Coaches:

• Nina Purkiss, Head Coach

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|---|---|---------------|-------------|--|----------------|----------------------------|
| Sep 14, 2024 | Sat | Regular Season (ESM Invitational) | @ TBD | TBD | | Pine Grove Cross Country Track | | NL |
| Sep 25, 2024 | Wed | Regular Season | Henninger @ West Genesee | 5:30 PM | | WG-Camillus M S | | L |
| Oct 2, 2024 | Wed | Regular Season | Fayetteville-Manlius @ Liverpool | 5:30 PM | | Liverpool Long Branch Park | | L |
| Oct 5, 2024 | Sat | Regular Season (Tully Invitational) | @ TBD | 10:00 AM | | Tully XC Course | | NL |
| Oct 12, 2024 | Sat | Regular Season (VVS Invitational) | @ TBD | 9:00 AM | | Cross Country Course | | NL |
| Oct 17, 2024 | Thu | Regular Season (SCAC League Meet) | Fulton, Central Square, Nottingham, Henninger, Corcoran (Syracuse West), Baldwinsville, Auburn, Jamesville-Dewitt, West Genesee, Fayetteville-Manlius, East Syracuse Minoa, Liverpool @ Oswego | 4:30 PM | 6:30 PM | Oswego Middle School Cross Country Trail | | L |

Date: 2024-08-19