



East Syracuse Minoa

(G) V Cross Country

Coaches:

- Pamela J. Herrington, Head Coach
- John R. Herrington, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 8, 2018	Sat	Regular Season (Chittenango Invite)	@ TBD	9:00 AM		Chittenango HS	Departure Time: 7:00 AM	L
Sep 12, 2018	Wed	Regular Season	Auburn	4:30 PM		ESM Kirkville Rd. Field		L
Sep 15, 2018	Sat	Regular Season	Bishop Grimes	7:00 AM		Pine Grove Cross Country Track		NL
Sep 15, 2018	Sat	Regular Season	Nottingham (Nottingham)	8:00 AM		ESM High School - Stadium		NL
Sep 15, 2018	Sat	Regular Season (Invitational)	Jamesville-Dewitt	8:30 AM		Pine Grove Cross Country Track		L
Sep 15, 2018	Sat	Regular Season (Invitational)	Cortland	9:00 AM	3:00 PM	Pine Grove Cross Country Track		L
Sep 15, 2018	Sat	Regular Season (ESM Invitational)	Port Byron (Port Byron/Union Springs)	9:00 AM		Pine Grove Cross Country Track		NL
Sep 15, 2018	Sat	Regular Season (ESM Invite)	Tully	9:00 AM		Pine Grove Cross Country Track		NL
Sep 15, 2018	Sat	Regular Season	Corcoran (Syracuse West)	9:00 AM	11:00 AM	Pine Grove Cross Country Track		L
Sep 15, 2018	Sat	Regular Season (ESM Invitational)	Manlius Pebble Hill	9:00 AM		Pine Grove Cross Country Track		NL
Sep 15, 2018	Sat	Regular Season (ESM Invitational)	DeRuyter	9:00 AM		Pine Grove Cross Country Track		NL
Sep 15, 2018	Sat	Regular Season (Cross Country Invite)	TBD	9:00 AM		Pine Grove Cross Country Track		L
Sep 15, 2018	Sat	Regular Season (ESM Cross Country Invitational)	Watertown	10:00 AM	6:00 PM	Pine Grove Cross Country Track		L
Sep 15, 2018	Sat	Regular Season	Mexico	10:00 AM		Pine Grove Cross Country Track		NL
Sep 15, 2018	Sat	Regular Season	Altmar-Parish-Williamstown (APW Rebels)	10:30 AM		Pine Grove Cross Country Track		NL
Sep 15, 2018	Sat	Regular Season	Solvay	10:30 AM		ESM High School - Stadium		L
Sep 15, 2018	Sat	Regular Season (Invitational)	Chittenango	TBD	2:00 PM	ESM High School - Stadium		NL
Sep 19, 2018	Wed	Regular Season	Fulton @ Cortland	4:30 PM	6:30 PM	Cortland Jr-Sr High School CC Course	Departure Time: 2:45 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 22, 2018	Sat	Regular Season (67th Annual B'Ville Invite)	@ TBD	12:00 PM		Bville - Durgess Cross Country Trail	Departure Time: 10:30 AM	L
Sep 26, 2018	Wed	Regular Season (Senior Night)	Fowler (Syracuse West), Oswego	4:30 PM		ESM Kirkville Rd. Field		L
Oct 3, 2018	Wed	Regular Season	Jamesville-Dewitt @ Central Square	4:30 PM		CS: MHE XC Course	Departure Time: 3:10 PM	L
Oct 6, 2018	Sat	Regular Season (Tully Invite)	@ TBD	10:00 AM		Tully XC Course	Departure Time: 9:00 AM	L
Oct 12, 2018	Fri	Post-Season (Manhattan College Invite)	@ TBD	9:00 AM		Ocean Breeze- Staten Island		L
Oct 13, 2018	Sat	Regular Season (Manhattan College Invite)	@ TBD	9:00 AM	9:00 PM	ESM Kirkville Rd. Field		L
Oct 17, 2018	Wed	Regular Season (SCAC League Meet)	Fowler (Syracuse West), Henninger (Henninger), Nottingham (Nottingham), Liverpool, Cicero-North Syracuse, West Genesee, Fulton, Fayetteville-Manlius, Central Square, Oswego, Auburn, Jamesville-Dewitt, Cortland @ Baldwinsville	4:30 PM	7:30 PM	Bville - Durgess Cross Country Trail	Departure Time: 3:00 PM	L
Nov 3, 2018	Sat	Regular Season (Sectionals)	@ TBD	10:30 AM	9:00 PM	Chittenango HS	Departure Time: 8:30 AM	L
Nov 10, 2018	Sat	Regular Season (NYSPHSAA - States)	@ TBD	9:00 AM	9:00 PM	ESM Kirkville Rd. Field		L
Nov 17, 2018	Sat	Regular Season (Federations)	@ TBD	9:00 AM	9:00 PM	ESM Kirkville Rd. Field	Departure Time: 8:00 AM	L

Date: 2024-06-11