



# Hamilton

## (B) V Cross Country

### Coaches:

- Astrid Helfant, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 14, 2024	Sat	Regular Season (New Hartford Invitational)	Mount Markham, Dolgeville, Whitesboro, Clinton @ New Hartford	9:00 AM		Cross Country Course (Perry JH)		NL
Sep 18, 2024	Wed	Regular Season	Adirondack, Sherburne-Earlville, Herkimer, West Canada Valley	4:30 PM		Colgate Cross Country trails		L
Sep 25, 2024	Wed	Regular Season	Sherburne-Earlville, Poland, New York Mills @ Westmoreland	4:30 PM		Westmoreland H S		L
Oct 2, 2024	Wed	Regular Season (Senior Night)	Canastota, Little Falls, Waterville @ Sherburne-Earlville	4:30 PM		Sherburne-Earlville HS		L
Oct 9, 2024	Wed	Regular Season	Sherburne-Earlville, Cooperstown (Cooperstown/Milford), Mount Markham, Remsen (Remsen/Town of Webb) @ Clinton	4:30 PM		TBD		L
Oct 16, 2024	Wed	Regular Season	Dolgeville, Sherburne-Earlville, Owen D. Young (Richfield/ODY), Sauquoit Valley @ TBD	4:30 PM		TBD		L
Oct 26, 2024	Sat	Regular Season (Center State Conference Championships)	Clinton, Canastota, Owen D. Young (Richfield/ODY), Poland, Adirondack, Sherburne-Earlville, Herkimer, West Canada Valley, Cooperstown (Cooperstown/Milford), Mount Markham, Dolgeville, Little Falls, New York Mills, Remsen (Remsen/Town of Webb), Sauquoit Valley, Waterville @ Westmoreland	TBD	8:30 PM	Westmoreland H S		L

Date: 2024-08-09