

Canastota

(B) V Volleyball

Coaches:

- Shay Sgroi

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 2, 2019	Mon	Practice	N/A	3:00 PM	3:45 PM	Laidlaw Gym		
Dec 3, 2019	Tue	Practice	N/A	3:00 PM	4:45 PM	Laidlaw Gym		
Dec 4, 2019	Wed	Practice	N/A	3:00 PM	3:45 PM	Laidlaw Gym		
Dec 5, 2019	Thu	Practice	N/A	3:00 PM	3:45 PM	Laidlaw Gym		
Dec 7, 2019	Sat	Practice	N/A	8:00 AM	10:00 AM	Laidlaw Gym		
Dec 9, 2019	Mon	Practice	N/A	6:45 PM	9:00 PM	Laidlaw Gym		
Dec 10, 2019	Tue	Practice	N/A	6:45 PM	9:00 PM	Laidlaw Gym		
Dec 11, 2019	Wed	Practice	N/A	4:45 PM	7:00 PM	Laidlaw Gym		
Dec 12, 2019	Thu	Practice	N/A	6:45 PM	9:00 PM	Laidlaw Gym		
Dec 13, 2019	Fri	Practice	N/A	3:00 PM	4:30 PM	Laidlaw Gym		
Dec 16, 2019	Mon	Practice	N/A	6:45 PM	9:00 PM	Laidlaw Gym		
Dec 17, 2019	Tue	Practice	N/A	7:00 PM	9:00 PM	Laidlaw Gym		
Dec 19, 2019	Thu	Practice	N/A	7:00 PM	9:00 PM	Laidlaw Gym		
Dec 20, 2019	Fri	Practice	N/A	3:30 PM	6:00 PM	Laidlaw Gym		
Dec 21, 2019	Sat	Practice	N/A	8:00 AM	10:00 AM	Laidlaw Gym		
Dec 23, 2019	Mon	Scrimmage	@ Oneida	6:30 PM		Fariel Gym	Departure Time: 4:30 PM	NL
Dec 26, 2019	Thu	Practice	N/A	5:00 PM	7:00 PM	Laidlaw Gym		
Dec 28, 2019	Sat	Regular Season (Ichabod Crane Holiday Tournament @ Ichabod Crane High School)		9:00 AM		Ichabod Crane HS	Departure Time: 6:15 AM	NL
Dec 30, 2019	Mon	Practice	N/A	5:00 PM	7:00 PM	Laidlaw Gym		
Dec 31, 2019	Tue	Regular Season (Spiking in the New Year Tournament)	@ Vernon-Verona-Sherrill	10:00 AM		VVS Volleyball Gym	Departure Time: 8:30 AM	NL
Jan 2, 2020	Thu	Practice	N/A	5:00 PM	7:00 PM	Laidlaw Gym		
Jan 6, 2020	Mon	Practice	N/A	3:00 PM	4:45 PM	Laidlaw Gym		
Jan 7, 2020	Tue	Regular Season	@ Sauquoit Valley	7:00 PM	8:30 PM	MS Gym	Departure Time: 4:00 PM	L
Jan 8, 2020	Wed	Practice	N/A	7:00 PM	9:00 PM	Laidlaw Gym		
Jan 9, 2020	Thu	Regular Season 0-3 L	@ Oneida	6:30 PM	8:30 PM	Fariel Gym	Departure Time: 4:00 PM	L
Jan 10, 2020	Fri	Regular Season 1-3 L	Westmoreland	7:00 PM		Laidlaw Gym		L

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Jan 11, 2020	Sat	Practice	N/A	8:00 AM	10:00 AM	Laidlaw Gym		
Jan 13, 2020	Mon	Practice	N/A	3:00 PM	4:45 PM	Laidlaw Gym		
Jan 14, 2020	Tue	Regular Season	@ Mount Markham	7:00 PM	8:30 PM	MS Big Gym	Departure Time: 3:45 PM	L
Jan 15, 2020	Wed	Practice	N/A	3:00 PM	4:45 PM	Laidlaw Gym		
Jan 16, 2020	Thu	Practice	N/A	7:00 PM	9:00 PM	Laidlaw Gym		
Jan 17, 2020	Fri	Practice	N/A	3:00 PM	4:45 PM	Laidlaw Gym		
Jan 20, 2020	Mon	Practice (Not a mandatory practice)	N/A	5:30 PM	7:30 PM	Laidlaw Gym		
Jan 20, 2020	Mon	Practice (Not a mandartory practice)	N/A	5:30 PM	7:30 PM	Laidlaw Gym		
Jan 21, 2020	Tue	Regular Season 3-1 W	Little Falls	7:00 PM	8:30 PM	Laidlaw Gym		L
Jan 22, 2020	Wed	Practice	N/A	5:30 PM	7:30 PM	Laidlaw Gym		
Jan 23, 2020	Thu	Regular Season 2-3 L	@ Westmoreland	7:30 PM		HS Gym	Departure Time: 4:45 PM	L
Jan 24, 2020	Fri	Regular Season 0-3 L	Chittenango	7:00 PM	8:30 PM	Laidlaw Gym		L
Jan 25, 2020	Sat	Regular Season 0-3 L	@ Vernon-Verona-Sherrill	1:30 PM		VVS Volleyball Gym	Departure Time: 10:45 PM	L
Jan 27, 2020	Mon	Regular Season 0-3 L	@ Chittenango	7:00 PM	8:30 PM	Chittenango HS- Large Gym	Departure Time: 4:30 PM	L
Jan 28, 2020	Tue	Practice	N/A	7:00 PM	9:00 PM	Laidlaw Gym		
Jan 29, 2020	Wed	Practice	N/A	3:45 PM	4:45 PM	Laidlaw Gym		
Jan 30, 2020	Thu	Regular Season 0-3 L	Vernon-Verona-Sherrill	6:30 PM		Laidlaw Gym		L
Jan 31, 2020	Fri	Practice	N/A	7:00 PM	9:00 PM	Laidlaw Gym		
Feb 1, 2020	Sat	Practice	N/A	8:00 AM	10:00 AM	Laidlaw Gym		
Feb 3, 2020	Mon	Regular Season 0-3 L	Oneida	7:00 PM	8:30 PM	Laidlaw Gym		L
Feb 4, 2020	Tue	Practice	N/A	5:15 PM	7:30 PM	Laidlaw Gym		
Feb 5, 2020	Wed	Regular Season	Mount Markham	7:00 PM	8:30 PM	Laidlaw Gym		L
Feb 6, 2020	Thu	Practice	N/A	7:00 PM	9:00 PM	Laidlaw Gym		
Feb 7, 2020	Fri	Practice	N/A	2:45 PM	4:45 PM	Laidlaw Gym		
Feb 10, 2020	Mon	Practice	N/A	3:00 PM	4:45 PM	Laidlaw Gym		
Feb 11, 2020	Tue	Regular Season 0-3 L	Vernon-Verona-Sherrill	7:00 PM	8:30 PM	Laidlaw Gym		L
Feb 12, 2020	Wed	Practice	N/A	5:00 PM	7:00 PM	Laidlaw Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 13, 2020	Thu	Regular Season 3-0 W	@ Little Falls	6:30 PM	8:00 PM	MS Gym	Departure Time: 3:15 PM	L
Feb 14, 2020	Fri	Practice	N/A	3:00 PM	5:00 PM	Laidlaw Gym		
Feb 17, 2020	Mon	Practice	N/A	4:30 PM	6:30 PM	Laidlaw Gym		
Feb 18, 2020	Tue	Practice	N/A	4:30 PM	6:30 PM	Laidlaw Gym		
Feb 19, 2020	Wed	Regular Season	Sauquoit Valley	6:00 PM	7:30 PM	Laidlaw Gym		L
Feb 21, 2020	Fri	Practice	N/A	4:30 PM	6:30 PM	Laidlaw Gym		
Feb 22, 2020	Sat	Regular Season (Mt. Markham Tournament)	@ Mount Markham	9:00 AM		MS Big Gym	Departure Time: 7:15 AM	NL
Feb 24, 2020	Mon	Practice	N/A	5:00 PM	7:00 PM	Laidlaw Gym		
Feb 25, 2020	Tue	Post-Season (Sectional Game) 0-3 L	@ Sauquoit Valley	6:00 PM		MS Gym	Departure Time: 4:00 PM	NL
Mar 9, 2020	Mon	Regular Season	Westmoreland	7:00 PM		Laidlaw Gym		L

Date: 2024-09-27