



# Albany High School

## (G) V Cross Country

### Coaches:

- Amanda Davey

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2024	Tue	Regular Season	Bethlehem High School @ Colonie High School	4:15 PM	5:55 PM	Colonie Town Park	<b>Departure Time:</b> 2:45 PM	L
Sep 14, 2024	Sat	Meet (Queensbury Invitational)	Vs. Multiple	9:00 AM		TBD	<b>Departure Time:</b> 7:00 AM	NL
Sep 17, 2024	Tue	Regular Season	Niskayuna High School @ Ballston Spa High School	4:15 PM	5:55 PM	Saratoga State Park	<b>Departure Time:</b> 2:45 PM	L
Sep 21, 2024	Sat	Meet (Broadalbin-Perth Invitational)	Vs. Multiple	9:00 AM		TBD	<b>Departure Time:</b> 7:00 AM	NL
Oct 1, 2024	Tue	Regular Season	Schenectady High School @ Averill Park High School	4:15 PM	5:55 PM	Schodack Island State Park	<b>Departure Time:</b> 2:30 PM	L
Oct 5, 2024	Sat	Meet (Grout Invitational)	Vs. Multiple	9:00 AM		TBD	<b>Departure Time:</b> 7:00 AM	NL
Oct 8, 2024	Tue	Regular Season	Shenendehowa High School, Guilderland High School @ Saratoga Springs High School	4:15 PM	5:55 PM	Saratoga Spa State Park	<b>Departure Time:</b> 2:15 PM	L
Oct 26, 2024	Sat	Meet (SSC Championships)	Vs. Multiple	1:30 PM		Saratoga Spa State Park	<b>Departure Time:</b> 12:00 PM <b>Return Date:</b> <b>Return Time:</b> 3:15 PM	NL

Date: 2024-07-19