



Hamilton

(G) V Cross Country

Coaches:

- Astrid Helfant, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE	LEAGUE / NON-LEAGUE
Sep 18, 2024	Wed	Regular Season	Adirondack, Sherburne-Earlville, Herkimer, West Canada Valley	4:30 PM		Colgate Cross Coutry trails		L

Date: 2024-08-09