



# Elmira Heights Boys 7th/8th Cross Country 2022 - 2023

Athletics Director: Mike Bennett

2083 College Ave  
Elmira Heights, NY, 14903  
(607) 733-5604  
[www.heightsschools.com](http://www.heightsschools.com)

## Coaches:

- Emily Thresher, Head Coach

## Players (2)

NAME	GRADE
Connor Lasko	10
Alex Sternfels	9