



Cicero-North Syracuse Boys Varsity Winter Track 2023 - 2024

Athletics Director: Tim Bednarski
Assistant: Cyndi Wodzinski

6002 Rt 31
Cicero, NY, 13039
(315) 218-4115
<http://www.cnsathletics.com>

Coaches:

- Todd Hilt, Head Coach
- Steve Ellis, Asst Coach
- Greg Broton, Asst Coach
- Pat Kennedy, Asst Coach
- Jack Harbold, Asst Coach
- MacKenzie Ross, Asst Coach

Players (77)

| NAME | GRADE |
|-------------------|-----------|
| Rhett Andrews | 10 |
| Troy Andrews | 12 |
| Seventh Ballard | 12 |
| Connor Bednarski | 12 |
| Davine Bennett | Graduated |
| Tyree Berry | 12 |
| Edward Bethea | 12 |
| Sean Bombard | Graduated |
| Kavon Brunson | Graduated |
| Austin Bryan | Graduated |
| Edward Cahill | 11 |
| Nicholas Capece | Graduated |
| Jefferson Cazimir | 12 |
| Aidan Chabot | Graduated |
| Evan Champ | 12 |
| Xavier Coakley | 12 |
| Kimball Coffey | 12 |
| Antonio Colon | 12 |
| Angel Cuencas Jr | 11 |
| Jordan Dambach | 10 |
| Zuriel Dickerson | 12 |
| Owen Ellis | 12 |
| Landen Empey | Graduated |
| Quinn Empey | 11 |
| Nicholas Fiori | 12 |
| Matthew Freeman | 11 |
| Maddox Frisch | Graduated |
| Ryan Frisch | 10 |
| Carmine Gasparini | 10 |
| Gavin Goettel | 12 |
| Michael Golden | 12 |
| Tyler Graham | 11 |
| Ryan Graves | 12 |
| Brayden Greene | 10 |
| Connor Gridley | 11 |
| George Harrington | 12 |

| NAME | GRADE |
|------------------------|-----------|
| Daniel Henry | 12 |
| Derick Hicks Jr | 12 |
| Colt Hiltz | 12 |
| Camron Ingram | 11 |
| Matthew Jordan | Graduated |
| Christian Kahrs | 12 |
| Nyere Kellam-Battle | 10 |
| Grady Kennedy | 12 |
| Jacob Klasen | 12 |
| Max Klasen | 10 |
| Jase Kosinski | 10 |
| Bryan Krishock | Graduated |
| Jacob LaPoint | Graduated |
| Jacob Ludden | 11 |
| Joseph Main | Graduated |
| Joseph Massett | 12 |
| Ethan R. Matthews | 12 |
| Antwan Maxwell Jr. | 10 |
| Kemar McGlown | 11 |
| Dante Melfi | 12 |
| Dominic Petrera | 12 |
| Nicola Petrera | 12 |
| Jonathan Polhamus | 10 |
| Xander Provost | 12 |
| Jackson Rhode | 10 |
| Benjamin Rose | 12 |
| Omar Salih | 12 |
| Suhail (Willie) Salih | 11 |
| Braden Santaguida | Graduated |
| Kardiear Shepherd | 12 |
| Jesse Soulier | 10 |
| Ryan Stuper | 11 |
| Noah Suarez | Graduated |
| Adrian Sweeney | 10 |
| Jaiden Tagliarino | 10 |
| Blake Terry | Graduated |
| Ryan Trainor | 12 |
| Ethan Turner | 12 |
| Omar Waller Jr. | 11 |
| Christopher Young | 11 |
| Nolan Zinsmeyer | 10 |