



# General Brown (G) V Volleyball

## Coaches:

- Carrie LaSage, Head Coach
- Melissa Ruscio, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 14, 2022	Mon	Practice (Girls Varsity Volleyball Practice)	N/A	7:00 PM	9:00 PM	GBHS Main Gym		
Nov 15, 2022	Tue	Practice (Girls Varsity Volleyball Practice)	N/A	5:00 PM	7:00 PM	GBHS Main Gym		
Nov 16, 2022	Wed	Practice (Girls Varsity Volleyball Practice)	N/A	3:00 PM	5:00 PM	GBHS Main Gym		
Nov 17, 2022	Thu	Practice (Girls Varsity Volleyball Practice)	N/A	2:00 PM	4:00 PM	GBHS Main Gym		
CANCELLED Nov 18, 2022	Fri	Practice (Girls Varsity Volleyball Practice)	N/A	5:00 PM	7:00 PM	GBHS Main Gym		
CANCELLED Nov 19, 2022	Sat	Practice (Girls Varsity Volleyball Practice)	N/A	9:30 AM	11:30 AM	GBHS Main Gym		
CANCELLED Nov 19, 2022	Sat	Practice (Girls Varsity Volleyball Practice)	N/A	1:00 PM	2:30 PM	GBHS Main Gym		
Nov 21, 2022	Mon	Practice (Girls Varsity Volleyball Practice)	N/A	3:00 PM	4:30 PM	GBHS Main Gym		
Nov 22, 2022	Tue	Practice (Girls Varsity Volleyball Practice)	N/A	5:00 PM	7:00 PM	GBHS Main Gym		
Nov 23, 2022	Wed	Practice (Girls Varsity Volleyball Practice)	N/A	1:30 PM	3:00 PM	GBHS Main Gym		
Nov 25, 2022	Fri	Practice (Girls Varsity Volleyball Practice)	N/A	3:00 PM	4:30 PM	GBHS Main Gym		
Nov 26, 2022	Sat	Practice (Girls Varsity Volleyball Practice)	N/A	7:30 AM	9:00 AM	GBHS Main Gym		
Nov 30, 2022	Wed	Practice (Girls Varsity Volleyball Practice)	N/A	6:30 PM	8:00 PM	GBHS Main Gym		
Dec 1, 2022	Thu	Practice (Girls Varsity Volleyball Practice)	N/A	3:00 PM	5:00 PM	GBHS Main Gym		
Dec 2, 2022	Fri	Practice (Girls Varsity Volleyball Practice)	N/A	3:00 PM	5:00 PM	GBHS Main Gym		
Dec 5, 2022	Mon	Practice (Girls Varsity Volleyball Practice)	N/A	3:00 PM	4:30 PM	GBHS Auxiliary Gym		
Dec 6, 2022	Tue	Regular Season	South Jefferson	7:15 PM		GBHS Main Gym		L
Dec 8, 2022	Thu	Practice (Girls Varsity Volleyball Practice)	N/A	3:00 PM	4:30 PM	GBHS Main Gym		
Dec 9, 2022	Fri	Regular Season	Lowville	7:15 PM		GBHS Main Gym		L
Dec 14, 2022	Wed	Practice (Girls Varsity Volleyball Practice)	N/A	7:00 PM	9:00 PM	GBHS Main Gym		
Dec 15, 2022	Thu	Practice (Girls Varsity Volleyball Practice)	N/A	5:00 PM	7:00 PM	GBHS Main Gym		
Dec 16, 2022	Fri	Practice (Girls Varsity Volleyball Practice)	N/A	3:00 PM	5:00 PM	GBHS Main Gym		
CANCELLED Dec 17, 2022	Sat	Practice (Girls Varsity Volleyball Practice)	N/A	12:30 PM	2:00 PM	GBHS Main Gym		
Dec 19, 2022	Mon	Practice (Girls Varsity Volleyball Practice)	N/A	6:30 PM	8:00 PM	GBHS Main Gym		
Dec 20, 2022	Tue	Practice (Girls Varsity Volleyball Practice)	N/A	4:30 PM	6:00 PM	GBHS Main Gym		
CANCELLED Dec 27, 2022	Tue	Practice (Girls Varsity Volleyball Practice)	N/A	8:30 AM	10:00 AM	GBHS Main Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Dec 28, 2022	Wed	Practice (Girls Varsity Volleyball Practice)	N/A	10:30 AM	12:00 PM	GBHS Main Gym	
Jan 2, 2023	Mon	Practice (Girls Varsity Volleyball Practice)	N/A	8:30 AM	10:00 AM	GBHS Main Gym	
Jan 3, 2023	Tue	Practice (Girls Varsity Volleyball Practice)	N/A	3:00 PM	4:30 PM	GBHS Main Gym	
Jan 4, 2023	Wed	Regular Season	South Lewis	7:15 PM		GBHS Main Gym	L
Jan 6, 2023	Fri	Regular Season	Pulaski	7:00 PM		GBHS Main Gym	NL
Jan 10, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	GBHS Main Gym	
Jan 12, 2023	Thu	Regular Season 0-3 L	Carthage	7:30 PM	7:15 PM	GBHS Main Gym	L
Jan 13, 2023	Fri	Practice	N/A	4:30 PM	6:00 PM	GBHS Auxiliary Gym	
Jan 17, 2023	Tue	Practice (Girls Varsity Volleyball Practice)	N/A	3:00 PM	4:30 PM	GBHS Main Gym	
Jan 18, 2023	Wed	Regular Season	Watertown	7:00 PM		GBHS Main Gym	L
Jan 19, 2023	Thu	Practice (Girls Varsity Volleyball Practice)	N/A	3:00 PM	4:30 PM	GBHS Main Gym	
Jan 20, 2023	Fri	Regular Season	Thousand Islands	7:15 PM		GBHS Main Gym	L
Jan 21, 2023	Sat	Practice	N/A	8:00 AM	9:15 AM	GBHS Main Gym	
Jan 23, 2023	Mon	Regular Season	Indian River	7:00 PM		GBHS Main Gym	L
Jan 24, 2023	Tue	Practice (Girls Varsity Volleyball Practice)	N/A	3:00 PM	4:30 PM	GBHS Main Gym	
Jan 25, 2023	Wed	Practice (Girls Varsity Volleyball Practice)	N/A	4:30 PM	6:00 PM	GBHS Auxiliary Gym	
CANCELLED Jan 25, 2023	Wed	Regular Season	Camden	6:00 PM		GBHS Main Gym	NL
Jan 26, 2023	Thu	Practice (Girls Varsity Volleyball Practice)	N/A	3:00 PM	4:30 PM	GBHS Main Gym	
Jan 30, 2023	Mon	Practice (Girls Varsity Volleyball Practice)	N/A	3:00 PM	4:30 PM	GBHS Auxiliary Gym	
Jan 31, 2023	Tue	Practice (Girls Varsity Volleyball Practice)	N/A	3:00 PM	4:30 PM	GBHS Main Gym	
Feb 1, 2023	Wed	Practice	N/A	4:30 PM	6:00 PM	GBHS Auxiliary Gym	
Feb 2, 2023	Thu	Practice (Girls Varsity Volleyball Practice)	N/A	3:00 PM	4:30 PM	GBHS Main Gym	
Feb 3, 2023	Fri	Practice (Girls Varsity Volleyball Practice)	N/A	4:30 PM	6:00 PM	GBHS Auxiliary Gym	
Feb 6, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	GBHS Main Gym	
Feb 7, 2023	Tue	Practice (Girls Varsity Volleyball Practice)	N/A	3:00 PM	4:30 PM	GBHS Main Gym	

Date: 2024-08-16