

# Canastota

## (G) 7/8TH Cross Country

### Coaches:

- Jennifer Nolan, Assistant Coach
- Tabitha Gaglianese-White

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 7, 2019	Sat	Regular Season (VVS Invitational)	@ Vernon-Verona-Sherrill	TBD		Cross Country Course	<b>Departure Time:</b> 7:30 AM	L
Sep 11, 2019	Wed	Regular Season	West Canada Valley, Poland, Remsen (Remsen/Town of Webb) @ Adirondack	4:30 PM		TBD	<b>Departure Time:</b> 2:30 PM	L
Sep 18, 2019	Wed	Regular Season	Waterville, Westmoreland @ Little Falls	4:30 PM		Little Falls HS	<b>Departure Time:</b> 2:45 PM	L
Sep 21, 2019	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	TBD		TBD	<b>Departure Time:</b> 8:00 AM	NL
Sep 25, 2019	Wed	Regular Season	Cooperstown (Modified), Herkimer @ Clinton	4:30 PM		Kirkland Town Park		L
Oct 2, 2019	Wed	Regular Season	Sherburne-Earlville, Mount Markham, Sauquoit Valley @ Hamilton	4:30 PM		Colgate Cross Country trails	<b>Departure Time:</b> 3:00 PM	L
Oct 5, 2019	Sat	Regular Season (Cross Country Invitational)	Jamesville-Dewitt, Altmar-Parish-Williamstown (APW Rebels), Oneida, Corcoran (Syracuse West), Fayetteville-Manlius, Utica Proctor (JFK/DMS), Central Valley Academy, Cooperstown (Modified), New Hartford, Westmoreland, Holland Patent, Vernon-Verona-Sherrill, Notre Dame, Utica @ Whitesboro	8:30 AM		Deerfield Town Wilderness Park	<b>Departure Time:</b> 7:30 AM	NL
Oct 9, 2019	Wed	Regular Season	Oriskany, New York Mills @ Holland Patent	4:30 PM		TBD	<b>Departure Time:</b> 3:00 PM	L
Oct 19, 2019	Sat	Regular Season	New York Mills, Poland, Sauquoit Valley, Little Falls, Clinton, Cooperstown (Modified), Herkimer, Westmoreland, Sherburne-Earlville, Adirondack, Holland Patent, West Canada Valley, Remsen (Remsen/Town of Webb), Mount Markham, Oriskany, Hamilton, Waterville @ TBD	10:20 AM		Kirkland Town Park		L

Date: 2024-10-16