aug 29, 2024	Thu	Practice (JV Volleyball Tryouts)	N/A	1:15 PM	3:00 PM	Vestal High School Gym	
Aug 30, 2024	Fri	Practice	N/A	10:30 AM	12:30 PM	Vestal High School Gym	
Aug 30, 2024	Fri	Practice	N/A	1:15 PM	3:00 PM	Vestal High School Gym	
Aug 31, 2024	Sat	Practice	N/A	TBD		Vestal High School Gym	
Sep 3, 2024	Tue	Practice	N/A	TBD		Vestal High School Gym	
Sep 4, 2024	Wed	Practice	N/A	TBD		Vestal High School Gym	
Sep 5, 2024	Thu	Regular Season	@ Horseheads	5:30 PM	6:30 PM	HHS MS Gym	L
Sep 10, 2024	Tue	Regular Season	Ithaca	5:30 PM	6:30 PM	Vestal High School Gym	L
Sep 14, 2024	Sat	Regular Season (VolleyFall Classic)	TBD, Windsor, Bainbridge Guilford, Chenango Valley, Johnson City, Delaware Academy, Unatego, Susquehanna Valley, Binghamton, Ithaca, Whitney Point @ Union- Endicott	8:00 AM	6:00 PM	UEHS Main Gym	NL
Sep 19, 2024	Thu	Regular Season	@ Union-Endicott	5:30 PM	6:30 PM	UEHS Main Gym	L
Sep 24, 2024	Tue	Regular Season	Maine-Endwell	5:30 PM	6:30 PM	Vestal High School Gym	L
Sep 26, 2024	Thu	Regular Season	@ Johnson City	5:30 PM	6:30 PM	JC HS Large Gym	L
Oct 1, 2024	Tue	Regular Season	Binghamton	5:30 PM	6:30 PM	Vestal High School Gym	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 2, 2024	Wed	Regular Season	@ Corning-Painted Post	5:45 PM	6:30 PM	C P P High School		L
Oct 8, 2024	Tue	Regular Season	Union-Endicott	5:30 PM	6:30 PM	Vestal High School Gym		L
Oct 10, 2024	Thu	Regular Season	Elmira	5:30 PM	6:30 PM	Vestal High School Baseball Field		L
Oct 15, 2024	Tue	Regular Season	@ Maine-Endwell	5:30 PM	6:30 PM	Maine-Endwell HS Gym		L
Oct 17, 2024	Thu	Regular Season	Johnson City	5:30 PM	6:30 PM	Vestal High School Gym		L
Oct 22, 2024	Tue	Regular Season	@ Binghamton	5:30 PM	6:30 PM	Binghamton High School- Gym		L

Date: 2024-08-09