



Albany High School

(B) V Cross Country

Coaches:

- John Deer, Head Coach
- Dan Wehle

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 7, 2024	Sat	Meet (Blackbird Invitational)	Vs. Multiple	9:00 AM		Wallace Park-New Scotland	Departure Time: 7:30 AM	NL
Sep 10, 2024	Tue	Regular Season	Bethlehem High School @ Colonie High School	4:15 PM	5:55 PM	Colonie Town Park	Departure Time: 2:45 PM	L
Sep 14, 2024	Sat	Meet (Queensbury Invitational)	Vs. Multiple	9:00 AM		Queensbury Union Free School District Campus	Departure Time: 7:00 AM	NL
Sep 17, 2024	Tue	Regular Season	Niskayuna High School, Christian Brothers Academy, Albany @ Ballston Spa High School	4:15 PM	5:55 PM	Saratoga State Park	Departure Time: 2:15 PM	L
Sep 21, 2024	Sat	Meet (Broadalbin-Perth Invitational)	Vs. Multiple	9:00 AM		TBD	Departure Time: 7:00 AM	NL
Sep 24, 2024	Tue	Regular Season	Burnt Hills-Ballston Lake HS, Shaker High School, Columbia High School	4:15 PM	5:55 PM	Capital Hills Golf Course	Departure Time: 2:45 PM	L
Oct 1, 2024	Tue	Regular Season	Schenectady High School @ Averill Park High School	4:15 PM	5:55 PM	Schodack Island State Park	Departure Time: 2:30 PM	L
Oct 5, 2024	Sat	Meet (Grout Invitational)	Vs. Multiple	9:00 AM		Schenectady central park	Departure Time: 7:00 AM	NL
Oct 8, 2024	Tue	Regular Season	Shenendehowa High School, Guilderland High School @ Saratoga Springs High School	4:15 PM	5:55 PM	Saratoga Spa State Park	Departure Time: 2:15 PM	L
Oct 11, 2024	Fri	Meet (Kiwanis Glover Invitational)	Vs. Multiple	9:00 AM		Maple Hill XC Invitational	Departure Time: 7:30 AM	NL
Oct 26, 2024	Sat	Meet (SSC Championships)	Vs. Multiple	1:30 PM		Saratoga Spa State Park	Departure Time: 12:00 PM Return Date: Return Time: 4:15 PM	NL

Date: 2024-08-16