

## Coaches:

- David Cody, Head Coach
- Jennifer Butts, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 23, 2021	Mon	Practice (Varsity Cross Country)	N/A	5:00 PM	7:00 PM	Binghamton High School-Gym		
Aug 24, 2021	Tue	Practice (Varsity Cross Country)	N/A	5:00 PM	7:00 PM	Binghamton High School-Gym		
Aug 25, 2021	Wed	Practice (Varsity Cross Country)	N/A	5:00 PM	7:00 PM	Binghamton High School-Gym		
Aug 26, 2021	Thu	Practice (Varsity Cross Country)	N/A	5:00 PM	7:00 PM	Binghamton High School-Gym		
Aug 27, 2021	Fri	Practice (Varsity Cross Country)	N/A	5:00 PM	7:00 PM	Binghamton High School-Gym		
Aug 28, 2021	Sat	Practice (Varsity Cross Country)	N/A	9:00 AM	11:00 AM	Binghamton University - Nature Preserve		
Aug 30, 2021	Mon	Practice (Varsity Cross Country)	N/A	5:00 PM	7:00 PM	Binghamton High School-Gym		
Aug 31, 2021	Tue	Practice (Varsity Cross Country)	N/A	5:00 PM	7:00 PM	Binghamton High School-Gym		
Sep 1, 2021	Wed	Practice (Varsity Cross Country)	N/A	5:00 PM	7:00 PM	Binghamton High School-Gym		
Sep 2, 2021	Thu	Practice (Varsity Cross Country)	N/A	5:00 PM	7:00 PM	Binghamton High School-Gym		
Sep 3, 2021	Fri	Practice (Varsity Cross Country)	N/A	5:00 PM	7:00 PM	Binghamton High School-Gym		
Sep 4, 2021	Sat	Regular Season (Windsor Invitational)	TBD	9:00 AM		TBD	<b>Departure Point:</b> Binghamton High School	NL
Sep 6, 2021	Mon	Practice (Varsity Cross Country)	N/A	5:00 PM	7:00 PM	Binghamton University - Nature Preserve		
Sep 7, 2021	Tue	Practice (Varsity Cross Country)	N/A	3:00 PM	5:00 PM	Binghamton High School-Gym		
Sep 8, 2021	Wed	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Sep 9, 2021	Thu	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Sep 10, 2021	Fri	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Sep 11, 2021	Sat	Regular Season (Oneonta Invitational)	@ TBD	10:00 AM		Fortin Park, Oneonta	<b>Departure Point:</b> Binghamton High School	NL
Sep 13, 2021	Mon	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Sep 14, 2021	Tue	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Sep 15, 2021	Wed	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Sep 16, 2021	Thu	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Sep 17, 2021	Fri	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Sep 18, 2021	Sat	Regular Season (McDaniel/Baxter Invitational)	TBD	9:00 AM		Chenango Valley State Park, Golf Course	<b>Departure Point:</b> Binghamton High School	NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 20, 2021	Mon	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Sep 21, 2021	Tue	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Sep 22, 2021	Wed	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Sep 23, 2021	Thu	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Sep 24, 2021	Fri	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Sep 25, 2021	Sat	Regular Season (Owego Invitational)	TBD	9:00 AM		Owego Free Academy	<b>Departure Point:</b> Binghamton High School	NL
Sep 27, 2021	Mon	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Sep 28, 2021	Tue	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Sep 29, 2021	Wed	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Sep 30, 2021	Thu	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Oct 1, 2021	Fri	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Oct 2, 2021	Sat	Regular Season (McQuaid Invitational)	TBD	2:00 PM		Genesee Valley Park, Rochester	<b>Departure Point:</b> Binghamton High School	NL
Oct 4, 2021	Mon	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Oct 5, 2021	Tue	Regular Season (Metro Division Championship)	TBD	4:30 PM		Arnold Park, Vestal	<b>Departure Point:</b> Binghamton High School	NL
Oct 6, 2021	Wed	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Oct 7, 2021	Thu	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Oct 8, 2021	Fri	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Oct 12, 2021	Tue	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Oct 13, 2021	Wed	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Oct 14, 2021	Thu	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Oct 15, 2021	Fri	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Oct 16, 2021	Sat	Regular Season (Marathon Invitational)	TBD	9:00 AM		Appleby Elementary School, Marathon	<b>Departure Point:</b> Binghamton High School	NL
Oct 18, 2021	Mon	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Oct 19, 2021	Tue	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Oct 20, 2021	Wed	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Oct 21, 2021	Thu	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Oct 22, 2021	Fri	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 23, 2021	Sat	Regular Season (STAC Championships)	TBD	10:00 AM		Fortin Park, Oneonta	<b>Departure Point:</b> Binghamton High School	NL
Oct 25, 2021	Mon	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
CANCELLED Oct 26, 2021	Tue	Regular Season (Metro Division Crossover)	Susquehanna Valley, Seton Catholic Central, Johnson City @ Union-Endicott	4:30 PM		Ann G McGuinness Elementary Cross Country Course		L
Oct 27, 2021	Wed	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Oct 28, 2021	Thu	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Oct 29, 2021	Fri	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Nov 1, 2021	Mon	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Nov 2, 2021	Tue	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Nov 3, 2021	Wed	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Nov 4, 2021	Thu	Regular Season (Section IV Championships)	TBD	1:00 PM		Chenango Valley State Park, Golf Course	<b>Departure Point:</b> Binghamton High School	NL
Nov 5, 2021	Fri	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Nov 8, 2021	Mon	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Nov 9, 2021	Tue	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Nov 10, 2021	Wed	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Nov 11, 2021	Thu	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Nov 12, 2021	Fri	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Nov 13, 2021	Sat	Regular Season (NYSPHSAA Championships)	TBD	9:00 AM		Chenango Valley State Park, Golf Course	<b>Departure Point:</b> Binghamton High School	NL
Nov 15, 2021	Mon	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Nov 16, 2021	Tue	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Nov 17, 2021	Wed	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Nov 18, 2021	Thu	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Nov 19, 2021	Fri	Practice (Varsity Cross Country)	N/A	3:15 PM	5:30 PM	Binghamton High School-Gym		
Nov 20, 2021	Sat	Regular Season (Federation Championships)	TBD	1:00 PM		Bowdoin Park, Wappingers Falls	<b>Departure Point:</b> Binghamton High School	NL

Date: 2024-07-15