



# Albany High School

## (B) MOD9 Cross Country

### Coaches:

- Adela Holodak

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE	LEAGUE
Sep 25, 2024	Wed	Regular Season	Burnt Hills-Ballston Lake HS, Shaker High School, Columbia High School	4:30 PM	6:10 PM	Capital Hills Golf Course	<b>Departure Time:</b> 2:20 PM	L
Oct 5, 2024	Sat	Meet (Grout Invitational)	Vs. Multiple	9:00 AM		Schenectady central park	<b>Departure Time:</b> 7:00 AM	NL
Oct 11, 2024	Fri	Meet (Kiwanis Glover Invitational)	Vs. Multiple	9:00 AM		Maple Hill XC Invitational		NL

Date: 2024-07-19