

## Coaches:

• Murphee Hayes, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 19, 2019	Mon	Practice	N/A	9:00 AM	10:30 AM	WP Cross Country Course		
Aug 20, 2019	Tue	Practice	N/A	9:00 AM	10:30 AM	WP Cross Country Course		
Aug 21, 2019	Wed	Practice	N/A	9:00 AM	10:30 AM	WP Cross Country Course		
Aug 22, 2019	Thu	Practice	N/A	9:00 AM	10:30 AM	WP Cross Country Course		
Aug 23, 2019	Fri	Practice	N/A	9:00 AM	10:30 AM	WP Cross Country Course		
Aug 26, 2019	Mon	Practice	N/A	9:00 AM	10:30 AM	WP Cross Country Course		
Aug 29, 2019	Thu	Practice	N/A	9:00 AM	10:30 AM	WP Cross Country Course		
Aug 30, 2019	Fri	Practice	N/A	9:00 AM	10:30 AM	WP Cross Country Course		
Sep 9, 2019	Mon	Practice	N/A	3:30 PM	5:00 PM	WP Cross Country Course		
Sep 10, 2019	Tue	Regular Season 0-73-35-21-110 W	Trumansburg, Southern Cayuga, Moravia @ Marathon	5:00 PM		Appleby E S		L
Sep 11, 2019	Wed	Practice	N/A	3:30 PM	5:00 PM	WP Cross Country Course		
Sep 12, 2019	Thu	Practice	N/A	3:30 PM	5:00 PM	WP Cross Country Course		
Sep 13, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	WP Cross Country Course		
Sep 16, 2019	Mon	Practice	N/A	3:30 PM	5:00 PM	WP Cross Country Course		
Sep 17, 2019	Tue	Regular Season	Marathon, Dryden, Candor (Candor) @ Waverly	5:00 PM		Tomasso Golf Course	Departure Point: Van Departure Time: 2:45 PM	L
Sep 18, 2019	Wed	Practice	N/A	3:30 PM	5:00 PM	WP Cross Country Course		
Sep 19, 2019	Thu	Practice	N/A	3:30 PM	5:00 PM	WP Cross Country Course		
Sep 20, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	WP Cross Country Course		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 23, 2019	Mon	Practice	N/A	3:30 PM	5:00 PM	WP Cross Country Course		
Sep 24, 2019	Tue	Regular Season (Groton Open at Stone hedge Golf Course)	@ TBD	5:00 PM		TBD		L
Sep 25, 2019	Wed	Practice	N/A	3:30 PM	5:00 PM	WP Cross Country Course		
Sep 26, 2019	Thu	Practice	N/A	3:30 PM	5:00 PM	WP Cross Country Course		
Sep 27, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	WP Cross Country Course		
Sep 30, 2019	Mon	Practice	N/A	3:30 PM	5:00 PM	WP Cross Country Course		
Oct 1, 2019	Tue	Regular Season (at Dryden)	@ TBD	TBD		TC3 College	Departure Point: Van Departure Time: 3:00 PM	L
Oct 7, 2019	Mon	Practice	N/A	3:30 PM	5:00 PM	WP Cross Country Course		
Oct 8, 2019	Tue	Practice	N/A	3:30 PM	5:00 PM	WP Cross Country Course		
Oct 8, 2019	Tue	Regular Season (IAC Divisional Meet at Groton Stone Hedge Golf Course)	Moravia, Dryden, Lansing, Marathon, Southern Cayuga, Trumansburg @ Groton	4:30 PM		Stone Hedges Golf Course	<b>Departure Point:</b> Van	L
Oct 9, 2019	Wed	Practice	N/A	3:30 PM	5:00 PM	WP Cross Country Course		
Oct 10, 2019	Thu	Practice	N/A	3:30 PM	5:00 PM	WP Cross Country Course		
Oct 15, 2019	Tue	Practice	N/A	3:30 PM	5:00 PM	WP Cross Country Course		
Oct 17, 2019	Thu	Practice	N/A	3:30 PM	5:00 PM	WP Cross Country Course		
Oct 18, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	WP Cross Country Course		
Oct 19, 2019	Sat	Regular Season (Marathon Invitational)	@ Marathon	9:00 AM		Appleby E S	Departure Point: Van Departure Time: 8:00 AM	L
Oct 21, 2019	Mon	Practice	N/A	3:30 PM	5:00 PM	WP Cross Country Course		
Oct 22, 2019	Tue	Regular Season (Whitney Point Invitational)	Moravia	4:00 PM	5:00 PM	WP Cross Country Course		NL
Oct 22, 2019	Tue	Regular Season (Whitney Point Invitational)	Gilbertsville-Mount Upton (UV/GMU), Morris (Morris/Edmeston)	4:00 PM	6:00 PM	WP Cross Country Course		NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 22, 2019	Tue	Regular Season	Groton	4:00 PM		WP Cross Country Course		L
Oct 22, 2019	Tue	Regular Season (Whitney Point Invite)	Dryden	4:30 PM		WP Cross Country Course		L
Oct 22, 2019	Tue	Regular Season (Whitney Point Invite)	Sidney	4:30 PM		Whitney Point High School		NL
Oct 22, 2019	Tue	Regular Season (Whitney Point Invite)	Candor (Candor)	4:30 PM		WP Cross Country Course		L
Oct 22, 2019	Tue	Regular Season (Whitney Point Cross Country Invitational)	TBD	TBD		WP Cross Country Course		L
Oct 23, 2019	Wed	Practice	N/A	3:30 PM	5:00 PM	WP Cross Country Course		
Oct 24, 2019	Thu	Practice	N/A	3:30 PM	5:00 PM	WP Cross Country Course		
Oct 25, 2019	Fri	Practice	N/A	3:30 PM	5:00 PM	WP Cross Country Course		
Oct 28, 2019	Mon	Practice	N/A	3:30 PM	5:00 PM	WP Cross Country Course		
Oct 29, 2019	Tue	Practice	N/A	3:30 PM	5:00 PM	WP Cross Country Course		
Oct 30, 2019	Wed	Practice	N/A	3:30 PM	5:00 PM	WP Cross Country Course		
Oct 31, 2019	Thu	Practice	N/A	3:30 PM	5:00 PM	WP Cross Country Course		
Nov 1, 2019	Fri	Regular Season (IAC Varsity Championships)	@ TBD	4:00 PM		TBD		L

Date: 2025-01-10