



# Fabi-Pompey

## (G) V Cross Country

### Coaches:

- Maria Reagan (Costello)

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 6, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Sep 7, 2024	Sat	Regular Season (2024 Mustang invitational at Mount Markham)	@ TBD	8:00 AM	12:00 PM	Mount Markham HS	Departure Point: F-P HS Departure Time: 6:00 AM	NL
Sep 9, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Sep 13, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Sep 16, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Sep 18, 2024	Wed	Scrimmage	LaFayette, Cincinnati, Manlius Pebble Hill, DeRuyter, Faith Heritage, Altmar-Parish-Williamstown (APW Rebels), Pulaski, Cato-Meridian (Blue Devils), Port Byron (Port Byron/Union Springs), Weedsport, Bishop Grimes, Bishop Ludden, Syracuse Academy of Science, Hannibal @ Tully	4:30 PM	6:30 PM	Tully XC Course	Departure Time: 3:20 PM	L
Sep 20, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Sep 21, 2024	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	10:00 AM	2:00 PM	Bville - Durgee Jr. High School	Departure Point: F-P HS Departure Time: 8:30 AM	NL
Sep 23, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Sep 25, 2024	Wed	Regular Season	Onondaga Central, TBD	4:30 PM	7:00 PM	Highland Forest	Departure Point: F-P HS Departure Time: 3:20 PM	L
Sep 27, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Sep 28, 2024	Sat	Regular Season (McQuaid Invitational)	@ TBD	TBD		McQuaid Jesuit HS	Departure Point: F-P HS	NL
Sep 30, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Oct 2, 2024	Wed	Regular Season	LaFayette, Faith Heritage	4:30 PM	7:00 PM	Highland Forest	Departure Point: F-P HS Departure Time: 3:20 PM	L
Oct 4, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 5, 2024	Sat	Regular Season (Tully Invitational)	TBD	4:30 PM	7:00 PM	Tully H S	Departure Point: F-P HS	NL
Oct 7, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Oct 11, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Oct 16, 2024	Wed	Regular Season	Manlius Pebble Hill @ Cincinnatus	4:30 PM		Cincinnatus XC course on Fireman's Field 2647 Route 26 Cincinnatus, NY 13040	Departure Time: 3:20 PM	L
Oct 18, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Oct 19, 2024	Sat	Regular Season (Marathon Invitational)	@ TBD	TBD		Marathon H S	Departure Point: F-P HS	NL
Oct 21, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Oct 23, 2024	Wed	Regular Season	DeRuyter @ Tully	4:30 PM	6:30 PM	Tully XC Course	Departure Time: 3:20 PM	L
Oct 25, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Oct 28, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Oct 30, 2024	Wed	Post-Season (League Championship)	@ TBD	TBD		TBD	Departure Point: F-P HS	L
Nov 1, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Nov 4, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Nov 8, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Highland Forest	Departure Time: 3:20 PM	
Nov 9, 2024	Sat	Post-Season (Section 3 Championship)	@ TBD	TBD		TBD	Departure Point: F-P HS	NL

Date: 2024-08-17