

Coaches:

• Astrid Helfant, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START ENI	D LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 18, 2024	Wed	Regular Season	Adirondack, Sherburne- Earlville, Herkimer, West Canada Valley	4:30 PM	Colgate Cross Coutry trails		L

Date: 2024-08-09