

## Cato-Meridian (G) MOD7/8/9 Cross Country (Blue Devils)

## Coaches:

- Ryan Ellis
- Austin Vincent

Sep 6, 2022 Tue Practice Sep 7, 2022 Wed Practice Sep 8, 2022 Thu Practice Sep 9, 2022 Fri Practice Sep 10, 2022 Sat Practice Sep 12, 2022 Mon Practice Sep 13, 2022 Tue Practice Sep 14, 2022 Wed Regular Sep 15, 2022 Thu Practice Sep 16, 2022 Fri Practice	N/A	3:15 PM 3:15 PM 3:15 PM 10:00 AM 3:15 PM 3:15 PM 4:30 PM	5:00 PM 5:00 PM 5:00 PM 5:00 PM 5:00 PM 5:00 PM	TBD TBD TBD TBD TBD TBD		
Sep 8, 2022 Thu Practice Sep 9, 2022 Fri Practice Sep 10, 2022 Sat Practice Sep 12, 2022 Mon Practice Sep 13, 2022 Tue Practice Sep 14, 2022 Wed Regular Sep 15, 2022 Thu Practice	N/A N/A N/A N/A N/A N/A Season @ Pulaski	PM 3:15 PM 3:15 PM 10:00 AM 3:15 PM 3:15 PM 4:30 PM	9M 5:00 PM 5:00 PM 0 11:00 AM 5:00 PM 5:00	TBD TBD TBD TBD		
Sep 9, 2022 Fri Practice  Sep 10, 2022 Sat Practice  Sep 12, 2022 Mon Practice  Sep 13, 2022 Tue Practice  Sep 14, 2022 Wed Regular Sep 15, 2022 Thu Practice	N/A N/A N/A N/A Season @ Pulaski	PM 3:15 PM 10:00 AM 3:15 PM 3:15 PM 4:30 PM	PM 5:00 PM 0 11:00 AM 5:00 PM 5:00	TBD TBD TBD		
Sep 10, 2022 Sat Practice Sep 12, 2022 Mon Practice Sep 13, 2022 Tue Practice Sep 14, 2022 Wed Regular Sep 15, 2022 Thu Practice	N/A N/A N/A Season @ Pulaski	PM 10:00 AM 3:15 PM 3:15 PM 4:30 PM	PM 0 11:00 AM 5:00 PM 5:00	TBD TBD		
Sep 12, 2022 Mon Practice  Sep 13, 2022 Tue Practice  Sep 14, 2022 Wed Regular Sep 15, 2022 Thu Practice	N/A N/A Season @ Pulaski	AM 3:15 PM 3:15 PM 4:30 PM	5:00 PM 5:00	TBD		
Sep 13, 2022 Tue Practice Sep 14, 2022 Wed Regular Sep 15, 2022 Thu Practice	N/A Season @ Pulaski	PM 3:15 PM 4:30 PM	PM 5:00			
Sep 14, 2022 Wed Regular Sep 15, 2022 Thu Practice	Season @ Pulaski	PM 4:30 PM		TBD		
Sep 15, 2022 Thu Practice	-	PM				
	N/A	0.45		Selkirk State Park	<b>Departure Time:</b> 2:45 PM	L
Sep 16, 2022 Fri Practice		3:15 PM	5:00 PM	TBD		
	N/A	3:15 PM	5:00 PM	TBD		
Sep 17, 2022 Sat Practice	N/A	8:00 AM	9:30 AM	TBD		
Sep 19, 2022 Mon Practice	N/A	3:15 PM	5:00 PM	TBD		
Sep 20, 2022 Tue Practice	N/A	3:15 PM	5:00 PM	TBD		
Sep 21, 2022 Wed Regular	Weedsport @ Season Byron (Port Byron/Union S	4.30 DM		Port Byron Cross Country Trail	<b>Departure Time:</b> 3:30 PM	L
Sep 22, 2022 Thu Practice	N/A	3:15 PM	5:00 PM	TBD		
Sep 23, 2022 Fri Practice	N/A	3:15 PM	5:00 PM	TBD		
Sep 26, 2022 Mon Practice	N/A	3:15 PM	5:00 PM	TBD		
Sep 27, 2022 Tue Practice	N/A	3:15 PM	5:00 PM	TBD		
Sep 29, 2022 Thu Practice	N/A	3:15 PM	5:00 PM	TBD		
Sep 30, 2022 Fri Practice	N/A	3:15 PM	5:00 PM	TBD		
Oct 3, 2022 Mon Practice	N/A	3:15 PM	5:00 PM	TBD		
Oct 4, 2022 Tue Practice	N/A	3:15 PM	5:00 PM	TBD		
Oct 6, 2022 Thu Practice	N/A	3:15 PM	5:00 PM	TBD		
Oct 7, 2022 Fri Practice	N/A	3:15 PM	5:00 PM	TBD		
CANCELLED Oct 8, 2022 Sat Practice	N/A	8:00 AM	10:00 AM	TBD		
Oct 10, 2022 Mon Practice		8:00	10:00			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 11, 2022	Tue	Practice	N/A	3:15 PM	5:00 PM	TBD		
POSTPONED Oct 13, 2022	Thu	Practice	N/A	3:15 PM	5:00 PM	TBD		
Oct 14, 2022	Fri	Practice	N/A	3:15 PM	5:00 PM	TBD		
Oct 15, 2022	Sat	Regular Season (Weedsport Modified Invite)	@ TBD	TBD		Weedsport JrSr. High School	<b>Departure Time:</b> 7:00 AM	L
Oct 17, 2022	Mon	Practice	N/A	3:15 PM	5:00 PM	TBD		
Oct 18, 2022	Tue	Practice	N/A	3:15 PM	5:00 PM	TBD		
Oct 19, 2022	Wed	Practice	N/A	3:15 PM	5:00 PM	TBD		
Oct 20, 2022	Thu	Practice	N/A	3:15 PM	5:00 PM	TBD		
Oct 21, 2022	Fri	Practice	N/A	3:15 PM	5:00 PM	TBD		
Oct 22, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Oct 24, 2022	Mon	Practice	N/A	3:15 PM	5:00 PM	TBD		

Date: 2024-07-03